

| 1975 Boys Class A Team Results (2.5 Miles) | | | 1975 Boys Class A Individual Results | | | |
|--|--------------------|-----|--------------------------------------|------------------|-------------------|-------|
| 1 | Omaha Burke | 71 | 1 | Paul Schultz | Omaha Burke | 13:02 |
| 2 | Creighton Prep | 73 | 2 | Brad Lakin | Omaha Burke | 13:06 |
| 3 | Bellevue | 87 | 3 | Don Johnson | Norfolk | 13:07 |
| 4 | Lincoln Northeast | 117 | 4 | Burt Thompson | Lincoln Northeast | 13:12 |
| 5 | Omaha Northwest | 142 | 5 | Dave Slatt | McCook | 13:13 |
| 6 | Lincoln East | 149 | 6 | Brian Dunnigan | Lincoln East | 13:17 |
| 7 | McCook | 187 | 7 | Scott Resz | Lincoln Northeast | 13:17 |
| 8 | Fremont | 189 | 8 | Paul Smith | Creighton Prep | 13:21 |
| 9 | Scottsbluff | 220 | 9 | Dan Blizzard | Bellevue | 13:22 |
| 10 | Omaha Westside | 223 | 10 | Bob Schleicher | Fremont | 13:25 |
| 11 | Omaha Roncalli | 275 | | | | |
| 12 | Grand Island | 290 | | | | |
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| 1975 Boys Class B Team Results (2.5 Miles) | | | 1975 Boys Class B Individual Results | | | |
| 1 | Plattsmouth | 37 | 1 | Pat Griggs | Plattsmouth | 13:13 |
| 2 | Gering | 72 | 2 | Dale Bradley | Auburn | 13:23 |
| 3 | Lincoln Pius | 101 | 3 | Jon Michelsen | Tekamah | 13:35 |
| 4 | Cozad | 116 | 4 | Doug Morin | Lincoln Pius | 13:38 |
| 5 | York | 119 | 5 | Jim Hall | Omaha Paul VI | 13:38 |
| 6 | Auburn | 128 | 6 | Jim Robson | York | 13:41 |
| 7 | Minden | 139 | 7 | Rod Neiss | Elkhorn | 13:42 |
| 8 | Syracuse | 140 | 8 | Pat Sand | Syracuse | 13:44 |
| 9 | Crofton | 159 | 9 | Scott King | Gering | 13:46 |
| 10 | Omaha Paul VI | 160 | 10 | Randy Nielsen | Plattsmouth | 13:49 |
| 11 | Elkhorn | 161 | | | | |
| 12 | Seward | 165 | | | | |
| 13 | Broken Bow | 181 | | | | |
| 14 | Arlington | 183 | | | | |
| 15 | O'Neill | 215 | | | | |
| 16 | Columbus Scotus | 218 | | | | |
| 17 | Gothenburg | 229 | | | | |
| 18 | Aurora | 248 | | | | |
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| 1975 Boys Class C Team Results (2.5 Miles) | | | 1975 Boys Class C Individual Results | | | |
| District Champions * | | | | | | |
| 1 | Bayard | 64 | 1 | Doug Mach | Burwell | 13:16 |
| 2 | Genoa | 73 | 2 | Greg Brandl | Humphrey | 13:25 |
| 3 | Mitchell | 95 | 3 | Kevin Jensen | Roseland | 13:34 |
| 4 | Naper | 97 | 4 | Bob Gibson | Henderson | 13:47 |
| 5 | Imperial | 112 | 5 | Jeff Schuman | Imperial | 13:51 |
| 6 | Burwell | 128 | 6 | Frank Lopez | Bayard | 13:52 |
| 7 | Cairo Centura | 128 | 7 | Sheldon Bartruff | Eustis | 13:57 |
| 8 | Eustis | 139 | 8 | Tony Fox | Bassett | 14:01 |
| 9 | Tecumseh | 153 | 9 | Kent Bass | Genoa | 14:02 |
| 10 | Henderson | 155 | 10 | Craig Bass | Genoa | 14:03 |
| 11 | Bassett | 157 | | | | |
| 12 | Atkinson West Holt | 160 | | | | |
| 13 | Johnson | 193 | | | | |
| 14 | Hooper Logan View | 201 | | | | |
| 15 | Douglas | 211 | | | | |
| 16 | Hemingford | 220 | | | | |
| 17 | Wahoo Neumann | 250 | | | | |
| 18 | Bennington | 292 | | | | |