Included with this transmission are the proposals submitted by member schools within your respective NSAA legislative district to be acted upon at your first NSAA District Meeting.

At the NSAA District Meetings, each member school shall be entitled to one vote. Voting will be conducted utilizing a clicker system in which each school’s vote will be recorded on each item in which a vote is taken. The administrative head of the school or any school official so designated shall be considered the authorized voting representative of the member school. All legislative proposals receiving a majority vote at the first District Meeting in each district are to be forwarded to the NSAA to be distributed to all member schools prior to the second District Meeting in January. A copy of the proposals for the second NSAA District Meeting will again be forwarded to school administrators who are encouraged to share those proposals with the school's entire governing board.

**Proposed changes in NSAA Bylaws**, must successfully pass through the legislative process. (i.e. November District Meeting, January District Meeting, Legislative Commission, Representative Assembly and if required a ratification of member schools) to be enacted.

**Proposed changes in NSAA Approved Rulings**, rest in the final approval of the Board of Directors.

**Class Caucus proposals** are included for your information and are not acted upon at district meetings.

A paper copy of the proposals will not be provided at the NSAA District Meeting. Please print a copy of the proposals for your reference at the meeting.

**District 3 Meeting**

**Wednesday, November 6, 2019**

**Norfolk Country Club**

**12:00 p.m.**
Girls Wrestling Proposal

Title: Girls Wrestling Proposal

Author: Randy Kliment

School: Creighton

NSAA District: 3

Proposal for: Constitution & Bylaws

Classes Affected: All

Activities Affected: Wrestling

This proposal: WILL increase costs to the school
WILL increase costs to the NSAA
WILL increase travel for participating schools
WILL NOT decrease a student’s or coach’s instruction time

Implementation date: 2019-09-23

Sections affected in Constitution & Bylaws: Page Article Section
52 3.11.12 1a

Summary: Girls Wrestling Proposal: Article 3.11.12 Section: 1a Page 52

Girls wrestling shall be added as a winter sports season beginning with the 2020 - 2021 NSAA calendar year. The girls wrestling season shall begin with the first day of practice (same as the boys) as permitted by NSAA rules and shall conclude the same weekend as the current boys individual state championship.

Will this proposal impact cost to the school? YES. See Points of Emphasis (POE) #5 Will this proposal impact cost to the NSAA? YES (However, increase attendance will more than offset costs) Will this proposal increase travel for participating schools? YES (Depending on the girls qualifying procedure… POE 4) Will this proposal impact a student or coach’s loss of instruction time? NO

Points of Emphasis: Implementation: This proposed plan is to have a two (2) year transition period that would permit girls the option of participating in both their school’s boys and girls lineup during the regular season contests ONLY. If a tournament only hosts a boys division, girls will have the option of competing in the boys division. If that tournament offers both a boys and girls division, the girls are required to wrestle in the girls division. From the start of implementation of Girls Wrestling, girls must participate in the girls only postseason. After the two (2) year transition period, the NSAA Girls Wrestling Advisory Committee will determine if numbers have grown to support girls vs girls only season. Rational: We do not want to eliminate competitive opportunities for girls in geographic areas or school districts where cost or coaching prevent them from attending girls only events during the season. The ultimate goal is to have girls wrestling only girls

2. Coaching and Practice: An NSAA member school who offers both boys wrestling and girls wrestling are permitted to use the same coaching staff to oversee both teams. Furthermore, both the boys and girls wrestling teams that consist of enrolled students from the same school or an approved cooperative may practice at the same time in the same practice facility under the guidance and leadership of the same coaching staff. Girls are encouraged to practice drills and skills against other girls on the team, however this decision will be determined by each individual high school staff; i.e. coach, athletic director and/or principal, instead of by district. Rational: Two schools only have 5 girls total come out for wrestling. Another school in the same district has 14. Intra district practices are not allowed or arranging cooperative practices is challenging. If a school district determines girls can only practice with other girls. The high school with 14 girls can make it work and is successful. The two high schools with fewer girls struggle to provide a way for girls to drill and practice the sport. The girls find this is a barrier toward participation, quit the team, or have an unsuccessful experience in the sport.

3. Weight Classes: Weight classes will be determined after alpha hydration assessments are completed and entered into the online database. The number of girls weight classes shall be ten (10) The actual weight classes will be determined from the alpha assessment data in an effort to achieve as much equal distribution in weight classes as possible. This process will be used in the first two (2) years of the sanctioned implementation process, with permanent weight classes to be established in the third year and beyond. (Unless the NFHS Establishes Weight Classes for Girls Wrestling)

4. State Tournament: A one class state tournament will be established by the NSAA. The location, date & time of the state tournament along with number of qualifiers and method of qualification to be determined by the NSAA after the alpha hydration assessments are completed.

5. Cost Analysis of Girls Wrestling: This information to be provided by Andy Lewis, West Point-Beemer from the 2018-2019 season: West Point current has 10 competitions that are designated for only our girls team. West Point also designated one of its current assistant wrestling coaches as the head girls coach. It should be noted that our expenses are based on 22 female wrestlers and may be higher due to this number.

2018-2019 West Point Public Schools cost of program: Creating head girls coach: $1795, difference between assist and head coach positions; Tournament entry fees: $480, only two competitions charged. Both were $10/wrestlers Referee fees: $280, two referees for JV/Girls Tournament; Equipment for home tournament: $0, none current but will have them for the 2019-2020 year. Travel costs: $1150. Fuel and costs for coach (with CDL) driving bus to tournaments. *This is atypical since we are one of the only schools that transported via bus. Equipment for female wrestlers: Total: $1870. Cost per athlete was between $80-90. This includes singlet, undershirt, hair cover, and head gear. Costs for WPBPS: Coaching costs: $1795 Tournament Fees: $480 Referees: $280 Metals/Plaques: $0 Total: $5575
In Nebraska, the opportunities for girls during the winter sports season is limited to Basketball and Swimming and Diving. Swimming and Diving has 41 schools involved out of 282 schools that have basketball. In 2018-19, Nebraska had 229 schools with boys wrestling programs. The current number of girls wrestling in Nebraska is on the rise. Although some critics might suggest girls have the opportunity to wrestle in our current setting (in boys’ wrestling), this argument lacks merit. Nebraska is better than this. True opportunity exists when a student can compete against their peers. Nebraska high school girls do not have this access currently. Providing girls’ wrestling would give our female students true access to the sport of wrestling.

Girls and boys in wrestling deserve to compete against their own gender. Girls should not be expected to shoulder the work of growing opportunities. High school girls in Nebraska will have increased scholarship opportunities for higher education (64 colleges and universities across the country currently offer womens’ wrestling). Youth, Collegiate, National, World and Olympic wrestling communities have embraced girls wrestling and we need the scholastic world to join them. State Interscholastic Associations are mobilizing and more are joining. 18 states will hold a Girls State Championship during the 2019-20 scholastic season. It is a national effort and we want everyone to experience success in this process. We now have solid participation data and information to support creating a girls division and state championship. The local, state and national numbers are continuing to grow and the visibility of girls wrestling is all around us. The NFHS participation numbers for girls wrestling grew from 16,962 in 2018 to 21,124 in 2019. A 27.5% increase of 4,162 girls across the nation.

Pros:

Cons: