

2023 NSAA STATE CHAMPIONSHIPS
CROSS COUNTRY



Hello everyone!

My name is Emma Kennedy and I serve on the NSAA Student Advisory Committee while entering my junior year at Ainsworth High School. Some of the activities I am involved in are cross country, Mock Trial, Fellowship of Christian Athletes, National FFA Organization, Honor Society, Athletic Club, track & field, One Acts, and Family, Career and Community Leaders of America. Participating in activities is one of the many ways that I can support and give back to the community that has granted me limitless relationships, opportunities, and connections.

As you either compete or attend today's competition, please remember that our referees and officials are human too. Without them, our activities would lose its core values: integrity, sportsmanship, and respect. Sportsmanship should not be looked upon with negative connotations but rather an asset that everyone can utilize to compete to the highest level.

Thank you everyone and please remember to respect our judges and officials. We couldn't do this without them!



Sincerely,
Emma Kennedy



"NSAA activities...the other half of education."

CROSS COUNTRY

NSAA STATE CHAMPIONSHIPS
OCTOBER 20, 2023
KEARNEY

Welcome

The Nebraska School Activities Association and the University of Nebraska-Kearney welcomes you to the NSAA State Cross Country Championships.

NSAA Interim Executive Director

Jennifer Schwartz

Championship Director

Jon Dolliver, NSAA Assistant Director

Assistant Directors

Brady Bonsall, University of Nebraska-Kearney

Ron Higdon, NSAA Assistant Director

Nate Neuhaus, NSAA Assistant Director

Jeff Stauss, NSAA Assistant Director

UNK Coordinators

Jake Greco

Shawn Rodehorst

Kearney Visitors Bureau Coordinator

Alex Lupher

Hosts

University of Nebraska-Kearney

Kearney Visitors Bureau

Gates Open/Admission

Gates open at 10:00 a.m. – Spectators and teams may enter the Country Club grounds from the south entrance.

Admission – \$8.00 for adults and \$6.00 for students.

Racing Schedule

The following times are approximate.

2023 State Cross Country Schedule

Girls Class B – 12:00 Noon

Girls Class A – 12:30 p.m.

Boys Class B – 1:00 p.m.

Boys Class A – 1:30 p.m.

Class B/A Awards – 2:00 p.m.

Girls Class D – 2:30 p.m.

Girls Class C – 3:00 p.m.

Boys Class D – 3:30 p.m.

Boys Class C – 4:00 p.m.

Class D/C Awards – 4:30 p.m.

Team Scoring

Class A teams can run seven individuals and count the best five for team standings. Classes B and C can run six and count the best four for team standings. Class D can run five and count the best three for team standings.

Results

This year results will be announced and not posted on the course. Final results will be posted on the NSAA website at <http://www.nsaahome.org> under the Cross Country page.

Awards

The Awards Ceremony will begin immediately following the Class A Boys race and the Class C Boys race. We will start with boys awards and then the girls awards. The award ceremonies will be held near the finish line. Results will be posted on the NSAA website at <https://www.nsaahome.org> under the Cross Country page.

Starter: Don Bartholomew

Assistant Starter: Steve Scoville

Referees: Charlie Gordon, Tom Hood

Umpires: Dan Jones, Don Softley, Roger Neujahr, Lonny Polacek, Mike Rasmussen

Clerks: Cody Wirth, Mark Armstrong, Scott Schoneman

Finish Director: Dane Tobey

Assistant Timers: Black Squirrel Timing

Finish Judges: Dennis Long, Kevin Madsen

Results: Alan Higley, Timing Coordinator-Precision Race Results

Media Information: Jeff Stauss, NSAA Assistant Director

Awards: Nate Neuhaus, NSAA Assistant Director & NSAA Board of Directors

Corral Help/Marshalls: UNK Track and Field/Cross Country Athletes and Coaches

Crowd: Kearney Visitors Bureau

Ticket Sellers/Takers: Kearney Visitors Bureau, Kearney Volunteers, Dick Beechner

Sports Medicine Staff: UNK Sports Medicine, Kazama Akei; Dr. Nolan May, New West Sports Medicine

Parking: Kearney Visitors Bureau, Kearney Sports & Recreation Committee, UNK Police, UNK Wrestling Team

Hospitality: Kearney Visitors Bureau

Public Address and Awards Announcer: Rich Brodersen and Brandon Benitz

T-shirt Sales: Custom Sports

National Anthem Singer: Bryn Eggleston, Sumner-Eddyville-Miller, under the direction of Justin Bosak

Spectators

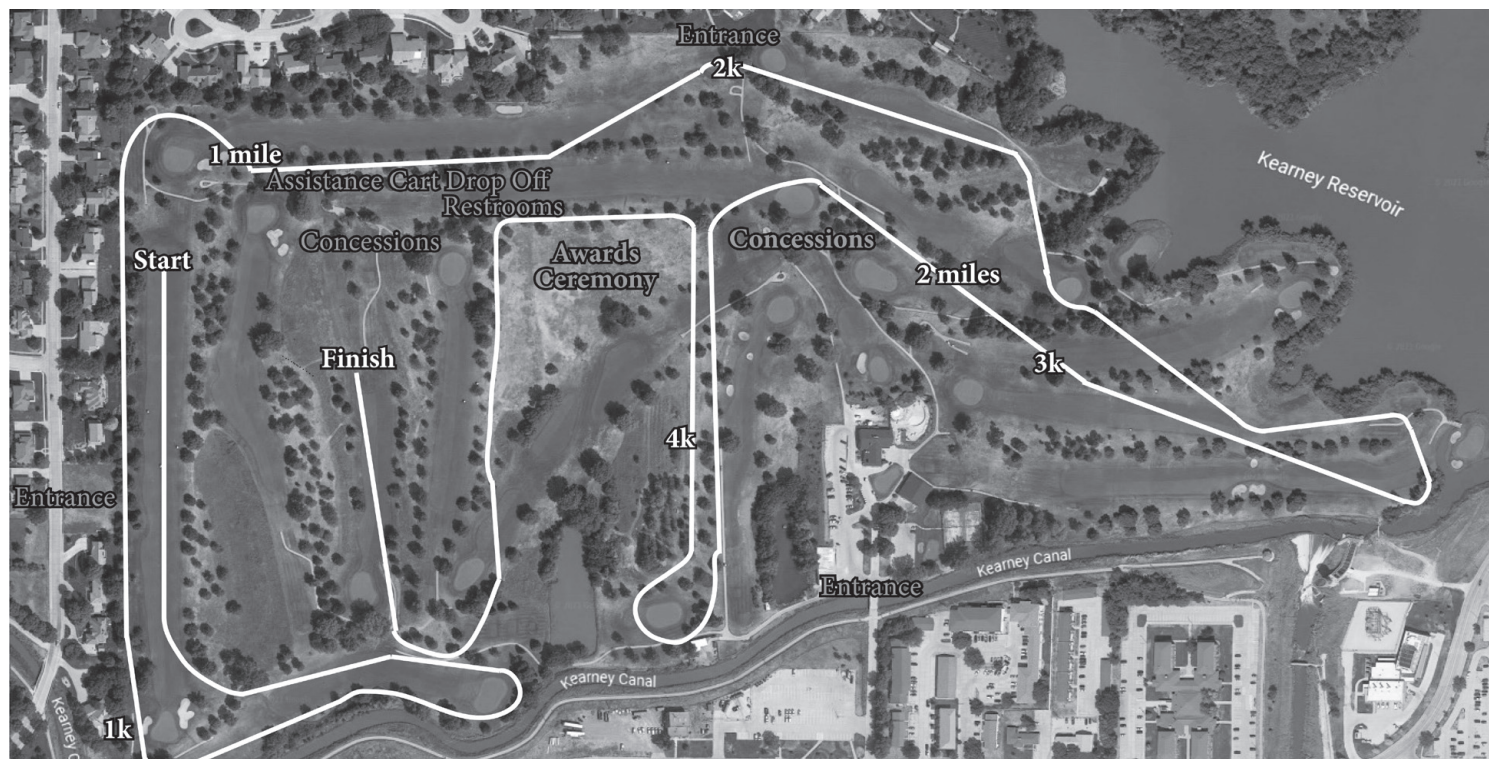
We ask that all spectators stay behind the ropes where requested and do not walk on any of the golf putting surfaces. The map of the course, located in the program, will help you keep track of the runners as they make their way around the course.

Shuttles

Spectator Shuttles will be operating during the course of the day, transporting spectators from the parking areas to the cross country course.

Cover photos courtesy of Callam Sports Photography.

