3.2.8 Summer Activities Overview

The following NSAA Bylaws pertain to the Summer Activities period which is defined as: **Tuesday following Memorial Day to July 31st**

NSAA Catastrophic insurance does not cover coaches/students/schools during the summer activities period.

3.2.8.6 There are no restrictions on the amount of contact between students and high school coaches (provided no support is received from the school/school district).

**Attendance at summer activities shall be voluntary.** No coach or school representative may directly or by implication direct a student to attend summer activities as a condition for membership on a high school team or restrict the level of team participation within the high school program. Summer activity participation may not be used to off-set or penalize athletes during the high school season.

3.2.8 **Schools may not sponsor a team/individual,** provide uniforms (practice, game, warm-up or scrimmage vests), individual player equipment, or otherwise be responsible for a student in summer activities.

**Member schools may support and organize the following during the summer activities period:**

- 3.2.8.2 Member School-Sponsored Camps/Clinics (only 10 days over 21 consecutive days; Football camp/clinic the only contact permitted is with hand held dummies)
- 3.2.8.3 Conditioning Program (60-minutes, weightlifting, running, exercising)
- 3.2.8.4 Open Gym (open to all individuals and all activities)
- 3.2.8.5 Recreation Programs

**The following are allowed, but member schools may not support:**

- 3.2.8.8 Use of School Facilities — Under local school board rental policy, school facilities may be used for summer leagues, commercial camps/clinics, competitions by non-school groups.
- 3.2.8.9 Use of School Equipment — Member schools may permit the use of school equipment, other than individual player equipment or school uniforms (practice, game, warm-up or scrimmage vests), as long as the school is no way responsible or involved.
- 3.2.9 College/Pro/Commercial Team Sport Camps/Clinics — Schools may provide transportation with prior approval from the district’s Board of Education
- 3.2.10 Individual Commercial Camps/Clinics
- 3.2.8.7 Summer Leagues — Coaches are permitted to coach and if school facility proof of rental agreement is required

**Fundraising**

The student athlete and/or his/her parents shall pay the fees and expenses for attendance and participation at all summer activities. Team fundraisers may be used to finance summer activities. ANY athlete receiving money for summer activities must take part in the fundraising activity.

The school, booster clubs, individuals and/or other organizations shall not provide expenses or support for individuals participating in the camps, clinics, leagues, schools, and any other non-high school competition.

The AD/coach can hold money collected from fundraising in a school account until the money is needed to pay for the summer activity.

*Prior to contacting the NSAA, please review NSAA Bylaws 3.2.8 through 3.2.10 to find specific information regarding summer activities. We hope this helps you with upholding the NSAA Summer Activity Bylaws.*
Q & A for Summer Activities

Q: Can schools provide school vans for coaches to drive to a summer camp at University of Nebraska-Kearney?

A: Yes, NSAA Bylaw 3.2.9 (d) allows school transportation for individuals participating in College/Professional/Commercial team sports camps/clinics with prior approval from the district’s Board of Education.

Q: Can a student voluntarily attend the school-sponsored, 60-minute conditioning program, and then return to the school that evening to lift weights?

A: Yes, NSAA Approved Ruling 3.2.8.3 specifically states that students who work-out on their own at the school facility shall not be considered to be involved in an organized conditioning program.

Q: Could a coach conduct voluntary practices during the summer activity period?

A: Yes, NSAA Bylaw 3.2.8.6 allows a coach to have unlimited contact with students during the summer activities period, provided no support is received from the school/school district. The organized practice rule is not in effect during the summer activities period.

Q: Can schools allow students participating in summer activities to wear school-issued uniforms (practice, game, warm-up or scrimmage vests)?

A: No, NSAA Bylaw 3.2.8.9 does not allow for the use of individual player equipment which includes school uniforms.

Q: Can a high school coach conduct a commercial camp/clinic at their high school?

A: Yes, NSAA Bylaw 3.2.8.8 (b) allows high school coaches to rent school facilities for use by individuals. Camps conducted by high school coaches shall be publicized as open to all area individuals wishing to attend and not limited to students from the coach’s high school.

Q: As a reward, can a coach excuse a student from the first day of high school practice because of the student’s participation in summer activities?

A: No, NSAA Bylaw 3.2.8 states that attendance at summer activities shall be voluntary.