TO: Superintendents and NSAA Contact Person

FROM: Jennifer Schwartz, Associate Director

SUBJECT: Proposals

DATE: October 3, 2019

Included with this transmission are the proposals submitted by member schools within your respective NSAA legislative district to be acted upon at your first NSAA District Meeting.

At the NSAA District Meetings, each member school shall be entitled to one vote. Voting will be conducted utilizing a clicker system in which each school’s vote will be recorded on each item in which a vote is taken. The administrative head of the school or any school official so designated shall be considered the authorized voting representative of the member school. All legislative proposals receiving a majority vote at the first District Meeting in each district are to be forwarded to the NSAA to be distributed to all member schools prior to the second District Meeting in January. A copy of the proposals for the second NSAA District Meeting will again be forwarded to school administrators who are encouraged to share those proposals with the school’s entire governing board.

Proposed changes in NSAA Bylaws, must successfully pass through the legislative process. (i.e. November District Meeting, January District Meeting, Legislative Commission, Representative Assembly and if required a ratification of member schools) to be enacted.

Proposed changes in NSAA Approved Rulings, rest in the final approval of the Board of Directors.

Class Caucus proposals are included for your information and are not acted upon at district meetings.

A paper copy of the proposals will not be provided at the NSAA District Meeting. Please print a copy of the proposals for your reference at the meeting.

District 6 Meeting

Wednesday, November 6, 2019

Alliance Public Library

9:00 a.m. (MT)
Title: Basketball Qualifying

Author: Anita James

School: Alliance

NSAA District: 6

Proposal for: Activities Manual

Classes Affected: Class B

Activities Affected: Boys Basketball, Girls Basketball

This proposal: WILL NOT increase costs to the school
WILL NOT increase costs to the NSAA
WILL NOT increase travel for participating schools
WILL NOT decrease a student's or coach's instruction time

Implementation date: 2020-08-31

Sections affected in Activities Manual: Page 10

Summary: Class B schools seeded 17-32 will be assigned to sub-districts on a geographical basis starting with the schools in western Nebraska and working east. North to south direction was used in some cases in order to decrease the distance between the schools within a sub district. The highest seeded team will host the sub-district game. Byes (highest seeded teams) will be used to fill the 32-team bracket. The winning team in each sub-district game will qualify for the sub-district final. If there are 24 or less teams in Class B the sub-district first round would not be played. The 9-16 seeded teams will host the sub-district finals. The winners of the sub-district game (or seeds 17-24) will be assigned on a geographical basis starting with the schools in western Nebraska and working east. North to south direction was used in some cases in order to decrease the distance between the schools within a sub district final. The eight sub-district final winners will qualify for the district final to be hosted by seeds 1-8. The eight sub-district winners qualifying for the district final will be seeded 9-16 based on wild-card point averages through districts. The district final will be bracketed 1 v 16, 2 v 15, 3 v 14, 4 v 13, 5 v 12, 6 v 11, 7 v 10, 8 v 9. The 8 winners of the district final games will advance to the state championship tournament.

Rationale: Winners advance. Allows top seeded home court while early rounds take geography into account.

Pros: Gives top seeds home court advantage. Eliminates losing teams from advancing and hosting district finals. Eliminates top seeds facing each other in sub-districts.

Cons:
Title: Basketball District Final Times

Author: Anita James

School: Alliance

NSAA District: 6

Proposal for: Activities Manual

Classes Affected: Class B

Activities Affected: Boys Basketball, Girls Basketball

This proposal: WILL NOT increase costs to the school, WILL NOT increase costs to the NSAA, WILL NOT increase travel for participating schools, WILL NOT decrease a student's or coach's instruction time

Implementation date: 2020-08-31

Sections affected in Activities Manual:

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Summary: Dates of District Finals Games

- Class B Girls Saturday, February 22, 2020
- Classes C1, C2, D1, D2 Girls Friday, February 28, 2020
- Classes B Boys Saturday, February 29, 2020
- Classes C1, C2, D1, D2 Boys Saturday, February 29

***In Classes C1, C2, D1, D2 Boys ONLY, if the two teams can agree, they have the option of playing on either Monday, March 2, 2020 or Tuesday, March 3, 2020. The NSAA office must be notified of the decision by noon on Friday the day after the subdistrict finals. If neither team can agree or the office is not notified by noon on Friday, then the game will default to the date assigned above.

