

1994 Girls Track Class B State Championships

Class B Team Scores

Tri County	47	Schuyler	18	Columbus Scotus	7
Beatrice	36	Ord	16	Minden	6
York	36	Mitchell	15	O'Neill	6
Central City	26	Wahoo	14	West Point	5
Plattsmouth	26	Gordon	12	Ogallala	4
Crete	25	Holdrege	9	Omaha Roncalli	4
Grand Island CC	24	Nebraska City	9	Chadron	2
Milford	21	Pierce	9	Raymond Central	2
Boys Town	20	Adams Central	9	Sidney	2
Grand Island NW	20	Gothenburg	8	Auburn	1
Imperial	18	McCook	8		

Class B Individual Medalists

100 Meter Dash

1	Melissa Nootz	Milford	12.11
2	Denise Grell	Beatrice	12.35
3	Angie McGinley	Gordon	12.36
4	Sara Smith	Crete	12.50
5	Emily Rehmeier	Nebraska City	12.67
6	Melissa Geschke	West Point	12.69

200 Meter Dash

1	Melissa Nootz	Milford	26.09
2	Sara Smith	Crete	26.27
3	Angie McGinley	Gordon	26.31
4	Denise Grell	Beatrice	26.49
5	Emily Rehmeier	Nebraska City	26.61
6	Ellen Leoys	Boys Town	27.17

400 Meter Dash

1	Tori Holtmeier	Tri County	57.15
2	Denise Grell	Beatrice	57.16
3	Triniti Halley	Mitchell	58.68
4	Ellen Leoys	Boys Town	58.86
5	Amy Nielsen	Plattsmouth	59.53
6	Jane Koehler	Pierce	59.71

800 Meter Run

1	Nora Shepherd	York	2:15.84
2	Carrie Sindelar	Grand Island CC	2:17.87
3	Liz Biehl	Adams Central	2:18.10
4	Phoebe Wilson	Wahoo	2:18.76
5	Amy Nielsen	Plattsmouth	2:20.32
6	Tysheema Brown	Boys Town	2:21.40

1600 Meter Run

1	Nora Shepherd	York	5:08.47
2	Carrie Sindelar	Grand Island CC	5:19.77
3	Amy Parsons	Plattsmouth	5:26.13
4	Nichole Reynolds	Ogallala	5:29.94
5	Liz Biehl	Adams Central	5:34.08
6	Kristen Blehm	Mitchell	5:35.85

3200 Meter Run

1	Nora Shepherd	York	10:50.41
2	Carrie Sindelar	Grand Island CC	11:31.07
3	Amy Parsons	Plattsmouth	11:48.42
4	Alaine Thomson	Grand Island NW	11:59.87
5	Johna Speck	Imperial	12:01.23
6	Stacey Hain	Imperial	12:01.62

100 Meter High Hurdles

1	Nicole Nielsen	Central City	15.11
2	Robyn Clevenger	Imperial	15.36
3	Larissa Brandt	Imperial	15.71
4	Trina Franzen	Gothenburg	15.73
5	Sally Dittmer	Crete	15.74
6	Noelle Nelson	Holdrege	15.83

300 Meter Low Hurdles

1	Nicole Nielsen	Central City	46.38
2	Mahyra Drummer	Boys Town	46.40
3	Jennifer Rowse	O'Neill	46.82
4	Audrey Pfeifer	Columbus Scotus	47.42
5	Andrea Tietmeyer	York	47.78
6	Daffanie Hendrickson	Auburn	47.81

Long Jump

1	Andrea Larsen	Wahoo	18-00
2	Jill Sickels	Holdrege	17-07.5
3	Angie Prebyl	Beatrice	17-02.5
4	Emily Rehmeier	Nebraska City	17-01
5	Trina Franzen	Gothenburg	16-11.75
6	Karen Fink	Crete	16-11.25

High Jump

1	Karen Fink	Crete	5-05
2	Tori Holtmeier	Tri County	5-05
3	Tracy Nielsen	Minden	5-04
4	Heidi Geier	Omaha Roncalli	5-04
5	Bethanie Clark	Chadron	5-04
6	Julie Trouba	Columbus Scotus	5-02

Shot Put

1	Monica Ross	Ord	44-05.25
2	Rikki Watson	Grand Island NW	43-02.75
3	Brandy Trofholz	Schuyler	41-07
4	Julia Soukup	Grand Island NW	41-03
5	Tonya Masek	Raymond Central	40-05.25
6	Liz Strand	Imperial	38-05.75

Discus

1	Brandy Trofholz	Schuyler	129-04
2	Jessica Hausman	Tri County	127-03
3	Monica Ross	Ord	126-06
4	Rikki Watson	Grand Island NW	125-09
5	Shauna Troester	Gothenburg	125-03
6	Tracy Mahloch	Tri County	123-10

400 Meter Relay

1	Tri County	50.16
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1600 Meter Relay

1	Tri County	4:00.07
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2	McCook	50.32			2	Pierce	4:04.22	
3	Central City	50.34			3	Boys Town	4:04.59	
4	West Point	50.35			4	Beatrice	4:05.15	
5	Columbus Scotus	51.26			5	Sidney	4:08.64	
6	Milford	51.32			6	Nebraska City	4:10.01	
	3200 Meter Relay							
1	Plattsmouth	9:46.35						
2	Mitchell	9:50.62						
3	Beatrice	9:51.56						
4	York	9:56.12						
5	Schuyler	9:56.63						
6	Adams Central	9:57.10						