

2019 NSAA STATE WRESTLING CHAMPIONSHIP
CHI Health Center-Omaha--February 14-16, 2019

Information for Coaches

Congratulations on qualifying for the 2019 NSAA Wrestling Championship!
Best of luck and enjoy the Championship!

COACHES AND WRESTLERS: *****PLEASE SHOW RESPECT AND COOPERATE AT ALL TIMES WITH THE CHI HEALTH CENTER EVENT STAFF, SECURITY AND THE NSAA CHAMPIONSHIP STAFF. THESE INDIVIDUALS ARE RESPONSIBLE FOR THE SMOOTH OPERATION OF THE STATE CHAMPIONSHIP AND ALSO FOR YOUR SAFETY.***

State Tournament Pairings

Pairings will be available following the completion of district competition on the internet Saturday evening, February 9, 2019, if all districts are completed as scheduled. Pairings will be posted on the NSAA Homepage (<http://www.nsaahome.org>), on the Wrestling page under "State Tournament Pairings." ***If a district tournament is postponed because of weather, the pairings will not be released for all classes until all districts have been completed.***

Team Check-In

WEDNESDAY-EARLY TEAM CHECK-IN—(FEB 13)-6:00-7:30 pm. Use **NORTHBOUND** 10th street and pull into the **curb cut out on the west side (FRONT)** of the CHI Health Center Convention building. Coaches may pick up their team packets and parking passes at the CHI Health Center Ticket Atrium. **You may enter the doors that are south of the skywalk.** **DO NOT** bring wrestlers inside. No scales will be available Wednesday night.

THURSDAY-TEAM CHECK-IN—(FEB 14)- (beginning at 6:30 AM)—

PARKING PASSES--Pick up at the SOUTH Entrance to Lot A from the parking attendant at the Kiosk when you arrive. From Lot A, enter the "Club Entry" door on the EAST side of CHI Health Center. All bags/items will need to be inspected when you check in. Please allow enough time for this. (The **clear bag** policy will be enforced only for spectators.) All contestants and team personnel should use this entrance during the Championship. The head coach will be allowed to come in to get the team packet and distribute his wrestler tickets. The CHI Health Center personnel will take the tickets and stamp the wrestlers. Coaches who are on the list submitted by the Athletic Director may get their wristbands put on based upon qualifiers. (Those staying at the Hilton or Marriott across the street may use the Ticket Atrium or skywalk and enter the arena south of the ticket windows **PROVIDED THEY HAVE ALREADY PICKED UP THEIR COACH'S PACKET AND HAVE THEIR WRISTBANDS.**

LANYARDS/WRISTBANDS

QUALIFIERS	WRISTBANDS	LANYARDS
1-5	2	2
6-9	3	3
10-14	4	4

MATSIDE LANYARD PROTOCOL

1. Each and every coach that is allowed matside will be required to have a visible lanyard credential (issued by the NSAA). Its sole purpose is controlling the area along the mats.
2. Coaches allowed to utilize the matside lanyard must be listed on the NSAA coaches name form that was submitted to the NSAA by their school administration **via the NSAA website.**
3. Lanyards **WILL NOT** admit anyone to the State Wrestling Championship. They are **GOOD ONLY** for access to the matside area **during the sessions your class is wrestling.** (Wristbands **WILL NOT** get anyone matside. They are **GOOD ONLY** for admission.) See NSAA Wrestling Manual, page 26.

4. **Please wear this lanyard around your neck. It must remain visible at all times when within the boundaries of the matside area (including the coach's corners).** If you do not have the lanyard visible, you will be asked to leave the matside area immediately.
5. A school that misuses this matside lanyard will have that lanyard confiscated for the remainder of the 2019 Championship and will need to request, in writing to the NSAA Executive Director, a reinstatement of the lanyard credential for the following year.

PARKING PERMITS

QUALIFIERS	PARKING PERMITS
1-6	1
7-12	2
13-14	3

The NSAA and CHI Health Center-Omaha do not guarantee parking spots. Parking is on a first come, first serve basis. No other parking permits will be issued beyond these numbers for each school and these parking permits are to be used only by teams who have qualified for the State Championship. School vans, cars and mini-buses will be allowed to park in Lot A with this permit. Vehicles that park in an undesignated place (curbside or in the grass) could be towed. Large school buses will not be allowed to park in Lot A and will have to find parking.