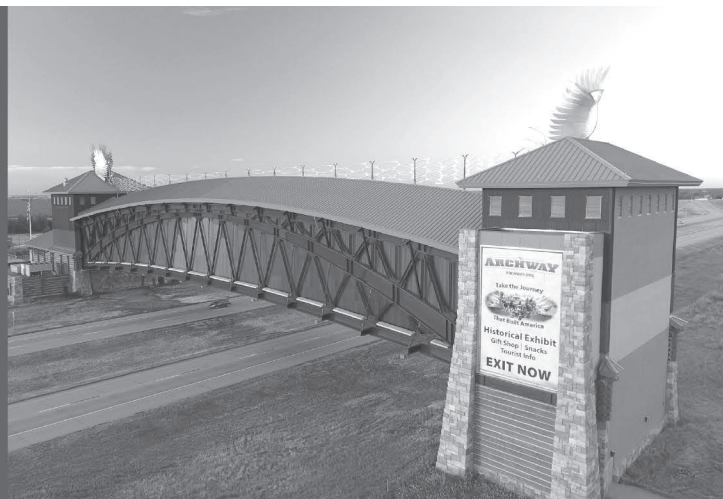
Course Map



WELCOME TO KEARNEY

NSAA CROSS COUNTRY CHAMPIONSHIPS

Here you will find cultural attractions, colorful murals, amazing parks, unique shopping, a wide variety of restaurants & loads of entertainment!



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Visit
KEARNEY

#VISITKEARNEY



BOYS TEAMS QUALIFIED

** District Team Champion*

Class A

Creighton Preparatory School*
Fremont*
Grand Island
Lincoln East
Lincoln High
Lincoln North Star
Lincoln Pius X*
Lincoln Southwest
Millard West
Norfolk
Omaha Westside
Papillion-La Vista South*

Class B

Bennington*
Elkhorn
Elkhorn North
Gering
Hastings
Lexington*
Norris*
Northwest
Omaha Skutt Catholic*
Plattsmouth
Seward
South Sioux City

Class C

Alliance
Arlington
Aurora
Bloomfield-Wausa
Boone Central
Fort Calhoun
Gothenburg*
Holdrege
Lincoln Christian*
Milford*
Minden
Mount Michael Benedictine*
Platteview
Syracuse
Wayne*

Class D

Alma
Axtell*
Bertrand/Loomis
Boyd County
Cornerstone Christian*
Doniphan-Trumbull*
Elkhorn Valley*
Franklin
Garden County
Grand Island Central Catholic
Hemingford
Homer
Laurel-Concord-Coleridge
Lyons-Decatur Northeast
McCool Junction
Nebraska Christian
Norfolk Catholic*
North Platte St. Patrick's*
Perkins County
Plainview
Sandhills Valley*
Tri County
Valentine
West Holt

GIRLS TEAMS QUALIFIED

**District Team Champion*

Class A

Elkhorn South
Fremont
Kearney
Lincoln East*
Lincoln Pius X
Lincoln Southwest
Millard North
Millard West*
Norfolk
Omaha Westside*
Papillion-La Vista*
Papillion-La Vista South

Class B

Bennington*
Blair
Elkhorn North*
Gering
Hastings
Lincoln Northwest
Norris*
Omaha Duchesne Academy
Omaha Skutt Catholic
Plattsmouth
Scottsbluff
York*

Class C

Auburn*
Aurora
Broken Bow
Columbus Lakeview
Douglas County West*
Fort Calhoun
Hartington
Kearney Catholic*
Lincoln Christian
McCook
Milford
Platteview
Scotus Central Catholic*
Sidney*
Wahoo

Class D

Ainsworth*
Aquinas Catholic*
Bridgeport
Cambridge*
Cornerstone Christian
Crofton*
Doniphan-Trumbull
Elkhorn Valley
Elm Creek
Hemingford*
Hi-Line
Homer
Mullen
Nebraska Christian*
North Central
Oakland-Craig
Palmyra
Pender
Ravenna
Wallace
West Holt
Wisner-Pilger

NSAA Cross Country

District Champions

BOYS INDIVIDUAL CHAMPIONS

Class A

A-1, Dennis Chapman,
Creighton Preparatory School
A-2, Juan Gonzalez, Fremont
A-3, Easton Zastrow, Lincoln North Star
A-4, Jack Witte, Millard West

Class B

B-1, Braden Lofquest, Gretna East
B-2, Ethan Walters, Elkhorn
B-3, Isac Portillo-Munoz, Lexington
B-4, Riley Boonstra, Norris

Class C

C-1, Carter Hohlen, Lincoln Christian
C-2, Gus Lampe, Omaha Roncalli Catholic
C-3, Luke Wockman, Bloomfield-Wausa
C-4, Avery Carter, Milford
C-5, Tyler Hetz, Gothenburg

Class D

D-1, Trenton Neville, McCool Junction
D-2, Dawson Meyer, Oakland-Craig
D-3, Andrew Martin, West Holt
D-4, Jacob Swanson, Nebraska Christian
D-5, Logan Recoy, South Loup
D-6, Mason McGreer, Perkins County

GIRLS INDIVIDUAL CHAMPIONS

Class A

A-1, Mia Murray, Lincoln East
A-2, Kaitlyn Swartz, Papillion-La Vista South
A-3, Claire White, Omaha Westside
A-4, Gracie Suppes, Papillion-La Vista

Class B

B-1, Ella Ford, Elkhorn North
B-2, Reece Ewoldt, Blair
B-3, Cassidy Stuckey, York
B-4, Kendall Zavala, Norris

Class C

C-1, Liston Crotty, Auburn
C-2, Hailey O'Daniel, Arlington
C-3, Hannah Heinrich, Scotus Central Catholic
C-4, Lilly Kenning, Milford
C-5, Lindee Henning, Ogallala

Class D

D-1, Brekyn Kok, Cornerstone Christian
D-2, Jordyn Arens, Crofton
D-3, Delanie Runnels, Niobrara/Verdigre
D-4, Anna Fitzgerald, Doniphan-Trumbull
D-5, Ella Cool, South Loup
D-6, Dakota Horstman, Hemingford

2022 Team Champions



2022 Team Champions



2022 Team Champions



2022 Team Champions



CLASS D GIRLS
Hemingford



CLASS D BOYS
Cornerstone Christian

Fans:

ENOUGH IS ENOUGH!

Bad behavior at high school athletic events
has gotten OUT OF CONTROL.

Are YOU part of the problem?

Always be respectful, encouraging and positive.

Let's come together to #BenchBadBehavior for good!

BenchBadBehavior.com



Returning Medal Winners

GIRLS, CLASS A

Claire White, Omaha Westside (12), 3/A/22, 3/A/21, 5/A/20
 Peyton Svehla, Lincoln East (12), 11/A/22, 7/A/21, 13/A/20
 Mia Murray, Lincoln East (12), 1/A/22, 8/A/21
 Stella Miner, Omaha Westside (12), 2/A/22, 1/A/20
 Kaitlyn Swartz, Papillion-La Vista South (12), 5/A/22
 Mia Urosevich, Omaha Westside (10), 7/A/22
 Abbigail Durow, Millard South (10), 8/A/22
 Alexis Chadek, Papillion-La Vista (10), 12/A/22
 Claire Karjalainen, Kearney (10), 13/A/22

BOYS, CLASS A

Isaac Ochoa, Norfolk (12), 5/A/22, 6/A/21, 5/A/20
 Juan Gonzalez, Fremont (11), 1/A/22, 11/A/21
 Max Myers, Lincoln Southwest (12), 2/A/22, 14/A/21
 Jack Witte, Millard West (12), 3/A/22, 15/A/21
 Dennis Chapman, Creighton Preparatory School (12), 8/A/22, 10/A/21
 Wesley Pleskac, Fremont (12), 6/A/22
 Sergio Martinez Cruz, Omaha South (12), 13/A/22
 Porter Bickley, Millard West (12), 14/A/22

GIRLS, CLASS B

Kassidy Stuckey, York (12), 6/B/22, 7/B/21, 4/B/20
 Atlee Wallman, Norris (11), 2/B/22, 11/B/21
 Ellie Thomas, Norris (12), 4/B/22, 5/B/21
 Kendall Zavala, Norris (11), 7/2/22, 2/B/21
 Emma Steffensen, Waverly (10), 3/B/22
 Gabriella Westfall, Omaha Skutt Catholic (11), 8/B/22
 Margaret Lickteig, Omaha Duchesne Academy (11), 11/B/22
 Tessa Greisen, Seward (11), 13/B/22
 Susana Calmo, Lexington (12), 15/B/22
 Ella Ford, Elkhorn North (11), 14/B/21

BOYS, CLASS B

Riley Boonstra, Norris (12), 1/B/22, 4/B/21
 Miguel Cruz-Mendoza, Lexington (12), 5/B/22, 13/B/21
 McCoy Haussler, Omaha Skutt Catholic (12), 6/B/21, 9/B/20
 Thomas Rice, Omaha Skutt Catholic (11), 4/B/22
 Jack Wade, Omaha Skutt Catholic (12), 6/B/22
 Lazaro Adame-Lopez, Lexington (12), 9/B/22
 Braden Lofquest, Gretna East (11), 10/A/22
 Wyatt Behrens, Norris (12), 11/B/22
 Elijah Dix, Plattsmouth (12), 12/B/22
 Austin Carrera, Hastings (11), 13/B/22

GIRLS, CLASS C

Lindee Henning, Ogallala (12), 2/C/22, 2/C/21, 2/C/20
 Talissa Tanquary, Sidney (12), 4/C/22, 4/C/21, 12/C/20
 Olivia Lawrence, Platteview (12), 5/C/22, 6/B/21, 10/C/20
 Lilly Kenning, Milford (11), 3/C/22, 9/C/21
 Hailey O'Daniel, Arlington (11), 7/C/22, 8/C/21
 Liston Crotty, Auburn (10), 6/C/22
 Maelie Nelson, Fort Calhoun (10), 11/C/22
 Emma Cappel, McCook (10), 12/C/22
 Olivia Malousek, Douglas County West (12), 11/C/20
 Alexis Ericksen, Aurora (10), 13/C/22

BOYS, CLASS C

Carter Hohlen, Lincoln Christian (12), 3/C/22, 7/C/21
 AJ Raszler, Platteview (12), 2/C/22
 Parker Graves, Gothenburg (12), 5/C/22
 Jaxon Kilmurry, Battle Creek (11), 8/C/22
 Josiah Wilkinson, McCook (11), 9/C/22
 Gus Lampe, Omaha Roncalli Catholic (12), 10/B/22
 Jackson Feauto, Lincoln Christian (12), 12/C/22
 Lucas Gautier, Aurora (12), 13/C/22
 Drew Miller, Wayne (10), 14/C/22
 Nolan May, Arlington (12), 8/C/21
 Logan Lebo, Lincoln Lutheran (12), 13/C/21
 Ethan Olsen, Gothenburg (12), 15/C/21

GIRLS, CLASS D

Jordyn Arens, Crofton (12), 1/D/22, 1/D/21, 1/D/20
 Katherine Kerrigan, Ainsworth (12), 2/D/22, 6/D/21, 3/D/20
 Madison Davis, West Holt (12), 5/D/22, 10/D/21
 Miriam Frasher, Aquinas Catholic (11), 8/D/22, 9/D/21
 Gianna Frasher, Aquinas Catholic (12), 11/D/22, 8/D/21
 Peyton Paxton, Mullen (11), 13/D/22, 3/D/21
 Hannah Swanson, Nebraska Christian (12), 2/D/21, 4/D/20
 Anna Fitzgerald, Doniphan-Trumbull (11), 4/D/22
 Angela Frick, North Central (10), 6/D/22
 Isabelle Peters, Tri County (10), 7/D/22
 Dakota Horstman, Hemingford (10), 9/D/22
 Lilly Harris, Homer (10), 12/D/22
 Cecilia Barron, Morrill (11), 14/D/22
 Jala Krusemark, Pender (11), 14/C/22
 Emma Kennedy, Ainsworth (11), 12/D/21

BOYS, CLASS D

Jarrett Miles, North Platte St. Patrick's (12), 2/D/22, 6/D/21, 14/D/20
 Mason McGreer, Perkins County (11), 3/D/22
 Jacob Swanson, Nebraska Christian (10), 5/D/22
 Brody Taylor, Ponca (12), 7/D/22
 Porter Connick, North Platte St. Patrick's (11), 9/D/22
 Gannon Walsh, Pender (12), 10/D/22
 Zeke Christiansen, Garden County (12), 12/D/22
 Mason Hagan, North Central (12), 12/D/21
 Dominic Liess, Norfolk Catholic (12), 15/D/20

Box Assignments

Box	Class B Girls	Class A Girls	Class D Girls	Class C Girls
1	Omaha Skutt Catholic	Fremont	Centennial	Broken Bow
2	Norris	Lincoln Pius X	Doniphan-Trumbull	Individuals
3	Scottsbluff	Individuals	Individuals	Individuals
4	York	Elkhorn South	Ravenna	McCook
5	Bennington	Kearney	North Central	Sidney
6	Individuals	Individuals	Nebraska Christian	Platteview
7	Gering	Lincoln East	Tri County	Milford
8	Lincoln Northwest	Millard West	West Holt	Wahoo
9	Elkhorn North	Omaha Westside	Individuals	Individuals
10	Hastings	Norfolk	Individuals	Auburn
11	Individuals	Papillion-La Vista South	Wisner-Pilger	Individuals
12	Plattsmouth	Lincoln Southwest	Individuals	Columbus Lakeview
13	Omaha Duchesne	Millard North	Ainsworth	Fort Calhoun
14	Individuals	Individuals	Crofton	DC West
15	Blair	Papillion-La Vista	Pender	Scotus Central Catholic
16			Brady	Hartington
17			Hemingford	Kearney Catholic
18			Individuals	Individuals
19			Elm Creek	Lincoln Christian
20			Cambridge	Aurora
21			Aquinas Catholic	
22			Individuals	
23			Wallace	
24			Mullen	
25			Individuals	

Individual Box Assignments: Box number is listed first, and then school is listed by left-to-right position within the box.

Class B Girls

Box 6- Seward (1), South Sioux City (2), Waverly (2)
Box 11- Lexington (2), Lincoln Standing Bear (1), Northwest (1), Schuyler (1)
Box 14- Beatrice (1), Crete (1), Elkhorn (2), Gretna East (1)

Class A Girls

Box 3- Lincoln High (2), Lincoln North Star (1), Lincoln Northeast (1), Lincoln Southeast (1), Millard South (1)
Box 6- Bellevue West (1), Columbus (2), Grand Island (2)
Box 14- North Platte (1), Omaha Burke (1), Omaha Central (1), Omaha Marian (1), Omaha South (1)

Class D Girls

Box 3- Freeman (1), Fullerton (1), Gordon-Rushville (2), Gibbon (1), Hitchcock County (1)
Box 9- Axtell (1), Blue Hill (1), Bridgeport (1), Burwell (1), Cornerstone Christian (2)
Box 10- Creek Valley (1), Deshler (1), East Butler (1), Elkhorn Valley (2), Franklin (1)
Box 12- Sumner-Eddyville-Miller (1), TCNE (2), Thayer Central (1), Wilcox-Hildreth (1)
Box 18- Hi-Line (2), Homer (1), Johnson County Central (1), Laurel-Concord-Coleridge (1), Lincoln Lutheran (2),
Box 22- Sandy Creek (1), South Loup (2), Southern Valley (1), Stanton (1)
Box 25- Lutheran High Northeast (1), McCool Junction (1), Morrill (1), Neligh-Oakdale (1), Niobrara-Verdigre (1), Oakland-Craig (1), Omaha Brownell Talbot (1)

Class C Girls

Box 2- Adams Central (1), Arlington (1), Ashland-Greenwood (1), Battle Creek (1), Central City (2)
Box 3- Holdrege (1), Madison (1), Minden (1), Mitchell (1), North Bend Central (1), O'Neill (1)
Box 9- Chadron (3), Conestoga (1), Gothenburg (2)
Box 11- Omaha Roncalli Catholic (1), Pierce (1), Syracuse (1), Wayne (1), West Point-Beemer (1), Winnebago (1)
Box 18-Ogallala (2), Omaha Concordia (2), Palmyra (2)

Box	Class B Boys	Class A Boys	Class D Boys	Class C Boys
1	Seward	Omaha Westside	Individuals	Alliance
2	Elkhorn North	Lincoln High	Hemingford	Boone Central
3	Individuals	Fremont	Cornerstone Christian	Mount Michael
4	Hastings	Lincoln East	Axtell	Wayne
5	Gering	Creighton Prep	McCool Junction	Bloomfield-Wausa
6	Lexington	Individuals	Boyd County	Arlington
7	Plattsmouth	Individuals	Elkhorn Valley	Individuals
8	Elkhorn	Lincoln Pius X	Franklin	Milford
9	Individuals	Norfolk	Individuals	Fort Calhoun
10	Bennington	Millard West	Individuals	Individuals
11	Northwest	Papillion-La Vista South	Laurel-Concord-Coleridge	Aurora
12	Norris	Grand Island	Lincoln Lutheran	Gothenburg
13	Individuals	Lincoln Southwest	Individuals	Holdrege
14	Omaha Skutt Catholic	Lincoln North Star	Perkins County	Individuals
15	South Sioux City		Valentine	Individuals
16			Freeman	Lincoln Christian
17			Individuals	Individuals
18			Bertrand/Loomis	Minden
19			Homer	Platteview
20			North Platte St. Pat's	Syracuse
21			Individuals	
22			Norfolk Catholic	
23			Nebraska Christian	
24			Individuals	
25			Doniphan-Trumbull	

Individual Box Assignments: Box number is listed first, and then school is listed by left-to-right position within the box.

Class B Boys

Box 3- Lincoln Northwest (1), Nebraska City (1), Schuyler (1)
Box 9- Scottsbluff (1), Waverly (2), York (1)
Box 13- Beatrice (2), Gretna East (2)

Class A Boys

Box 6- Gretna (2), Kearney (1), Lincoln Southeast (1), Millard North (1), Omaha Burke (1)
Box 7- Millard South (2), North Platte (2), Omaha South (1), Papillion-La Vista (1)

Class D Boys

Box 1- Pender (1), Ponca (2), Riverside (1), South Loup (2)
Box 9- Santee (1), Southern Valley (1), Stanton (2), Stuart (1), Thayer Central (1)
Box 10- Creighton (1), Crofton (1), Fullerton (1), Garden County (1), Gibbon (2)
Box 13- Ainsworth (1), Alma (1), Amherst (1), Bayard (1), Cedar Bluffs (1), Centennial (1)
Box 17- Tri County (2), West Holt (1), Wilcox-Hildreth (2), Wood River (2)
Box 21- Lyons-Decatur Northeast (1), Medicine Valley (1), Mullen (1), North Central (1), Oakland-Craig (1), Osmond (1)
Box 24- Gordon-Rushville (1), Grand Island Central Catholic (2), Hay Springs (1), Hi-Line (1), Johnson County Central (1)

Class C Boys

Box 7- Omaha Concordia (2), Omaha Roncalli Catholic (2), Ord (1), Raymond Central (1)
Box 10- Chase County (1), Falls City (1), Fillmore Central (1), Hartington (1), Hershey (2)
Box 14- Kearney Catholic (1), Malcolm (1), McCook (1), North Bend Central (1), Ogallala (1)
Box 15-Palmyra (2), Pierce (2), Scotus Central Catholic (1), Wilber-Clatonia (1)
Box 17- Adams Central (1), Ashland-Greenwood (1), Auburn (1), Battle Creek (2), Broken Bow (1)

2022 Individual Champions



CLASS A
Mia Murray
Lincoln East



CLASS B
Madison Seiler
Gering



CLASS C
Keelianne Green
Arlington



CLASS D
Jordyn Arens
Crofton



CLASS A
Juan Gonzalez
Fremont



CLASS B
Riley Boonstra
Norris



CLASS C
Carson Noecker
Hartington



CLASS D
Trey Robertson
Wallace



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Class A Qualifiers

GIRLS

Bellevue West

Coach: Larissa Knudson
1 Kara Muller (12)

Columbus

Coach: Chris Sander
2 Melissa Gomez-Vazquez (10)
3 Hailey Kropatsch (11)

Elkhorn South

Coach: Tim Ebers
4 Josie Almquist (12)
5 Lindsay Neill (12)
6 Clarissa Schumacher (10)
7 Emily Tichota (12)
8 Grace Volzke (9)
9 Alyssa Walker (11)
10 Marie Woodford (12)

Fremont

Coach: Beth McMahon
11 Maris Dahl (12)
12 Ayva Darmento (12)
13 Emma Claire Fritz (9)
14 Chloe Hemmer (12)
15 Madelyn McBratney (11)
16 Madelyn Wagner (10)
17 Callie Waters (12)

Grand Island

Coach: Megan Roach
18 Katherine Johnsen (10)
19 Annaka Schlachter (12)

Kearney

Coach: Pat McFadden
20 Darin Brockmeier (12)
21 Abigail Burger (11)
22 Augusta Ganz (9)
23 Sophia Heacock (9)
24 Claire Karjalainen (10)
25 Savannah Kelliher (10)
26 Samantha Stava (12)

Lincoln East

Coach: Brian Kabourek
27 Hadley Bailey (12)
28 Ella Herzberg (11)
29 Kadence Hurley (11)
30 Mia Murray (12)
31 Peyton Svehla (12)
32 Jordyn Wissing (12)
33 Sadie Yager (11)

Lincoln High

Coach: Brad Rettig
34 Jerusha Osborne (10)
35 Sydney Wendt (10)

Lincoln North Star

Coach: Matt Musiel
36 Hope Riedel (11)

Lincoln Northeast

Coach: John Snoozy
37 Ally Badura (12)

Lincoln Pius X

Coach: Bill Rice
38 Hannah Bedient (11)
39 Rachel Bliven (9)
40 Abigail Dickinson (10)
41 Natalie Prichard (12)
42 Jasmin Solano (10)
43 Norah Stewart (12)
44 Malia Woosley (9)

Lincoln Southeast

Coach: Dave Nebel
45 Caitlyn Olsen (9)

Lincoln Southwest

Coach: Ryan Salem
46 Megan Baugh (11)
47 Izzy Gilbertson (9)
48 Mya Kafka (11)
49 Renee Kafka (12)

50 Meredith Marsh (9)

51 Silvy Munn (10)

52 Olivia Myers (10)

Millard North

Coach: Emily Janda
53 Ainsley Anderson (12)
54 Rachael Chambers (12)
55 Addison Finley (12)
56 Nina Martinez (12)
57 Ridhvi Nayakwadi (10)
58 Emma Rhode (12)
59 Lauren Thome (12)

Millard South

Coach: Trevor Wiegert
60 Abbigail Durow (10)

Millard West

Coach: Colin Johnston
61 Katherine Ebmeier (11)
62 Elizabeth Frazer (9)
63 Litze Fredette (11)
64 Brianna Hernandez Gutierrez (12)
65 Chaya Isaacson (9)
66 Olivia McKlem (10)
67 Katelyn Sanne (10)

Norfolk

Coach: Angie Means
68 Aubrey Anderson (9)
69 Mariah Ham (9)
70 Agatha Olberding (9)
71 Amelia Pinkelman (12)
72 Nishyia Ponniah (12)
73 Sierra Rader (12)
74 Aliyah Taylor (9)

North Platte

Coach: Jake Hasenauer
75 Jada Hothan (11)

Omaha Burke

Coach: Steve Satterly
76 Trinity Greene (12)

Omaha Central

Coach: Trent Lodge
77 Sadie Osher (9)

Omaha Marian

Coach: Roger Wright
78 Lucia Ambrose (11)

Omaha South

Coach: Lindsay Anderson
79 Charlotte Gregor (11)

Omaha Westside

Coach: Theresa Gosnell
80 Violet Collins (11)
81 Stella Miner (12)
82 Lane Connell (12)
83 Caitlin Steliga (9)
84 Mia Urosvich (10)
85 Claire White (12)
86 Eliana Wittmann (10)

Papillion-La Vista

Coach: Shawn Gray
87 Rebecca Campbell (11)
88 Alexis Chadek (10)
89 Annie Finneron (9)
90 Kara Haffke (12)
91 Becka Karnik (12)
92 Josie Karnik (12)
93 Gracie Suppes (9)

Papillion-La Vista South

Coach: Jeremy Haselhorst
94 Grace Baum (11)
95 Rome Bridger (12)
96 Kamryn Exner (12)
97 Grace Hovey (11)
98 Payton Jorczak (12)
99 Aleah Stenger (12)
100 Kaitlyn Swartz (12)

BOYS

Creighton Preparatory School

Coach: Bob Tillman S.J.
101 Dennis Chapman (12)
102 Jacob Finney (12)
103 Owen Jensen (12)
104 Elias Jones (12)
105 Aidan McGarry (12)
106 Andrew Sauer (12)
107 Michael Sauer (12)

Fremont

Coach: Sean McMahon
108 Juan Gonzalez (11)
109 Jase LaDay (11)
110 Noah Miller (11)
111 Mason Nau (11)
112 Michael Nichols (10)
113 Wesley Pleskac (12)
114 Gabriel Read (12)

Grand Island

Coach: Megan Roach
115 Kaden Boltz (11)
116 Ruben Caceres Perez (11)
117 Jorge Carpio (10)
118 Trajon Geiser (11)
119 Brady Hartford (12)
120 Abraham Ruzicka (10)
121 Ashon Willey (11)

Gretna

Coach: Bryce Brunswick
122 Caleb Larsen (10)
123 Gavin Luthi (11)

Kearney

Coach: Scott Nannen
124 Zachary Petzet (10)