1. In Class B, the higher seeded team will host the district final game. Game time shall be 7:00 P.M. for night games, unless teams mutually agree to a different time. Other games may be played during the afternoon with the approval of the NSAA Executive Director and the mutual agreement of the competing schools. However, if both schools do not agree on the afternoon game, it shall be played at 7:00 P.M. If the visiting team is required to travel 120 miles or more to the game site, the traveling team shall have the choice of playing the game in the afternoon or evening. Game time of afternoon games will be 1:30 P.M., unless teams mutually agree to a different time. When two high schools located in the same city use the same facility for home basketball games, qualify for the basketball district final and are designated home teams on the same date, one school shall play in the afternoon and the other during the evening. The afternoon game shall not begin prior to 1:30 pm and the evening game shall not begin after 8:00 pm. These times may be adjusted for emergency situations.

2. In Classes C1, C2, D1 & D2: The district final games will be played at a centralized, neutral location as determined by the higher seed and agreed upon by both participating schools. If the two schools involved cannot agree on a location, The NSAA will select the site. As soon as these decisions are made, the NSAA office shall be notified.

Rationale: Establish game times for traveling schools modeled after football manual.

Pros: Avoid possibility of traveling teams paying for two motel nights. Helps AD's establish game times.

Cons:
**LEGISLATIVE PROPOSAL FOR CHANGE IN NSAA RULES AND REGULATIONS**

**Title:** Sub-District Girls and Boys Basketball

**Author:** Dave Hoxworth

**School:** Scottsbluff

**NSAA District:** 6

**Proposal for:** Activities Manual

**Classes Affected:** Class B

**Activities Affected:** Boys Basketball, Girls Basketball

**This proposal:**

- **WILL NOT** increase costs to the school
- **WILL NOT** increase costs to the NSAA
- **WILL NOT** increase travel for participating schools
- **WILL NOT** decrease a student's or coach's instruction time

**Implementation date:** 2021-02-16

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**New Proposal Summary**

1. Continue to seek ways to get the best 8 teams to the state tournament by eliminating Sub District Basketball.
2. Eliminate assigning teams to a district.
3. After the conclusion of the season, the highest seeded 16 teams will qualify for the District Final round.
4. 1-8 seeds will host the 9-16 seeds.
5. Winners of the 8 District Finals will advance to the state tournament.

**Rationale:**

1. Eliminate games that generally do not affect the 1-16 seeds that much.
2. Keep kids in school and off the roads traveling for 2 nights.
3. Eliminates games that typically have been played 3-4 times during the year.

**Pros:**

- Saves time, money, energy, resources.
- Rewards teams with their seed based on the quality of play throughout the season.
- Would ensure the strongest most consistent teams make the state tournament, after beating a quality (top 16) team.
- If a team is in a 3 to 4 team weak district, they still need to earn their way in the top 16. A weak district team will not have a spot.

**Cons:**

- NSAA will lose some money by not hosting Sub-Districts
- The team that earned the right to host the sub will lose some money for not hosting.
- A team that is on the 6/9 bubble at the conclusion of the regular season will not have the opportunity to possibly host.
### 9-man Football Committee

Title: **9-man Football Committee**

Author: Ward Wacker

School: Gordon-Rushville

NSAA District: 6

Proposal for: Unknown

<table>
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<tr>
<td>Class C</td>
<td>Football</td>
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This proposal: 
- **WILL NOT** increase costs to the school
- **WILL** increase costs to the NSAA
- **WILL NOT** increase travel for participating schools
- **WILL NOT** decrease a student’s or coach’s instruction time

Implementation date: 2019-09-27

Summary: The NSAA will form a committee to study the interest in and potential impact of forming a class of 9-man football.

Rationale: This is not a rule change. It is only to form a committee to examine the interest in 9-man football and assess its merits as an alternative to shifting from 11 to 8 man football and 8 back to 11. The committee would collect information during the 2020-2021, 2021-2022 classification cycle. The committee would report their findings prior to the classification cycle beginning in 2022-2023.

Pros: Forming a committee does not create a new classification it only explores whether or not adding a class of 9-man would be beneficial to our membership. 9 man football requires no change to field configuration as it is played on an 11-man field. Adjacent states (South Dakota and Wyoming) play 9-man football.

Cons: Adjacent states (Iowa and Kansas) play 8-man football.
LEGISLATIVE PROPOSAL FOR CHANGE IN NSAA RULES AND REGULATIONS

Title: State Track Qualifying for Class B

Author: Mike Brockhaus

School: Sidney

NSAA District: 6

Proposal for: Activities Manual

Classes Affected: Class B

Activities Affected: Boys Track, Girls Track

This proposal: WILL NOT increase costs to the school

WILL NOT increase costs to the NSAA

WILL NOT increase travel for participating schools

WILL NOT decrease a student's or coach's instruction time

Implementation date: 2021-02-01

Sections affected in Activities Manual: Page 16 of the Track and Field Manual

Summary: ****CURRENT**** Class B. There will be six Class B district meets.

a. The winners of the first three places in each individual running event will qualify for the state meet, plus the next 6 fastest times of the non-qualifiers, regardless of place. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot, none of those tied shall qualify.

b. In the field events, the first three places shall qualify for the state meet.

c. The winners of first and second places in the relay events qualify for the state meet, plus the four fastest times of the non-qualifiers regardless of place, with a maximum of 16 relay teams qualifying. If there is a tie for the last qualifying spot, none of those tied shall qualify.

d. Athletes placing first, second, or third must have cleared 9' 6" or higher to qualify in the boys' pole vault, and 6' 6" or higher in the girls' pole vault.

e. Regardless of place is to mean that in relay events, any team who finished 3rd – 6th in their respective district meet could qualify for the state track meet if their time is one of the four fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.

f. Regardless of place would mean in the individual running events with preliminaries and finals, the next 6 fastest times of the non-qualifiers may come from “finals” competition only. This means in the events with preliminaries and finals, 4th–8th place could qualify for the state track meet if their district finals time was one of the next 6 fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.

****Proposal #1**** Class B. There will be six Class B district meets.

a. The winners of first place in each individual running event will qualify for the state meet, plus the next 18 fastest times of the non-qualifiers, regardless of place. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot, none of those tied shall qualify.

b. In the field events, the first three places shall qualify for the state meet, plus the next 18 best marks of non-qualifiers, regardless of place. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot, all those tied shall qualify.

c. The winners of first place in the relay events qualify for the state meet, plus the 10 fastest times of the non-qualifiers regardless of place, with a maximum of 16 relay teams qualifying. If there is a tie for the last qualifying spot, none of those tied shall qualify.

d. Athletes placing first must have cleared 9' 6" or higher to qualify in the boys' pole vault, and 6' 6" or higher in the girls' pole vault.

e. Regardless of place is to mean that in relay events, any team who finished 2nd – 8th in their respective district meet could qualify for the state track meet if their time was one of the ten fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the 7 fastest of the non-qualifiers.

f. Regardless of place would mean in the individual running events with preliminaries and finals, the next 18 fastest times of the non-qualifiers may come from “finals” competition only. This means in the events with preliminaries and finals, 4th–8th place could qualify for the state track meet if their district finals time was one of the next 18 fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the 8 fastest of the non-qualifiers.

Rationale: *****Rationale*****We have made the change in other sports to so that the goal is to get the best participants to state. In years past, several athletes qualified that did not have better times or marks than the athletes who had not placed first-third in another district. This is to ensure fair qualifying for athletes regardless of district.

Pros: Helps ensure that the best athletes are competing at the State Track Meet, much like we have done in other sports to get the best teams to the state tournaments.

Cons: Possible costs to a school that may have more athletes qualify for the State Track Meet.
State Track Qualifying for Class B

Pros: Helps ensure that the best athletes qualify for the State Track Meet much like we have done with other sports.