CONTESTANT TICKETS

1. **Each contestant will receive a set of six individual session tickets for the entire tournament. This ticket will be taken when they enter the CHI Health Center Arena by session and contestants will be hand stamped for re-admittance if needed during that session.**
2. **CLASS B & C--(Those classes weighing in on Thursday afternoon will need their Session 2 passes.) Session 2 of the Championship is your 1st session wrestling.** No one will be admitted into the CHI Health Center Arena without a ticket. If a ticket or booklet of tickets is forgotten, lost, or stolen, a ticket will have to be purchased at the regular admission windows. **No duplicates will be issued!**
3. Contestants remaining inside the CHI Health Center Arena between sessions, will be asked to move to designated sections, and their tickets for the next session will be collected.
4. Coaches and wrestlers will be allowed access at a set time between rounds.
5. If a coach remains inside the CHI Health Center Arena between sessions, he/she will be asked to move to designated sections, and wait for the gates to open for the next session.
6. **Coach/Competitor Seating (when not in competition):** The following areas are reserved for coaches with wristbands and State qualified wrestlers with their hand stamp.

SECTIONS--101 & 102--109 & 110--116 & 118--126 & 127

RECOMMENDED COACHING ATTIRE

In an effort to continuously improve the quality and image of the State Wrestling Championships, we are asking the participating schools to be aware of the attire for the coaching staff. Because we now webcast every match of the Championship for the world to see, we are asking the coaches to be conscious of the image that they are presenting as they represent their respective school. Obviously, if the coaches choose to wear a collared shirt with a school logo or even a button-up shirt with or without a tie, that would be up to standard. We are recommending the following **minimum standards:**

1. All coaches wear shirt or jacket that signifies your school in some form.
2. No jeans.
3. No ball caps (we currently do not allow ball caps for the wrestlers on the awards stand).

The Wrestling Championships are one of the most highly attended events for the NSAA each year and as we strive for improving the image of wrestling and the championships, we are asking for your help in this venture. We sincerely appreciate your help in making the Wrestling Championships a great experience for all. Thank you.

CALL TO MAT SYSTEM

Announcers at the State Championships in Omaha will not be calling each wrestler to the mats. We will utilize the call-to-mat system within Trackwrestling. The large center-hung video board at CHI Health Center will have the matches displayed. The announcers will call the audience's attention to mats referencing good upcoming match-ups or matches in progress. They will also provide information about the wrestlers competing (rank, previous state placer, etc.).

Check Weight Scales: Two digital scales will be available throughout the entire State Wrestling Championship for your wrestlers to check their weight. These scales will be located inside the warm-up area. Signs will be posted for location. *(See the area on the attached map)* **Please tell your wrestlers not to move this scale! This scale is a courtesy scale and unofficial. Only the scales within the weigh-in area (not staging area) are official.**

Weigh-In Procedures:

Location for Official Weigh-ins:

1. Weigh-ins for all Classes A-B-C-D will be in the weigh-in area on the lower level, north end of the arena at the CHI Health Center Omaha. Each contestant must weigh in on the digital scale designated for their particular classification. The designated area will be marked as the official weigh-in area. All wrestlers who are to weigh-in, need to be in the weigh-in area at the start of weigh-ins. Once the official weigh-ins begin, the weigh-in area will be off limits to coaches, team personnel and wrestlers who are not officially weighing in. No cameras or cell phones allowed in this area. The NFHS weigh-in rules for tournaments will be enforced.
2. If a wrestler steps on their respective scale during the weigh-in period and does not make the required weight, they will have the opportunity to challenge any scale in the official weigh-in room. They must, however remain in the designated area until the conclusion of all remaining weight classes. They will then be able to step on each of the scales designated for the official weigh-in and if they make the required weight on any of the remaining scales, it will be recorded that they have made the weight.

Wrestlers' Health: A physician will be present at the weigh-ins. The presence of a communicable disease or any other condition, which, in the opinion of the examining physician, makes the participation of an individual inadvisable, will be considered full and sufficient reason for a medical default. The physician's decision will be final and without appeal. There are some things that he may not be able to detect, but we should keep in mind that it is the coach's responsibility to have all of his wrestlers in compliance with all of the health and safety rules for wrestlers. The decision of the on-site physician(s) is final and no other determinations will be considered.

Skin Issues: If a wrestler has a current "NSAA Physician Release for Wrestler to Participate with Skin Lesion Form," they need to have it with them when they weigh-in so it can be checked by an on-site NSAA State Championship Physician. All skin issues will be treated as a medical default for all matches that day. The wrestler will be allowed to weigh-in.