Lincoln East

Coach: Brian Kabourek
125 Daren Linscott (10)
126 Luke Overbeek (11)
127 Krithik Pondicherry (11)
128 Noah Robb (10)
129 Caleb Ruch (11)
130 Ben Schlegelmilch (10)
131 Chanh Tran (10)

Lincoln High

Coach: Brad Rettig
132 Oliver Brassil (10)
133 Trey Crabtree (9)
134 Bishop Nelson Aparicio (11)
135 Hutton Rettig (9)
136 Jonah Reynolds (12)
137 Joseph Seifferlein (12)
138 Jacob Smith (11)

Lincoln North Star

Coach: Matt Musiel
139 Josiah Bitker (10)
140 Raul Iniguez (10)
141 Trey Lindgren (11)
142 Tyler Smith (10)
143 Jackson Wagner (12)
144 Bradyn Wiley (12)
145 Easton Zastrow (11)

Lincoln Pius X

Coach: Bill Rice
146 Joseph Dustin (12)
147 George Ivanov (11)
148 Damien Johnson (11)
149 David Krier (10)
150 Maceo Nielsen (12)
151 Jacob Winters (12)
152 Noah Zach (10)

Lincoln Southeast

Coach: Dave Nebel
153 Kale Muir (12)

Lincoln Southwest

Coach: Ryan Salem
154 Connor Boyle (10)
155 Cade Cover (10)
156 Cole Cover (10)
157 Max Myers (12)
158 Jacob Rinn (12)
159 Connor Rowe (11)
160 Noah Smith (11)

Millard North

Coach: Emily Janda
161 Peyton Omer (12)

Millard South

Coach: Trevor Wiegert
162 Dalton Heller (12)
163 Dylan Lender (12)

Millard West

Coach: Colin Johnston
164 Elijah Bickley (9)
165 Porter Bickley (12)
166 Logan Dobkins (10)
167 Henry Hansen (11)
168 Michael Jones (11)
169 Thomas McMullen (12)
170 Jack Witte (12)

Norfolk

Coach: Aaron Bradley
171 Dominick Blum (10)
172 Peyton Flohr (12)
173 Aaron Garhart (10)
174 Liam Gonzalez (9)
175 Dylan Hall (10)
176 Isaac Ochoa (12)
177 David Protzman (10)

North Platte

Coach: Jake Hasenauer
178 Jack Knapp (9)
179 Rian Teets (12)

Omaha Burke

Coach: Steve Satterly
180 Liam Murphy (11)

Omaha South

Coach: John Tripp
181 Sergio Martinez Cruz (12)

Omaha Westside

Coach: Theresa Gosnell
182 Conor Gross (11)
183 Dylan Gross (9)
184 Ryan Kugler (11)
185 Matthew Mills (12)
186 Collin Newman (11)
187 Preston Penney (11)
188 Jayden Wall (12)

Papillion-La Vista

Coach: Joe Pilakowski
189 Ethan Mann (12)

Papillion-La Vista South

Coach: Shannon Stenger
190 Cole Boyer (12)
191 John Fiedler (12)
192 Mason Langabee (12)
193 Xavier Mallow (12)
194 Caden Miser (12)
195 Noah Ryan (11)
196 Matthew Valenta (11)

GIRLS

Beatrice

Coach: Lyle Claussen
197 Josie Frerichs (12)

Bennington

Coach: Joe Schumm
198 Lillian Dall (11)
199 Alexis Hiatt (11)
200 Morgan Iske (11)
201 Lucille Lampe (9)
202 Claire Miller (9)
203 Alexis Oconnell (12)

Blair

Coach: Carson Norine
204 Ryen Anderson (9)
205 Allison Czapla (12)
206 Nadia Davey (11)
207 Reece Ewoldt (12)
208 Ryleigh Schroeter (11)
209 Jadeyn Wickwire (11)

Crete

Coach: Stan Croft
210 Maria Linares Chavez (10)

Elkhorn

Coach: Spencer Stednitz
211 Kathryn Roberts (9)
212 Addison Washburn (9)

Elkhorn North

Coach: Jordan Fuglestad
213 Paityn Christoffels (10)
214 Ella Ford (11)
215 Avery Melendrez (11)
216 Kailey O'Brien (11)
217 Anna Ripley (11)
218 Leah Robinson (9)

Gering

Coach: Rick Marez
219 Alison Bradford (12)
220 Erin Cawiezel (9)
221 Jenna Davis (12)
222 Hailey Medina (12)
223 Gretchen Seay (9)
224 Demi Seelhoff (10)

Gretna East

Coach: Megan Sughroue
225 Evynn Graver (10)

Hastings

Coach: Christy Kreutzer
226 Abigail Fielder (12)
227 Josephine Gowen (10)
228 Kelyn Henry Perlich (12)
229 Xiomara Lagunas (9)
230 Mylee Mick (10)
231 Sophia Reynolds (9)

Lexington

Coach: Sam Jilka
232 Susana Calmo (12)
233 Parrhesia Converse (10)

Lincoln Northwest

Coach: Dan Bax
234 Allana Detweiler (12)
235 Haydn Floyd (9)
236 Skylar Lappe (10)
237 Skye Tabke (9)
238 Adanya VanArsdale (9)

Lincoln Standing Bear

Coach: Joey Black
239 Hannah Zimmerle (9)

Norris

Coach: Justin McGill
240 Kennedy Powell (10)
241 Hailley Finkner (11)
242 Tanna Petsche (11)
243 Ellie Thomas (12)
244 Atlee Wallman (11)
245 Kendall Zavala (11)

Northwest

Coach: Joel Hope
246 Olivia Chapman (11)

Omaha Duchesne Academy

Coach: Bridget Morton
247 Clara Galvan (11)
248 Cecilia Kramper (9)
249 Margaret Lickteig (11)
250 Corinne Mansour (11)
251 Eleanor Richard (9)
252 Josie Thalken (9)

Omaha Skutt Catholic

Coach: Steve Carroll
253 Theresa Berger (12)
254 Caroline Kollars (9)
255 Anna Labenz (12)
256 Annabelle Roubal (12)
257 Gabriella Westfall (11)
258 Catherine Youell (11)

Plattsmouth

Coach: Chris Wiseman
259 Maddison Allison (9)
260 Peyton Aughenbaugh (10)
261 Jolie Dix (11)
262 Mallory Robbins (9)
263 Ivy Schmidt (12)
264 Mila Wehrbein (11)

Schuyler

Coach: Adam Robinson
265 Miriam Deanda (10)

Scottsbluff

Coach: Aaron Carrizales
266 Emilee Bentley (12)
267 Natalee Bentley (10)
268 Hannah Hertzler (11)
269 Priscilla Linz (10)
270 Hannah Rugroden (11)
271 Claire Thomalla (10)

Seward

Coach: Kurt Holliday
272 Tessa Greisen (11)

South Sioux City

Coach: Ramsey Fitzsimmons
273 Brooklyn Heineman (12)
274 Lorena Valdivia-Martinez (12)

Waverly

Coach: Laura Hilkemann
275 Lillie Benes (11)
276 Emma Steffensen (10)

York

Coach: Eric Rasmussen
277 Emory Conrad (12)
278 Annah Perdue (9)
279 Naomi Renner (10)
280 Emma Snider (12)
281 Cassidy Stuckey (12)
282 Ryleigh Wright (10)

BOYS

Beatrice

Coach: Lyle Claussen
283 Bryan Price (12)
284 Josiah Quinones (11)

Bennington

Coach: Joe Schumm
285 Caden Boyer (12)
286 Ryan Burton (12)
287 Carter Diamond (12)
288 Calin O'Grady (11)
289 Kade Olbrich (10)
290 Dylan Rapp (10)

Elkhorn

Coach: Spencer Stednitz
291 James Ahern (10)
292 Garrett Barreras (10)
293 Gavin Drifill (12)
294 Elias Eyler (10)
295 Gerardo Hernandez-Tapia (9)
296 Ethan Walters (12)

Elkhorn North

Coach: Jordan Fuglestad
297 Noah Lange (10)
298 Conner Lindquist (12)
299 Ryker Pithan (12)
300 Jonah Santos (10)
301 Jack Sinnott (12)
302 Jakob Sullivan (12)

Gering

Coach: Rick Marez
303 Aiden Bell (11)
304 Jayden Hakert (10)
305 Aiden Narvais (12)
306 Gage Ruzicka (10)
307 Nathan Seiler (11)
308 Axton Stone (10)

Gretna East

Coach: Megan Sughroue
309 Braden Lofquest (11)
310 Elliot Reece (10)

Hastings

Coach: Christy Kreutzer
311 Nolan Albers (11)
312 Austin Carrera (11)
313 Diego Chojolan (11)
314 Isaac Kelley (11)
315 Marvelous Robinson (11)
316 Evan Struss (12)