Cons: Possible added cost to a school if more of their athletes qualify for the State Track Meet.

Summary: ****CURRENT****Class B. There will be six Class B district meets.

- **A.** The winners of the first two places in each individual running event will qualify for the state meet, plus the next 6 fastest times of the non-qualifiers, regardless of place. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot, none of those tied shall qualify.
- **B.** In the field events, the first three places shall qualify for the state meet.
- **C.** The winners of first and second places in the relay events qualify for the state meet, plus the four fastest times of the non-qualifiers regardless of place, with a maximum of 16 relay teams qualifying. If there is a tie for the last qualifying spot, none of those tied shall qualify.
- **D.** Athletes placing first, second, or third must have cleared 9’ 6” or higher to qualify in the boys’ pole vault, and 6’ 6” or higher in the girls’ pole vault.
- **E.** Regardless of place is to mean that in relay events, any team who finished 3rd – 6th in their respective district meet could qualify for the state track meet if their time is one of the four fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.
- **F.** Regardless of place would mean in the individual running events with preliminaries and finals, the next 6 fastest times of the non-qualifiers may come from “finals” competition only. This means in the events with preliminaries and finals, 4th - 8th place could qualify for the state track meet if their district finals time was one of the next 6 fastest times of the non-qualifiers from all districts submitted. In the individual running events that are run as “finals only”, 4th - 9th place could qualify for the state track meet if their district finals time was one of the next 6 fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.

***Proposal #2****Class B. There will be six Class B district meets.

- **A.** The winners of the first two places in each individual running event will qualify for the state meet, plus the next 12 fastest times of the non-qualifiers, regardless of place. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot, none of those tied shall qualify.
- **B.** In the field events, the first three places shall qualify for the state meet.
- **C.** The winners of first and second places in the relay events qualify for the state meet, plus the next 6 fastest times of the non-qualifiers regardless of place, with a maximum of 16 relay teams qualifying. If there is a tie for the last qualifying spot, none of those tied shall qualify.
- **D.** Athletes placing first, second, or third must have cleared 9’ 6” or higher to qualify in the boys’ pole vault, and 6’ 6” or higher in the girls’ pole vault.
- **E.** Regardless of place is to mean that in relay events, any team who finished 3rd – 6th in their respective district meet could qualify for the state track meet if their time is one of the four fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.
- **F.** Regardless of place would mean in the individual running events with preliminaries and finals, the next 6 fastest times of the non-qualifiers may come from “finals” competition only. This means in the events with preliminaries and finals, 4th - 8th place could qualify for the state track meet if their district finals time was one of the next 6 fastest times of the non-qualifiers from all districts submitted. In the individual running events that are run as “finals only”, 4th - 9th place could qualify for the state track meet if their district finals time was one of the next 6 fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.

Rationale: *****Rationale******We have made the change in other sports to so that the goal is to get the best participants to state. In years past, several athletes qualified that did not have better times or marks than the athletes who had not placed first-third in another district. This is to ensure fair qualifying for athletes regardless of district.

Pros: Helps ensure that the best athletes qualify for the State Track Meet much like we have done with other sports.

Cons: Possible added cost to a school if more of their athletes qualify for the State Track Meet.
## LEGISLATIVE PROPOSAL FOR CHANGE IN NSAA RULES AND REGULATIONS

**Title:** State Track Qualifying for Class B

**Author:** Mike Brockhaus

**School:** Sidney

**NSAA District:** 6

**Proposal for:** Activities Manual

### Classes Affected
- Class B

### Activities Affected
- Boys Track
- Girls Track

### Summary

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<td>16 of the Track and Field Manual</td>
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<tr>
<td>Decrease a student’s or coach’s instruction time</td>
<td>Increase travel for participating schools</td>
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**Rationale:**

- *We have made the change in other sports to so that the goal is to get the best participants to state. In years past, several athletes qualified that did not have better times or marks than the athletes who had not placed first-third in another district. This is to ensure fair qualifying for athletes regardless of district.*

**Pros:**

- This will help ensure the best athletes qualify for the State Track Meet which is what we have done with other sports in the past.

