NFHS Softball Uniforms

SECTION 2 UNIFORMS, PLAYER EQUIPMENT

ART. 1 . . . Uniforms of all team members shall be of the same color and style. State associations may, on an individual basis, permit a player to participate while wearing a different style uniform for religious reasons.

ART. 2 . . . A number on the back of each player's jersey is required and shall be at least 6 inches high. The number must be of solid color contrasting with the color of shirt. The numbers may have a contrasting color border, which shall not exceed ¼ inch. No players on the same team shall wear identical numbers (0 and 00 are considered the same number).

ART. 3 . . . The school's official uniform (including uniform jersey, and/or pants/shorts/skirts, etc., visible undergarments, socks, stockings, caps and headwear) may bear only a single manufacturer's logo/trademark/reference (partial or whole) that does not exceed 2¼ square inches with no dimension exceeding 2¼ inches on each item.

ART. 4 . . . One American flag (2 inch x 3 inch maximum) may be worn or occupy space on the jersey. By state association adoption, for special occasions, a commemorative or memorial patch, not to exceed 4 square inches, may be worn on the jersey.

ART. 5 . . . Headwear (caps, visors, headbands, ribbons, etc.) may be mixed. If worn, they must be white, black, beige or school colors (the colors are not required to be the same for team members). The logo may be any color. Flat items, no longer than 2 inches, used to control the hair, such as bobby pins, barrettes and hair clips, are permitted. Plastic visors, bandannas and hair-beads are prohibited.

ART. 6 . . . Uniform sleeve lengths may vary among players. However, sleeves of each individual player shall be approximately the same length and shall not be ragged, frayed or slit.

ART. 7 . . . Exposed undergarments, if worn, are considered part of the official uniform. All exposed undergarments shall be black, white, gray or a solid school color.
  a. For individual players, exposed upper-body undergarments do not have to be the same color as exposed lower-body undergarments.
  b. Among players, all exposed upper-body undergarments shall be the same color, and all exposed lower-body undergarments shall be the same color.

ART. 8 . . . A uniform shall not have any dangerous or reflective buttons or ornaments.

ART. 9 . . . A pitcher shall not wear any item on the pitching hand, wrist, arm or thighs which may, in the umpire's judgment, be distracting to the batter.

ART. 10 . . . Players shall wear/utilize uniforms/equipment properly and as designed by the manufacturer.

PENALTY: (Arts. 1 through 10) Illegal equipment shall be removed. If the uniform violation can be corrected in a reasonable amount of time (as determined by the umpire), the violation shall be remedied before the player(s) may participate. If the violation cannot be corrected, the player(s) may participate and the umpire shall notify the head coach of the infraction upon discovery and refer the infraction to the state association.

ART. 11 . . . Shoes are required equipment. All players must wear shoes with plastic, nylon, canvas, leather or similar synthetic material uppers. The soles may be smooth, have soft or hard rubber cleats or rectangular metal cleats. Metal cleats shall not extend beyond ¾ of an inch from the sole and shall not
be round. Shoes with detachable rubber or metal cleats that screw into the sole of the shoes are permitted.

**NOTE:** Metal toe plates are permitted.

**ART. 12 . . .** Players in the game are prohibited from wearing jewelry such as rings, watches, earrings, bracelets, necklaces (including cloth or string types) or other hard cosmetic or decorative items. Religious and medical-alert medals are not considered jewelry. A religious medal must be taped and worn under the uniform. A medical-alert medal must be taped and may be visible. (3-6-1)

**ART. 13 . . .** Hard and unyielding items (guards, casts, braces, splints, etc.) must be padded with a closed-cell, slow-recovery foam padding no less than ½” thick. Knee and ankle braces which are unaltered from the manufacturer's original design/production do not require any additional padding/covering.

**NOTE:** Each state association may, in keeping with applicable laws, authorize exceptions to NFHS playing rules to provide reasonable accommodations to individual participants with disabilities and/or special needs, as well as those individuals with unique and extenuating circumstances. The accommodations should not fundamentally alter the sport, heighten risk to the athlete/others or place opponents at a disadvantage.

**ART. 14 . . .** Any equipment judged by the umpire to be potentially dangerous is illegal.

**PENALTY:** (Section 2) See 3-6-1 Penalty.