Lexington

Coach: Sam Jilka
317 Lazaro Adame-Lopez (12)
318 Miguel Cruz-Mendoza (12)
319 Eduardo Duarte-Benavides (11)
320 Isac Portillo-Munoz (9)
321 Herson Rodriguez (11)
322 Anthony Taracena (12)

Lincoln Northwest

Coach: Dan Bax
323 Travis Emblin (10)

Nebraska City

Coach: Emily Donnell
324 Jonathan Rico-Avalos (10)

Norris

Coach: Justin McGill
325 Wyatt Behrens (12)
326 Riley Boonstra (12)
327 Samuel Robinson (9)
328 Samuel Talero (12)
329 Eli Van Brocklin (12)
330 Dalton Weber (11)

Northwest

Coach: Joel Hope
331 Ethan Gydesen (12)
332 Keith Krolikowski (12)
333 Christian Mendoza Amaya (12)
334 Caden Sheffield (11)
335 Ethan Smith (9)
336 Joseph Sutherland (10)

Omaha Skutt Catholic

Coach: Steve Carroll
337 Jack Germany (12)
338 McCoy Haussler (12)
339 Riley Peters (10)
340 Thomas Rice (11)
341 Jack Wade (12)
342 Lincoln Wolfe (10)

Plattsmouth

Coach: Chris Wiseman
343 Daniel Barclay (11)
344 Elijah Dix (12)
345 Andrew Gimble (11)
346 Hunter Mazzulla (11)
347 Alden McKnight (10)
348 Riley Moore (11)

Schuyler

Coach: Rick Carter
349 Mynor Hernandez Raya (9)

Scottsbluff

Coach: Aaron Carrizales
350 Hans Bastron (12)

Seward

Coach: Kurt Holliday
351 Nicholas Classen (12)
352 Cody Jacobsen (9)
353 Jonathan Jurchen (12)
354 Jacob Kimbrough (11)
355 Micah Royuk (10)
356 Jack Schulz (11)

South Sioux City

Coach: Sean Fitzsimmons
357 Diego Balderas-Perez (9)
358 Luke McGinty (10)
359 Sadam Mohammed (12)
360 Ivan Morelos (12)
361 Melusi Kalubi Ngeleka (11)
362 Nathan Robles (10)

Waverly

Coach: Laura Hilkemann
363 Gregory Cockerill (11)
364 Jared Schroeder (10)

York

Coach: Eric Rasmussen
365 Carter Jacobsen (10)

Class C Qualifiers

GIRLS

Adams Central

Coach: Toni Fowler
366 Catherine Lehn (10)

Arlington

Coach: Michaela Curran
367 Hailey O'Daniel (11)

Ashland-Greenwood

Coach: Logan Morris
368 Zoey Smith (10)

Auburn

Coach: Mark Oliver
369 Lilyan Becker (11)
370 Kristen Billings (11)
371 Liston Crotty (10)
372 Tayla Jones (9)
373 Aleah Thomas (11)
374 Alivia Thomas (11)

Aurora

Coach: Tony Sigler
375 Kailey Dick (9)
376 Emersyn Dinville (9)
377 Ella Eggleston (10)
378 Alexis Ericksen (10)
379 Makenna Oswald (11)
380 Kendal Wineteer (10)

Battle Creek

Coach: Jonah Heng
381 Grace Herman (9)

Broken Bow

Coach: Jason Daffer
382 Anette Guevara (9)
383 Genesis Guevara (10)
384 Ashlyn Schauda (9)
385 Gaby Staples (11)
386 Jaycee Staples (10)
387 MaKinley Tobey (12)

Central City

Coach: Breann Thorberg
388 Julia Buss (10)
389 Janaya Davis (9)

Chadron

Coach: Willie Uhing
390 Jentsyn Fuller (10)
391 Grace Pyle (12)
392 Lillie Uhing (9)

Columbus Lakeview

Coach: Dave Licari
393 Elle Badstieber (10)
394 Cora Bartos (10)
395 Taylor Greisen (12)
396 Camryn Koch (12)
397 Tessa Miller (9)
398 Cherish Moore (12)

Conestoga

Coach: Ryan Burns
399 Dani Ahrens (12)

Douglas County West

Coach: Ty Hansen
400 Joslyn Giles (10)
401 Ava Grimm (11)
402 Maria Malousek (12)
403 Olivia Malousek (12)
404 Anella Pralle (10)
405 Addison Strong (10)

Fort Calhoun

Coach: Kyle McMahon
406 Emily Barta (10)
407 Raeann Massey (9)
408 Bella McLaughlin (10)
409 Maelie Nelson (10)
410 Harley Schwarte (11)
411 Brady Work (10)

Gothenburg

Coach: Tony Neels
412 Kiarra Jonas (9)
413 Adeline Pinkston (9)

Hartington

Coach: Mandy Hochstein
414 Abigail Anderson (12)
415 Carmen Buschkamp (11)
416 Ryell Haug (11)
417 Ava Noecker (11)
418 Claire Rolfes (11)
419 Isabel Rolfes (10)

Holdrege

Coach: Steph Fuehrer
420 Kaitlyn Jewett (12)

Kearney Catholic

Coach: Marcus Witter
421 Aadison Bellamy (10)
422 Hadley McGowen (11)
423 Maya Moxley (11)
424 Rylie O'Hare (11)
425 Ava Watts (11)
426 Jaelyn Witter (9)

Lincoln Christian

Coach: Joe Manley
427 Arisyn Bratt (12)
428 Riley Dallmann (12)
429 Eva Daniell (12)
430 Bethany Eaton (11)
431 Nevaeh Ringen (9)
432 Joslyn Schneider (11)

Madison

Coach: Dan Fuhs
433 Natasha Robinson (9)

McCook

Coach: Tom Sughroue
434 Emma Cappel (10)
435 Brecken Gale (10)
436 Maryann Kassner Macfee (11)
437 Megan Miller (11)
438 Isabella Renner (12)
439 Jenna Wilkinson (10)

Milford

Coach: Jake Kment
440 Sally Burkey (12)
441 Lilly Kenning (11)
442 Adyson Kroese (11)
443 Ellison Piening (11)
444 Kisa Schauer (12)
445 Elsa Schweitzer (9)

Minden

Coach: Shawn Wheelock
446 Alexa Warner (9)

Mitchell

Coach: Mike Harriger
447 Shirley Cotant (11)

North Bend Central

Coach: Todd Ziettlow
448 Emma Williams (9)

O'Neill

Coach: Cole Hilker
449 Taya Dickau (10)

Ogallala

Coach: Shane Fruit
450 Lauren Henning (12)
451 Lindee Henning (12)

Omaha Concordia

Coach: Aaron Staub
452 Faith Jipp (10)
453 Meredith Staub (10)

Omaha Roncalli Catholic

Coach: Chris Gray
454 Shelby Willis (10)

Palmyra

Coach: Andrew Conn
455 Erin Chambers (11)
456 Hailey Hengtgen (10)

Pierce

Coach: Gary Shada
457 Aylla Weeder (11)

Platteview

Coach: Andrew Soneson
458 Ayda Brandt (12)
459 Olivia Lawrence (12)
460 Brooklyn Kermmoade Navratil (9)
461 Sophie J Rosser (9)
462 Reagan Jean Soneson (9)
463 Lydia Stewart (11)

Scotus Central Catholic

Coaches: Betsy Rall & Amy Sokol
464 Mary Faltys (12)
465 Mia Fehringer (10)
466 Hannah Heinrich (10)
467 Emilyn Kavan (9)
468 Leslie Medina-Perez (9)
469 Addison Schumacher (10)

Sidney

Coach: Donna Wiedeberg
470 Emily Bashtovoi (9)
471 Laurel Dadgostar (9)
472 Daisy Garner (12)
473 Kyah Hicks (10)
474 Kylee Kampfe (9)
475 Talissa Tanquary (12)

Syracuse

Coach: Thomas Neemann
476 Claire Noerrlinger (11)

Wahoo

Coach: Bernie Nicola
477 Cadence Bailar (12)
478 Addisyn Darling (9)
479 Aaralyn Dunlap (9)
480 Anica Gannon (11)
481 Erin Golladay (10)
482 Ellie Warford (9)

Wayne

Coach: Courtney Maas
483 Ava Elliott (11)

West Point-Beemer

Coach: Quinn Wragge
484 Kimberly Pena (9)

Winnebago

Coach: Melanie Nelsen
485 Tressa BigBear (11)

BOYS

Adams Central

Coach: Toni Fowler
486 Ryan Stritt (11)

Alliance

Coach: Kelly Erickson
487 Benjamin Cassatt-Reina (12)
488 Evan Merrihew (10)
489 Mario Rodriguez (12)
490 Asher Saka (9)
491 Graydon Zahn (10)
492 Trevor Zurn (10)