**Cons:**

- Possible added cost to a school if they have more athletes qualify for the State Track Meet.
LEGISLATIVE PROPOSAL FOR CHANGE IN NSAA RULES AND REGULATIONS

Title: Volleyball Qualifying

Author: Anita James

School: Alliance

NSAA District: 6

Proposal for: Activities Manual

Classes Affected: Class B

Activities Affected: Volleyball

This proposal: WILL NOT increase costs to the school
WILL NOT increase costs to the NSAA
WILL NOT increase travel for participating schools
WILL NOT decrease a student's or coach's instruction time

Implementation date: 2020-08-31

Sections affected in Activities Manual: Page 14

Summary: Class B schools seeded 17-32 will be assigned to sub-districts on a geographical basis starting with the schools in western Nebraska and working east. North to south direction was used in some cases in order to decrease the distance between the schools within a sub district. The highest seeded team will host the sub-district game. Byes (highest seeded teams) will be used to fill the 32-team bracket. The winning team in each sub-district game will qualify for the sub-district final. If there are 24 or less teams in Class B the sub-district first round would not be played. The 9-16 seeded teams will host the sub-district finals. The winners of the sub-district game (or seeds 17-24) will be assigned on a geographical basis starting with the schools in western Nebraska and working east. North to south direction was used in some cases in order to decrease the distance between the schools within a sub district final. The eight sub-district final winners will qualify for the district final to be hosted by seeds 1-8. The eight sub-district winners qualifying for the district final will be seeded 9-16 based on wild-card point averages through districts. The district final will be bracketed 1 v 16, 2 v 15, 3 v 14, 4 v 13, 5 v 12, 6 v 11, 7 v 10, 8 v 9. The 8 winners of the district final games will advance to the state championship tournament.

Rationale: Winners advance. Allows top seeded home court while early rounds take geography into account.

Pros: Give top seeds home court advantage. Eliminates losing teams advancing and hosting district finals.

Cons:
Title: Volleyball District Final Times

Author: Anita James

School: Alliance

NSAA District: 6

Proposal for: Activities Manual

Classes Affected: Class B

Activities Affected: Volleyball

This proposal: WILL NOT increase costs to the school
WILL NOT increase costs to the NSAA
WILL NOT increase travel for participating schools
WILL NOT decrease a student's or coach's instruction time

Implementation date: 2020-08-31

Sections affected in Activities Manual: Page 19

Summary: Class B District Final Pairings The eight sub-district winners qualify for the district final in addition to the next eight non-sub district winners with the highest wild card point averages. Those 16 teams will be placed on a 16-team bracket and seeded on wild card point averages through sub-districts. The higher seeded team will host the district final match. Game time shall be 7:00 P.M. for night games, unless teams mutually agree to a different time. Other games may be played during the afternoon with the approval of the NSAA Executive Director and the mutual agreement of the competing schools. However, if both schools do not agree on the afternoon game, it shall be played at 7:00 P.M. If the visiting team is required to travel 120 miles or more to the game site, the traveling team shall have the choice of playing the game in the afternoon or evening. Game time of afternoon games will be 1:30 P.M., unless teams mutually agree to a different time. When two high schools located in the same city use the same facility for home volleyball games, qualify for the volleyball district final and are designated home teams on the same date, one school shall play in the afternoon and the other during the evening. The afternoon game shall not begin prior to 1:30 pm and the evening game shall not begin after 8:00 pm. These times may be adjusted for emergency situations. The winner of the district final match will advance to the state championship.

District Final Pairings
# 1 seed vs. # 16 seed
# 2 seed vs. # 15 seed
# 3 seed vs. # 14 seed
# 4 seed vs. # 13 seed
# 5 seed vs. # 12 seed
# 6 seed vs. # 11 seed
# 7 seed vs. # 10 seed


Pros: Avoid possibility of traveling teams paying for two motel nights.