Special Equipment and Taping:

1. Any wrestler planning to wear any type of special equipment (face mask, brace, padding, hair covering, etc.) must have it inspected at the time of weigh-ins. Any special taping must be approved by an official before a wrestler competes in a match. (See NFHS Rules: 4-3-1, 2, 3, 4). **REMINDER**--There cannot be tape on the headgear.
2. Verification of its approval will be entered on the official weigh-in sheets, and it will be approved for the duration of the state championship, if no alteration is made.
3. Anything not approved in advance may be ruled illegal at match time. Time required to correct illegal equipment or taping is counted as injury time. (See NFHS Rule: 8-2-1)

Uniform:

1. (NFHS Rule 4-1-1, 4-1-3, 7-3-7, and 7-5-3). Please make sure your wrestlers are wearing a suitable undergarment for weigh-ins and competition.
2. A wrestler **MUST** have their shoelaces secured properly. If the shoes have laces, the laces shall either be taped to the shoe or secured by a locking device on the wrestling shoe in an acceptable fashion. It is the coach's responsibility to have his wrestlers in legal uniform. If a wrestler appears on the mat without the proper uniform, they will have to use injury time to correct the situation and the wrestler will be assessed a technical violation.

Forfeits: If a wrestler forfeits a match, he cannot place in the championship, unless the forfeit was due to an injury which occurred in an earlier round of the state championship. Also, extenuating circumstances concerning forfeits will be considered by the championship directors, doctor, and coach. Any forfeit due to injury or extenuating circumstances must be approved in advance in order for the wrestler to place in the state championship. (NFHS Rules 10-2-2, 4, 5, 6, 7, and 8).

Mat Alignment: On Thursday and Friday during Sessions 1-4, Classes A-B will wrestle on mats #1-5, and Classes C-D will wrestle on mats #6-10. Friday night – Session 5 and all day Saturday, Class A will be on mats #1-2, Class B will be on mats #3-4, Class C will be on mats #5-6, and Class D will be on mats #7-8. *(Please see your enclosed mat diagram).

Mat Area and Coaching:

1. Only coaches of wrestlers who are wrestling a match and the contestants and their coaches who are to wrestle the next match are to be on the floor area near the mats.
2. Remember, a maximum of two team personnel are allowed in the mat area during a match. Both must be seated in the designated coaches' chairs. (NFHS Rule 2-2-2)
3. No coaching out on the mats away from coaches' designated areas on the corners of the mats. (NFHS Rule 7-5-2)
4. DO NOT WALK ACROSS THE MIDDLE OF THE MATS!

Video Taping/Cameras: No videotaping matches while on the main wrestling floor area. All videotaping must be done from the spectator seating area. These cameras must be hand held with no tripods and cannot be plugged into an electrical outlet by an extension cord. This includes coaches at the mat and coaches in the floor level seating area. All video must be taken from the seating areas. Cameras can be used by coaches at mat side.

Sportsmanship: Any team deductions will be announced to the fans after they have been confirmed and the points have been deducted in Trackwrestling.

Locker Rooms: Four locker rooms will be available on the lower level for wrestlers to use during the State Championship. Please do not put any locks on any of the lockers in these locker rooms! *Any damage to a CHI Health Center locker room will be assessed to schools. (See the areas on the attached map).*

Warm-Up Area: The wrestling warm-up areas will be located on the lower level on the north end of the arena. No team warm-up will be allowed on the mats prior to a session. **No food or drink on the wrestling mats.** Also, wrestlers are not to dress in this area – go to the locker rooms! The north warm-up area and staging area will be shared during the time of weigh-ins for Classes B and C on Thursday and Friday. *(See the area on the attached map).*

Training Room: A main training room will be set-up in the southwest corner of the lower level of the CHI Health Center Omaha. The main training room will be reserved for those individuals needing Doctors' and Certified Athletic Trainers' attention. COACHES MUST FURNISH THEIR OWN TAPE AND WRAPS which the Certified Athletic Trainers will be happy to apply at the training room.

Coaches' Hospitality & Friday Luncheon: The Nebraska Coaches Association wrestling coaches hospitality area will be located on the concourse level on the west side behind Sections 120-122 of the CHI Health Center Omaha. The NCA hospitality area will open at 7:00 A.M. each day. Food and drink will be provided by the Nebraska Coaches Association for a limited time prior to and after weigh-ins.

<p style="text-align: center;">FRIDAY COACHES LUNCH Friday, February 15th from 11:30 A.M. – 1:30 P.M. Your coach wristband will admit you for this luncheon. Sponsored By--Nebraska Coaches Association</p>

Awards Presentation: Please remind your wrestlers that ALL medal winners in the State Wrestling Championship must appear on the awards stand dressed in their school-issued uniform or warm-up. Street clothes, caps or hats will not be permitted while on the awards stand. Individuals will NOT be allowed access to the main floor to take pictures of the awards ceremony on Saturday during the State Finals. Only individuals with media credentials will be allowed access to the main floor.

NSAA Reimbursement Form: All school reimbursements will be completed online on the NSAA website.

CHAMPIONSHIP RESULTS & VIEWING

All of the State Championship results will be posted on the NSAA Homepage on the Wrestling section as soon as they become available during the Championship and also on the Trackwrestling.com website under 2019 NSAA Championships.