Arlington

Coach: Michaela Curran
493 Kevin Flesner (12)
494 Dallin Franzluebbbers (11)
495 Trey Hill (12)
496 Nolan May (12)
497 John Morrison (10)
498 Kolby Tighe (11)

Ashland-Greenwood

Coach: Logan Morris
499 Elliot Gossin (12)

Auburn

Coach: Mark Oliver
500 Cuyler Aue (11)
Aurora
Coach: Tony Sigler
501 Jalen Daugherty (12)
502 Charles Evans (11)
503 Lucas Gautier (12)
504 Carson Krejci (9)
505 Caden Meyer (12)
506 Lucas Talkington (11)

Battle Creek

Coach: Jonah Heng
507 Miles Clausen (9)
508 Jaxon Kilmurry (11)

Bloomfield-Wausa

Coach: Duane Wilken
509 Tomik Duffy (10)
510 Ty Freeman (9)
511 Tyler Hanson (12)
512 Evan Hollander (10)
513 Cade Wakeley (12)
514 Luke Wockman (10)

Boone Central

Coach: Stacy Petersen
515 Micah Cuevas (10)
516 Giles Deeder (12)
517 William Fyfe (10)
518 Zander Jarecki (11)
519 Logan Spence (11)
520 Talan Stokes (11)

Broken Bow

Coach: Jason Daffer
521 Jackson Hansen (11)

Chase County

Coach: Carl Zuege
522 Haven Hauxwell (10)

Falls City

Coach: Cody Hawley
523 Tallan Zimmerman (10)

Fillmore Central

Coach: Colby Smith
524 Collin McCoy (9)

Fort Calhoun

Coach: Kyle McMahon
525 William Dennis (10)
526 Gage Nixon (12)
527 Chris Post-Whiteowl (10)
528 Travis Skelton (11)
529 Lawson Tjardes (12)
530 Seth Waters (10)

Class C Qualifiers

Gothenburg

Coach: Tony Neels
531 Yahriel Gaeta (11)
532 Parker Graves (12)
533 Tyler Hetz (9)
534 Ethan Olsen (12)
535 Evan Pelzer (9)
536 Nathan Sager (12)

Hartington

Coach: Mandy Hochstein
537 Adam Elks (11)

Hershey

Coach: Kyle Bottom
538 Jordan Arensdorf (11)
539 Chase Moorhead (12)

Holdrege

Coach: Steph Fuehrer
540 Nikolas Schrock Clement (12)
541 Dominic Deaver (10)
542 Michael Golus (10)
543 Mitchell May (11)
544 Christophe Taylor (9)
545 Roman Urbom (10)

Kearney Catholic

Coach: Jonathan Nikkila
546 Miles Sughrue (11)

Lincoln Christian

Coach: Joe Manley
547 Nolan Engel (10)
548 Jackson Feauto (12)
549 Dahlton Fisher (12)
550 Carter Hohlen (12)
551 Trevin Opp (9)
552 Samuel Riddle (12)

Malcolm

Coach: Brie Pulec
553 Brice Wilkie (12)

McCook

Coach: Tom Sughrue
554 Josiah Wilkinson (11)

Milford

Coach: Jake Kment
555 Avery Carter (10)
556 Gavin Dunlap (12)
557 Garrett Freeman (11)
558 Jonathan Kohout (9)
559 Sylus Rakow (9)

Minden

Coach: Shawn Wheelock
560 Nathan Althouse (11)
561 Samuel Cederburg (11)
562 Caden Jameson (11)
563 Harrison Reed Jr. (11)
564 Trystan Sharkey (9)
565 Gage Thull (9)

Mount Michael Benedictine

Coach: John Gathje
566 Jack Carda (11)
567 Mesach Nkurubujango (9)
568 Michael Rodgers (11)
569 Oliver Sorrensen (11)
570 Jackson Teetor (11)
571 Maxwell Teetor (9)

North Bend Central

Coach: Todd Zietlow
572 Brier Cerny (11)

Ogallala

Coach: Shane Fruit
573 Sawyer Laflan (10)

Omaha Concordia

Coach: Aaron Staub
574 Payton Day (10)
575 Avery Dieckman (12)

Omaha Roncalli Catholic

Coach: Chris Gray
576 Cooper Brungardt (12)
577 Gus Lampe (12)

Ord

Coach: Derry Trampe
578 Elijah Pollard (11)

Palmyra

Coach: Andrew Conn
579 Gannon Hubbard (10)
580 Owen Ramaekers (10)

Pierce

Coach: Gary Shada
581 Kyle Abler (10)
582 Kendall Shada (9)

Platteview

Coach: Andrew Soneson
583 Caelan Brandt (10)
584 Jace Walter David (9)
585 Zayden Edwards (12)
586 Esten Shane Kohl (9)
587 Brayden Neujahr (11)
588 AJ Raszler (12)

Raymond Central

Coach: Elijah Hackbart
589 Landon Lubischer (11)

Scotus Central Catholic

Coaches: Betsy Rall & Amy Sokol
590 Jude Maguire (12)

Syracuse

Coach: Thomas Neemann
591 Xavier Apel (10)
592 Nolan Gartner (10)
593 Dayton Graves (10)
594 Elliot Harden (10)
595 Isaac Hestermann (11)
596 Mason Houghton (12)

Wayne

Coach: Terry Bear
597 Alvaro Archundia (9)
598 Boden Dobbins (10)
599 Alexander Frank (12)
600 Emmanuel Gonzalez (9)
601 Camden Hall (9)
602 Drew Miller (10)

Wilber-Clatonia

Coach: Nick Behring
603 Evan Odvody (10)



Nebraska Wesleyan University

Class D Qualifiers

GIRLS

Ainsworth

Coaches: Trey Schlueter & Katie Winters
604 Tessa Barthel (12)
605 Preselyn Goochey (11)
606 Emma Kennedy (11)
607 Katherine Kerrigan (12)
608 Kiley Orton (9)

Aquinas Catholic

Coach: John Svec
609 Katie Burwell (11)
610 Gianna Frasher (12)
611 Miriam Frasher (11)
612 Sydney Hartman (11)
613 Lydia Meysenburg (10)

Axtell

Coach: Joe Philippi
614 Avery Stritt (11)

Blue Hill

Coach: Dan Muth
615 Macy Olsen (9)

Brady

Coach: Stephanie Wolf
616 Jocelyn Franzen (11)
617 Violet Gentry (9)
618 Zoe Johnson (9)

Bridgeport

Coach: Craig Johnson
619 Taylor Bright (10)

Burwell

Coach: Kevin Carson
620 Lena Spencer (9)

Cambridge

Coach: Peter Bogardus
621 Irmira Cramer (9)
622 Brenna Deterding (12)
623 JoLie Farr (11)
624 Rachel Harris (11)
625 Jensyn Weiss (10)

Centennial

Coach: Robert Johansen
626 Josephine Butzke (9)
627 Marley Olson (9)
628 Grace Schernikau (11)
629 Josephine Turnbull (11)

Cornerstone Christian

Coach: Jon Hood
630 Gianna Hike (10)
631 Natalie Sherman (10)

Creek Valley

Coach: Alejandro Garcia
632 Samantha Marin (12)

Crofton

Coach: Mickey Doerr
633 Jordyn Arens (12)
634 Rylie Arens (11)
635 Emily Guenther (10)
636 Elizabeth Wortmann (12)
637 Sophia Wortmann (10)

Deshler

Coach: Shannon LeFave
638 Daphne Smith (10)

Doniphan-Trumbull

Coach: Corey Hatt
639 Anna Fitzgerald (11)
640 Morgan Leth (11)
641 Taylor McDole (10)
642 Reba Watts (11)

East Butler

Coach: Dale Nielsen
643 Reese Kozisek (12)

Elkhorn Valley

Coach: Janet Rood
644 Teegen Hasebroock (10)
645 Mazzy Kuchar (9)

Elm Creek

Coach: Micki Fries
646 Ashley Carlton (12)
647 Emma Graddy (10)
648 Cicely Gugelman (10)
649 Teagan McDaniel (9)
650 Ayva Sullivan (12)

Franklin

Coach: Leah Stall
651 Teagan Holmes (10)

Freeman

Coach: Jim McLaughlin
652 Trinity Buss (9)

Fullerton

Coach: Jordan Wetovick
653 Morgan Supik (11)

Gibbon

Coach: Leon Stall
654 Kaleigh Pracht (9)

Gordon-Rushville

Coach: Amy Schmidt
655 Tyrah American Horse (12)
656 Rylie Barker (11)

