

1990 Boys Track Class A State Championships

Class A Team Scores

Fremont	74	Millard South	23	Lincoln East	9
Kearney	45	Bellevue East	22	Papillion	6
Grand Island	39	Hastings	20	Norfolk	6
Omaha Central	38	Omaha North	18	Omaha Gross	4
Lincoln Southeast	32	Omaha Westside	18	Omaha South	2
Omaha Burke	30	Ralston	16	Omaha Benson	2
Creighton Prep	30	Lincoln High	14	Omaha Northwest	1
Omaha Bryan	27	Columbus	14	Gering	1
Bellevue West	25	Alliance	10	Millard North	1

Class A Individual Medalists

100 Meter Dash

1 Calvin Jones	Omaha Central	10.68
2 Allen Haynes	Omaha North	10.71
3 Sean O'Connor	Fremont	11.00
4 Andy Lapin	Lincoln East	11.01
5 Steve Reynolds	Grand Island	11.04
6 Mark Weichel	Ralston	11.10

200 Meter Dash

1 Calvin Jones	Omaha Central	21.92
2 Jeff Kuhn	Kearney	21.97
3 Sean O'Connor	Fremont	22.19
4 Mark Weichel	Ralston	22.21
5 Allen Haynes	Omaha North	22.25
6 Steve Reynolds	Grand Island	22.29

400 Meter Dash

1 Sean O'Connor	Fremont	48.08
2 Pat Trainor	Lincoln Southeast	48.90
3 John Onuoha	Lincoln Southeast	49.38
4 Matt Spethman	Lincoln East	49.69
5 Daryl Paulk	Omaha Central	49.70
6 Ryan Dixon	Omaha Burke	50.58

800 Meter Run

1 Pat Trainor	Lincoln Southeast	1:55.84
2 David Iteffa	Fremont	1:57.05
3 Dan Spellman	Kearney	1:57.93
4 Kevin Rice	Omaha Gross	1:58.16
5 Mike Gaither	Lincoln High	1:58.36
6 Shun-Lee Fong	Kearney	1:58.52

1600 Meter Run

1 David Iteffa	Fremont	4:21.57
2 Jay Svehla	Columbus	4:22.49
3 Jeff Novotny	Bellevue East	4:25.16
4 Travis Hubbard	Lincoln High	4:28.41
5 Matt Gerard	Omaha Westside	4:30.38
6 Jeff Hall	Omaha Westside	4:30.66

3200 Meter Run

1 David Iteffa	Fremont	9:35.73
2 Matt Gerard	Omaha Westside	9:39.75
3 Jay Svehla	Columbus	9:40.56
4 Chris Swanson	Lincoln High	9:56.98
5 Jeff Novotny	Bellevue East	10:01.49
6 Jeff Hall	Omaha Westside	10:10.26

110 Meter High Hurdles

1 Bob Miller	Creighton Prep	14.64
2 Clester Johnson	Bellevue West	14.69
3 Butch Peltz	Alliance	15.05
4 Cody Gamble	Ralston	15.18
5 Jeremy Buckner	Grand Island	15.24
6 John Elia	Millard South	15.43

300 Meter Intermediate Hurdles

1 Clester Johnson	Bellevue West	39.15
2 Jeremy Buckner	Grand Island	39.36
3 Bryant Caldwell	Omaha Burke	39.71
4 Bob Miller	Creighton Prep	40.36
5 Butch Peltz	Alliance	40.77
6 Phillip White	Omaha Burke	41.00

Long Jump

1 Dean Waites	Omaha Burke	22-09.75
2 TJ O'Neill	Hastings	22-07.5
3 Artis Garris	Bellevue East	22-00.75
4 Shannon Klein	Lincoln Southeast	21-08.25
5 Robert Berry	Omaha Burke	21-05
6 Shawn Rife	Lincoln East	21-02.25

High Jump

1 Aaron Bressman	Millard South	6-06
2 tie Cody Gamble	Ralston	6-04
Scott Klein	Bellevue West	6-04
4 Merritt Nelson	Fremont	6-04
5 Scott Sorahan	Grand Island	6-04
6 Dave Schleicher	Fremont	6-04

Shot Put

1 Matt Daake	Kearney	59-01
2 Keith Tooley	Omaha Central	56-04
3 Greg Amundson	Norfolk	55-04
4 Troy Chandler	Grand Island	55-03.5
5 Dave Walter	Fremont	53-10.75
6 Brandon Clark	Fremont	53-06.25

Discus

1 Mike Medjo	Grand Island	171-11
2 Keith Tooley	Omaha Central	166-06
3 Greg Armitage	Omaha Westside	165-05
4 Jim Sledge	Creighton Prep	165-02
5 David Walter	Fremont	160-10
6 Troy Chandler	Grand Island	160-06

Triple Jump

1 Mark Johnson	Hastings	47-03.25
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Pole Vault

1 Ben Culhane	Omaha Burke	14-04
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2	Artis Garris	Bellevue East	46-01.75		2	Ben Moss	Fremont	14-00
3	Marcus Smith	Papillion	45-05		3	Jeff Harper	Omaha Burke	13-06
4	Jeff Ward	Kearney	45-00.5		4	Sean Gitt	Fremont	13-06
5	Shawn Rickert	Hastings	44-09.75		5	Butch Peltz	Alliance	13-06
6	Brian Black	Omaha Bryan	44-09.5		6	Cory Brooks	Gering	13-06
400 Meter Relay					1600 Meter Relay			
1	Omaha Bryan	43.21			1	Omaha Bryan	3:23.39	
2	Omaha North	43.40			2	Grand Island	3:24.29	
3	Kearney	43.63			3	Millard South	3:24.82	
4	Creighton Prep	43.75			4	Lincoln Southeast	3:25.14	
5	Omaha Benson	43.86			5	Fremont	3:26.39	
6	Grand Island	43.87			6	Millard North	3:26.91	
3200 Meter Relay								
1	Kearney	8:04.70						
2	Creighton Prep	8:09.59						
3	Millard South	8:11.95						
4	Lincoln High	8:12.51						
5	Omaha South	8:13.38						
6	Omaha Northwest	8:13.50						