Cons:
LEGISLATIVE PROPOSAL FOR CHANGE IN NSAA RULES AND REGULATIONS

Title: Sub-District Girls Volleyball

Author: Dave Hoxworth
School: Scottsbluff
NSAA District: 6

Proposal for: Activities Manual

Classes Affected: Class B
Activities Affected: Volleyball

This proposal:
- WILL NOT increase costs to the school
- WILL NOT increase costs to the NSAA
- WILL NOT increase travel for participating schools
- WILL NOT decrease a student’s or coach’s instruction time

Implementation date: 2020-08-01

Sections affected in Activities Manual:
- Page 14
- Article #3

Summary: Current Legislative Proposal
3. Class B schools are divided into eight sub-districts. The schools were assigned to sub-districts on a geographical basis starting with the schools in western Nebraska and working east. North to south direction was used in some cases in order to decrease the distance between the schools within a district. The highest seeded team will host the district.
   a. The winning team in each sub-district will qualify for the district final.
   b. The next eight non-sub-district winners with the highest wildcard point averages will qualify for the district final.
   c. The 16 teams qualifying for the district final will be placed on a 16-team bracket based on wildcard point averages through districts. The higher seeded team will host the district final match.
   The winner of the district final match will advance to the state championship.

New Proposal
1. Continue to seek ways to get the best 8 teams to the state tournament by eliminating Sub District Volleyball.
2. Eliminate assigning teams to a district.
3. After the conclusion of the season, the highest seeded 16 teams will qualify for the District Final round.
4. 1-8 seeds will host the 9-16 seeds.
5. Winners of the 8 District Finals will advance to the state tournament.

Rationale:
1. Eliminate games that generally do not affect the 1-16 seeds that much.
2. Keep kids in school and off the roads traveling for 2 nights.
3. Eliminates games that typically have been played 3-4 times during the year.

Pros:
- Saves time, money, energy, resources.
- Rewards teams with their seed based on the quality of play throughout the season.

Cons:
- NSAA will lose some money by not hosting Sub-Districts.
- The team that earned the right to host the sub will lose some money for not hosting.
- A team that is on the 8/9 bubble at the conclusion of the regular season will not have the opportunity to possibly host.
Girls Wrestling Added as NSAA Sanctioned Activity

Title: Girls Wrestling Added as NSAA Sanctioned Activity
Author: Dave Kuhlen
School: Bridgeport
NSAA District: 6
Proposal for: Constitution & Bylaws
Classes Affected: All
Activities Affected: Wrestling
This proposal: WILL increase costs to the school
WILL increase costs to the NSAA
WILL increase travel for participating schools
WILL NOT decrease a student's or coach's instruction time
Implementation date: 2019-09-26
Sections affected in Constitution & Bylaws: 3.11.12 Article 1a
Summary: Yearbook: Article 3.11.12 Section: 1a Page 52

Girls wrestling shall be added as a winter sports season beginning with the 2020 - 2021 NSAA calendar year. The girls wrestling season shall begin with the first day of practice (same as the boys) as permitted by NSAA rules and shall conclude the same weekend as the current boys individual state championship.

*Will this proposal impact cost to the school? YES, See Points of Emphasis (POE) #5

*Will this proposal impact cost to the NSAA? YES (However, increase attendance will more than offset costs)

*Will this proposal increase travel for participating schools? YES (Depending on the girls qualifying procedure… POE # 4)

*Will this proposal impact a student or coaches loss of instruction time? NO

Points of Emphasis: 1. Implementation: This proposed plan is to have a two (2) year transition period that would permit girls the option of participating in both their school's boys and girls lineup during the regular season contests ONLY. *If a tournament only hosts a boys division, girls will have the option of competing in the boys division. *If that tournament offers both a boys and girls division, the girls are required to wrestle in the girls division. *From the start of implementation of Girls Wrestling, girls must participate in the girls only postseason. *After the two (2) year transition period, the NSAA Girls Wrestling Advisory Committee will determine if numbers have grown to support girls vs girls only season. Rational: We do not want to eliminate competitive opportunities for girls in geographic areas or school districts where cost or coaching prevent them from attending girls only events during the season. *The ultimate goal is to have girls wrestling only girls