LIVE VIEWING--All matches will be streamed LIVE on the Trackwrestling.com website and also on the <http://www.nfhsnetwork.com/associations/nsaa> link at nsaahome.org. Viewing requires a one-time fee for either website.

ARCHIVE VIEWING & DOWNLOADING--To view a finished match, go to the 2019 NSAA Championships on Trackwrestling and select any match from the posted brackets and the green arrow will direct you to the subscription page. A one-time subscription will allow you to view any match that is archived in the Championship. With each subscription you will be allowed to download ten matches in HD. If you wish to download more than ten, a new subscription is required.

ALL FINAL MATCHES--All Final matches on Saturday, will be broadcast by Nebraska Educational Television (NET).

STUDENT MEDIA: School photographers and other School Media Personnel will not be permitted access to the main arena floor.

NSAA Championship Photos: Championship photos are available through Callam Sports Photography online at callamsportsphoto.com.

NSAA Championship DVDs: Championship DVDs of the finals matches are available through NET, www.netnebraska.org or toll-free 1-800-868-1868.

Clearing the facility: At the conclusion of the team awards at the end of the Championship Finals on Saturday – February 17th, the arena floor and the whole CHI Health Center facility will need to be cleared as soon as possible.

Championship Responsibilities: Have been assigned as follows. Questions should be taken to the person responsible for that area:

Ron Higdon - Championship Director/Ticket Sales (NSAA Cell #: 402-630-1501)

Todd Parr, Bill Phipps, Jim Ayers– State Championship Supervisors of Officials

Jon Dolliver, Nate Neuhaus, Dan Masters, Ashton Honnor - Awards

Jeff Stauss – Media & NSAA Championship Results

Scott Martens – Certified Athletic Trainers

Enclosures—

Contestant Passes

Coach Lanyards

Parade of Champions for DUALS—FRIDAY evening--Winners

Parade of Champions Information--SATURDAY

CHI Health Center map-inside location of warm-up, locker rooms, weight check, etc.

Tournament Schedule

Craig Seskar flyer

2019 NSAA STATE WRESTLING CHAMPIONSHIP SCHEDULE

CHI Health Center Arena-Omaha

DOORS OPEN

THURSDAY

FRIDAY

SATURDAY

Team Entrance, east side— 6:30 A.M.	Team Entrance, east side— 6:30 A.M.	Team Entrance, east side—6:00 A.M.
Ticket booths and Arena--8:30 A.M.	Ticket booths and Arena--8:30 A.M.	Ticket booths and Arena--7:30 A.M.
Ticket booths and Arena--3:00 P.M.	Ticket booths and Arena--4:00 P.M.	(Only one session on Saturday)

CLASSES A&D ALL COACHES MEETING—9:00 AM—THURSDAY--

(follows the Timer/Scorer meeting at 8:30 AM)

CLASSES B&C ALL COACHES MEETING—3:30 PM—THURSDAY

LOCATION—NSAA Hospitality Room (behind the announcer platform)

Thursday - February 14

Weigh-Ins	A and D	8:00 A.M.
	B and C	2:30 P.M.
	1st Session	
1st Round – 10 Mats	A and D	9:30 A.M.
Quarterfinals – 10 Mats	A and D	Follows 1 st Round
	2nd Session	
1st Round – 10 Mats	B and C	4:00 P.M.
Quarterfinals – 10 Mats	B and C	Follows 1 st Round

Friday - February 15

Weigh-Ins	A and D	8:00 A.M.
	B and C	11:00 A.M.
	3rd Session	
1st Round Cons – 10 Mats	A and D	9:30 A.M.
2nd Round Cons – 10 Mats	A and D	Follows 1 st Round Cons.
	4th Session	
1st Round Cons – 10 Mats	B and C	12:30 P.M.
2nd Round Cons – 10 Mats	B and C	Follows 1 st Round Cons.
	5th Session	
Semifinals and 3rd Round Consolations – 8 Mats	All Classes	5:00 P.M.

Saturday - February 16

Weigh-Ins	All Classes	7:00 A.M.
	6th Session	
Cons Semifinals – 8 Mats	All Classes	8:30 A.M.
3rd & 5th Place Matches - 8 Mats	All Classes	Follows Consolation Semi-Finals
Championship Finals – 4 Mats	All Classes	2:00 P.M.

Friday Semi-finals: Immediately following Friday evening semifinals, all of the winners will need to fill out a bio sheet they will be handed at the end of their match. That must be turned in at the announcers' table before they leave the arena. At the conclusion of your respective semi-final matches, we will provide someone to escort the winner to a designated area for finalists photos.

Saturday Schedule: The Saturday morning time schedule is approximate. There will be no break in wrestling once wrestling begins at 8:30 A.M. We will move right into the fifth place and consolation finals once the consolation semifinals are finished.