

NEBRASKA SCHOOL ACTIVITIES ASSOCIATION

Member of the National Federation of State High School Associations



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TO: All NSAA ADs
FROM: Ron Higdon
SUBJECT: Pre-Participation Physicals by Chiropractors
DATE: February 26, 2014

This information is provided to you in regard to questions recently received at the Nebraska School Activities Association (NSAA) Office concerning Pre-Participation Athletic Physicals performed by licensed Doctors of Chiropractic in complying with NSAA Bylaw 3.4.1 "Each student who expects to participate in athletic contests shall present to the superintendent or principal once each year, before actual participation in any interschool sport, a physician's certificate on a form recommended by the NSAA that he/she is physically fit for athletic participation.

At the December 2013 Nebraska School Activities Association Board of Directors Meeting, the NSAA Board voted to suspend the requirements in the Approved Ruling for NSAA Bylaw 3.4.1.1 limiting the licensure required by approved health care providers for pre-participation physical examinations by NSAA member schools pending review in 2014 of this Ruling by the NSAA Sports Medicine Advisory Committee and NSAA Board of Directors.

Until that review is completed and you are again notified, NSAA will accept physical exams filed by individuals who are noted in **Bylaw 3.4.1.1**-- "The individual giving a physical examination for the purpose of certifying a student is physically fit to participate in athletic activities should be licensed to diagnose, treat, or recommend treatment in the areas covered by the recommended physical examination form. The individual giving a medical opinion must do so within the scope of his/her training and within the limits defined by state statutes as to services which can be legally performed by the field of practice to which the individual belongs."

This includes Doctors of Chiropractic who meet the requirements of this Bylaw.

Feel free to contact me if you have any further questions or concerns.

Sincerely,

Ron Higdon
Assistant Director

NSAA Board of Directors May Meeting

Thursday, May 29, 2014

Lincoln, NE

Main Discussion Points and Action:

- **Pre-Participation Physicals-** The Board of Directors voted to remove the previously adopted rulings in regards to pre-participation examination physicals. Please review bylaws 3.4 and 3.4.1.1 for clarification.
- **Legislative Referendum Results-** The Board of Directors took action to ratify all legislative referendum votes on the proposals passed at the 2014 Representative Assembly. Initial Representative Assembly votes can be found on the website <http://nsaahome.org/textfile/leg/represults.pdf>
- **Individual Wrestling Championships-** CenturyLink Center of Omaha was voted the host venue for the Individual Wrestling Championships for years 2015-2019.
- **Class A Tennis Championships-** The Koch Tennis Center at Tranquility Park was selected as the host site for Boys & Girls Class A Tennis Championships for Fall 2014 through Spring 2019.
- **Dual Wrestling Championships –** The University of Kearney-Nebraska was voted as the host site for the 2015 NSAA Dual Wrestling Championships with options for renewal.
- **Heat-Acclimatization Recommendations for Football-** The Heat-Acclimatization Recommendations for Football from the NFHS and Sports Medicine Advisory Committee were approved by the Board of Directors. Recommendations can be viewed on the NSAA website. <http://nsaahome.org/textfile/fbl/14smacrec.pdf>
- **Journalism-** The Board of Directors approved Norfolk as the host site of the 2015-2016 NSAA State Journalism Championships.
- **NSAA Administrative Assistant-** The NSAA welcomes Ashton Honnor as the newest Administrative Assistant. Ashton will assist with NSAA Officials, Softball, Baseball and Marketing.
- **NSAA Speech and Play Production-** The NSAA in collaboration with outside resources (ACLU, Dr. Moshman-UNL Professor & Speech Committee) to review and edit content accountability form. We believe this document will assist NSAA membership in reviewing future material.