2. Coaching and Practice: An NSAA member school who offers both boys wrestling and girls wrestling are permitted to use the same coaching staff to oversee both teams. Furthermore, both the boys and girls wrestling teams that consist of enrolled students from the same school or an approved cooperative may practice at the same time in the same practice facility under the guidance and leadership of the same coaching staff. *Girls are encouraged to practice drills and skills against other girls on the team, however this decision will be determined by each individual high school staff; i.e. coach, athletic director and/or principal, instead of by district. *Rational: Two schools only have 5 girls total come out for wrestling. Another school in the same district has 14. Intra district practices are not allowed or arranging cooperative practices is challenging. If a School District determines girls can only practice with other girls:

(a) The high school with 14 girls can make it work and is successful

(b) The two high schools with fewer girls struggle to provide a way for girls to drill and practice the sport. The girls find this is a barrier toward participation, quit the team, or have an unsuccessful experience in the sport.

3. Weight Classes: Weight classes will be determined after alpha hydration assessments are completed and entered into the online database.

*The number of girls weight classes shall be ten (10)

*The actual weight classes will be determined from the alpha assessment data in an effort to achieve as much equal distribution in weight classes as possible

*This process will be used in the first two (2) years of the sanctioned implementation process, with permanent weight classes to be established in the third year and beyond. (Unless the NFHS Establishes Weight Classes for Girls Wrestling)

4. State Tournament: A one class state tournament will be established by the NSAA. The location, date & time of the state tournament along with number of qualifiers and method of qualification to be determined by the NSAA after the alpha hydration assessments are completed.

5. Cost Analysis of Girls Wrestling: This information to be provided by Andy Lewis, West Point-Beemer from the 2018-2019 season: West Point current has 10 competitions that are designated for only our girls team. West Point also designated one of its current assistant wrestling coaches as the head girls coach. It should be noted that our expenses are based on 22 female wrestlers and may be higher due to this number.

2018-2019 West Point Public Schools cost of program: *Creating head girls coach: $1795, difference between assist and head coach positions

*Tournament entre costs:$480, only two competitions charged. Both were $10/wrestlers *Referee fees: $260, two referees for JV/Girls Tournament

*Metals for home tournament: $0, none current but will have them for the 2019-2020 year *Travel costs: $1150, Fuel and costs for coach (with CDL) driving bus to tournaments. *This is atypical since we are one of the only schools that transported via bus. *Equipment for female wrestlers:Total:

$1870, cost per athlete was between $80-90. This includes singlet, undershirt, hair covers, and head gear. Costs for WPBPS: Coaching costs: $1795
Rationale:
In Nebraska, the opportunities for girls during the winter sports season is limited to Basketball and Swimming and Diving. Swimming and Diving has 41 schools involved out of 282 schools that have basketball. In 2018-19, Nebraska had 229 schools with boys wrestling programs. The current number of girls wrestling in Nebraska is on the rise. Although some critics might suggest girls have the opportunity to wrestle in our current setting (in boys’ wrestling), this argument lacks merit. Nebraska is better than this. True opportunity exists when a student can compete against their peers. Nebraska high school girls do not have this access currently. Providing girls’ wrestling would give our female students true access to the sport of wrestling.

*Girls and boys in wrestling deserve to compete against their own gender.*
*Girls should not be expected to shoulder the work of growing opportunities.*
*High school girls in Nebraska will have increased scholarship opportunities for higher education (64 colleges and universities across the country currently offer women’s wrestling).*
*Youth, Collegiate, National, World and Olympic wrestling communities have embraced girls wrestling and we need the scholastic world to join them.*
*State Interscholastic Associations are mobilizing and more are joining. 18 states will hold a Girls State Championship during the 2019-20 scholastic season. It is a national effort and we want everyone to experience success in this process.*
*We now have solid participation data and information to support creating a girls division and state championship.*
*The local, state and national numbers are continuing to grow and the visibility of girls wrestling is all around us. The NFHS participation numbers for girls wrestling grew from 16,562 in 2018 to 21,124 in 2019. A 27.5% increase of 4,562 girls across the nation.*