

InBody 120



Validated &
Recommended
by NWCA

The **InBody 120** is an excellent tool for assisting with weight certification programs. In just **17 seconds**, your athlete receives a detailed **Result Sheet** with key metrics like **Weight, Percent Body Fat, Muscle Mass, Body Water**, and **BMI**.

View accurate and precise measurements like **Percent Body Fat** to help your athletes compete in their ideal weight class. Track changes in muscle and fat over time with the **Body Composition History** chart and fine-tune your training programs to help your athletes maintain a healthy body composition during the season and offseason.

Official Partner with NWCA

Each school is responsible for approved tools with their respective advisory board.



INSTANT RESULTS

Instant Data Transfer

Your InBody Test results are automatically uploaded to the LookinBody 120 data management program on your computer or laptop via Bluetooth for a reliable connection in areas with limited Wi-Fi. Then, your results are uploaded to the Optimal Performance Calculator when ready to ensure your athletes are safely competing at their optimal weight.

Key Features



Skeletal Muscle Mass

View Skeletal Muscle Mass values to monitor muscle gain and its impact on weight management



Body Fat

View Body Fat Mass and Percent Body Fat values to closely monitor progress



History

Access your body composition trends over time with the InBody App



Portable Testing

Use the detachable stand and the InBody Thermal Printer for convenient testing on-the-go

NWCA Exclusive Pricing

\$1,500

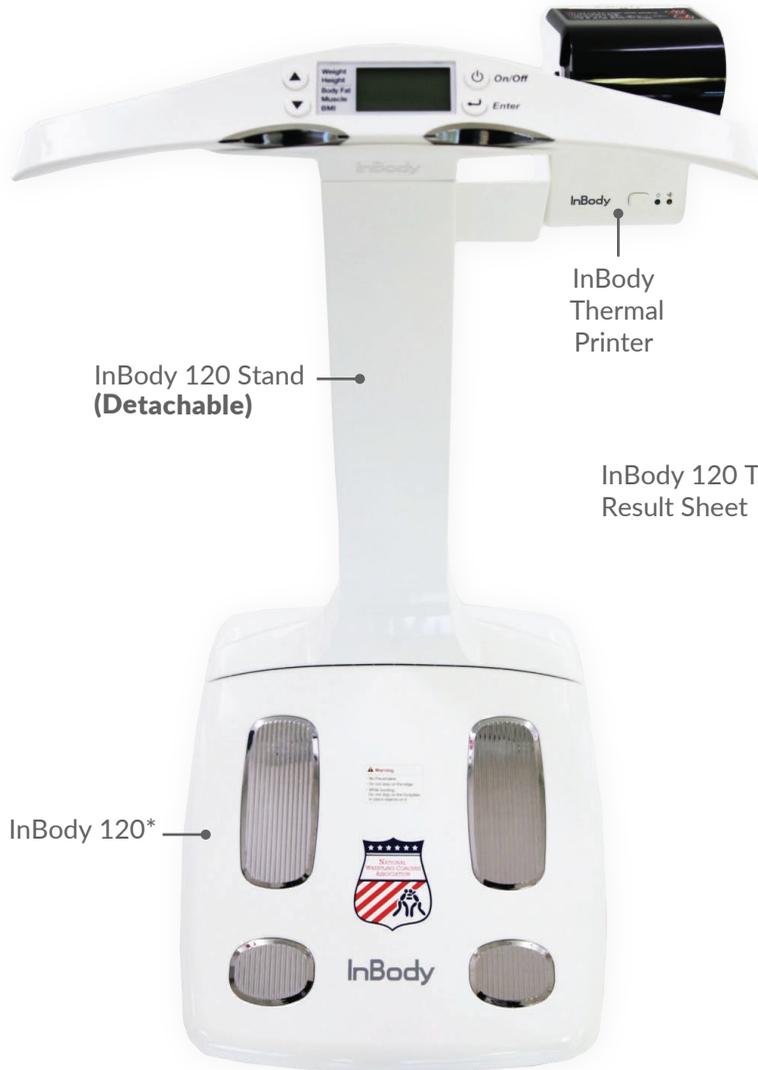
Retail Price: \$2,500

Package Details:

- InBody 120
- InBody Thermal Printer
- InBody 120 Stand
- 2 Year Warranty

Additional Options:

- Software (\$499)
- Weight Scale (\$349)



InBody120 06/20/22 15:40	
Height	5'11.0"
Total Body Water	115.3 lb
Lean Body Mass	158.1 lb
Weight	193.6 lb
Muscle Mass	91.3 lb
Mass of muscle attached to your bones. (Skeletal Muscle Mass)	
Body Fat Mass	35.5 lb
Mass of fat in your body.	
Percent Body Fat	18.3 %
Reference Range: Male adult 10~20% Female adult 18~28%	
BMI	27.0 kg/m ²
Reference Range: Adult 18.5~25.0 kg/m ²	
Basal Metabolic Rate	1919 kcal
Minimum number of calories needed to sustain life at a resting state.	
Body Fat / LBM Control	
Body Fat Mass	- 7.5 lb
Lean Body Mass	+ 0.0 lb
Impedance	
Z(Ω)	RA LA TR RL LL
20 kHz	293.9 299.3 22.0 247.3 252.5
100 kHz	257.5 263.6 18.5 208.9 213.2

Product Specifications

FREQUENCIES
20, 100 kHz

MEASUREMENTS
10 impedance measurements, 2 frequencies at each of 5 segments (Right Arm, Left Arm, Trunk, Right Leg, Left Leg)

TEST DURATION
17 seconds

WEIGHT RANGE
11~551lb (5~250kg)

AGE RANGE
3~99 years

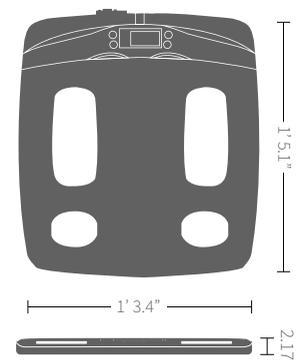
HEIGHT RANGE
1 ft 7.7 in ~9 ft 10.1 in. (50~300 cm)

DIMENSIONS
1' 3.4" × 1' 5.1" × 2.17" (W x L x H)

EQUIPMENT WEIGHT
9.5 lb (4.3 kg)

WARRANTY
2 Year Manufacturer's Warranty

OUTPUTS (LOOKIN'BODY)
Weight, Body Fat Mass, Total Body Water, Skeletal Muscle Mass, Body Mass Index, Percent Body Fat, Impedance at each segment/frequency, InBody Score



*The InBody 120 must be used on hard floor surfaces



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