Hemingford

Coach: Jayme Clark
657 Serenity Dillard (11)
658 Aurora Hinman (11)
659 Dakota Horstman (10)
660 Carlye Kresl (12)
661 Teagen Thompson (9)

Hi-Line

Coach: Caleb Wall
662 Whitney Page (10)
663 Olivia Wall (9)

Hitchcock County

Coach: Natalie Thiessen
664 Chayse Keith (12)

Homer

Coach: Aaron Sasges
665 Lilly Harris (10)

Johnson County Central

Coach: Nick Weber
666 Madison VanLaningham (10)

Laurel-Concord-Coleridge

Coach: Brandi Settje
667 Faith Galvin (9)

Lincoln Lutheran

Coach: Gary Bredehoft
668 Sawyer Benne (11)
669 Lexi Castens (9)

Lutheran High Northeast

Coach: Andrew Keseman
670 Callie Fisher (10)

McCool Junction

Coach: Ryan Underwood
671 Leah Dawson (9)

Morrill

Coach: Chris Baltz
672 Cecilia Barron (11)

Mullen

Coach: Janie Kuncel
673 Harper Andersen (9)
674 Adalena Hampton (9)
675 Riley Hegland (9)
676 Peyton Paxton (11)

Nebraska Christian

Coach: Dan Sanborn
677 Isabelle Brumbaugh (11)
678 Addie Edson (9)
679 Gracie Hackel (11)
680 Grace Musgrave (12)
681 Hannah Swanson (12)

Neligh-Oakdale

Coach: Blake Mooney
682 Lucille Koinzan (10)

Niobrara/Verdigre

Coach: Dana Konopasek
683 Delani Runnels (9)

North Central

Coach: Jane Klemesrud
684 Angela Frick (10)
685 Zoey Snyder (9)
686 Keira Taylor (12)
687 Fallon Wietzki (9)

Oakland-Craig

Coach: Megan Unwin
688 Carolyn Magnusson (10)

Omaha Brownell Talbot

Coach: Scott Obermoller
689 Corbett Lanum (10)

Pender

Coach: Dustin Krusemark
690 Megan Breitbarth (9)
691 Clara Finkral (10)
692 Jala Krusemark (11)
693 Kyla Krusemark (11)
694 Hadley Walsh (10)

Ravenna

Coach: Tanner Ellis
695 Erica Lockhorn (12)
696 Mateline Lyons (11)
697 Josey Moore (10)
698 Jasanna Verbeck (10)

Sandy Creek

Coach: Nathan Jarosik
699 Madalyn Andersen (9)

South Loup (Callaway/Arnold)

Coach: Nicole Recoy
700 Ella Cool (11)
701 Ivy Tullis (11)

Southern Valley

Coach: Kristi Bose
702 Tayley Becker (11)

Stanton

Coach: David Ernesti
703 Madison McKie (12)

Sumner-Eddyville-Miller

Coach: Kyla Robbins
704 Rilyn Schledewitz (11)

TCNE (Tri County Northeast)

Coach: Dave Uldrich
705 Alejandra Hermosillo (10)
706 Breanna Millard (11)

Thayer Central

Coach: Louie Keim
707 Isabella Escritt (10)

Tri County

Coach: Denise Grell
708 Evelyn Baker (12)
709 Abbie Drewes (12)
710 Isabelle Peters (10)
711 Ashton Schwisow (11)
712 McKenzie Smith (12)

Wallace

Coach: Madisen Clough
713 Dajana Garrison (12)
714 Ryleigh Hanson (11)
715 Ashley Robertson (11)
716 Elliana Robertson (10)

West Holt

Coach: Jeff Kraus
717 Madison Davis (12)
718 Ava Hoffman (10)
719 Felycia Kerkman (9)
720 Emersyn Mlady (9)
721 Anel Monasterio (10)

Wilcox-Hildreth

Coach: Dustin Johnson
722 Cara Bunger (11)

Wisner-Pilger

Coach: Lia Raabe
723 Laura Borgelt (9)
724 Allie Hassler (12)
725 Cadence James (10)
726 Alea Rasmussen (12)
727 Adelynn Sateren (10)

BOYS

Ainsworth

Coaches: Trey Schlueter & Katie Winters
728 Holden Beel (9)

Alma

Coach: Laurie Kermmoade
729 Griffin Stemper (12)

Amherst

Coach: Tessa Dobish
730 Kobe Jones (12)

Axtell

Coach: Joe Philippi
731 Keyton Cole (12)
732 Tyler Hanson (12)
733 Aydan Houchin (10)
734 Luc Lopez (11)
735 Isaiah Springer (11)

Bayard

Coach: Candace Ehler
736 Nathaniel Barker (12)

Bertrand/Loomis

Coach: Jennifer Kaps
737 Isaac Hernandez (9)
738 Marcus Hernandez (11)
739 Carter Horner (11)
740 Luke Larson (11)
741 Quentin Mumm (11)

Boyd County

Coach: Liz Johnson
742 Issac Jensen (10)
743 Grant McGill (11)
744 Benjamin Nelson (10)
745 Brook Strom (10)
746 Ethan Zeisler (10)

Cedar Bluffs

Coach: Greg Brousek
747 Graham Huffman (11)

Centennial

Coach: Robert Johansen
748 Camden Winkelman (11)

Cornerstone Christian

Coach: Jon Hood
749 Charlie Campbell (12)
750 Benjamin Gutz (9)
751 Sullivan Jackson (9)
752 Nicholas Milner (11)
753 Jeremiah Whalen (11)

Creighton

Coach: Chase Maier
754 Conner Rohrer (10)

Crofton

Coach: Mickey Doerr
755 Charles Steffen (10)

Doniphan-Trumbull

Coach: Corey Hatt
756 Kaser Johnson (9)
757 Harrison Sjuts (12)
758 Rylan Soundy (10)
759 Tice Yost (11)
760 Jacob Zakrzewski (10)

Elkhorn Valley

Coach: Janet Rood
761 Evan Decker (9)
762 Isaac Eckert (11)
763 Tristan McLeod (9)
764 Owen Vondra (12)
765 Waylon Warneke (12)

Franklin

Coach: Leah Stall
766 Joshua Bislow (11)
767 Kyler Carraher (12)
768 Isaac DeJonge (12)
769 Evan Kolami (12)
770 Carter Trambly (10)

Freeman

Coach: Jim McLaughlin
771 Wesley Havelka (12)
772 Emmanuel Muthiani (9)
773 Jobjosiah Muthiani (11)
774 Brady Troxel (11)
775 Cole Young (12)

Fullerton

Coach: Jordan Wetovick
776 Justin Horn (12)

Garden County

Coach: Alex Miller
777 Zeke Christiansen (12)

Gibbon

Coach: Leon Stall
778 Darian Dorsey (9)
779 Keagan Pickel (11)

Gordon-Rushville

Coach: Amy Schmidt
780 Luke Laws (9)

Grand Island Central Catholic

Coach: Phou Manivong
781 Thomas Birch (10)
782 George Pils (11)

Hay Springs

Coach: Travis Beguin
783 Parker Wellnitz (10)

Hemingford

Coach: Jayme Clark
784 Austin Benda (9)
785 Boady Hunter (11)
786 Cody Penaluna (10)
787 Keirith Yale (10)

Hi-Line

Coach: Caleb Wall
788 Aidan Shutts (12)

Homer

Coach: Aaron Sasges
789 Caden Barclay (10)
790 Aayden Harris (10)
791 Rylan Parker (11)
792 Jessup Snowball (9)
793 Junius Snowball (11)

Johnson County Central

Coach: Nick Weber
794 Logan Topp (11)

Laurel-Concord-Coleridge

Coach: Brandi Settje
795 Carter Korth (11)
796 Shane Langford (10)
797 Tyler Olson (12)
798 Preston Rose (11)
799 Taner Stanley (12)

Lincoln Lutheran

Coach: Gary Bredehoft
800 Logan Lebo (12)
801 Max Prochnow (9)
802 Cooper Schelkopf (11)
803 Grant Stowell (11)
804 Quinn Trutna (12)

Lyons-Decatur Northeast

Coach: Paul Timm
805 Chance Mock (12)

McCool Junction

Coach: Ryan Underwood
806 Jayden Fuehrer (11)
807 Alex Morner (11)
808 Trenton Orlando (12)
809 Tucker Robinson (11)
859 Jaysen Fuehrer (9)

Medicine Valley

Coach: Kelli Wiest
810 Kael Garrett (10)

Mullen

Coach: Janie Kuncil
811 Kyle Finney (12)

Nebraska Christian

Coach: Dan Sanborn
812 Noah Fischer (11)
813 Everett Hunnicutt (10)
814 Luke Powell (9)
815 Jacob Swanson (10)
816 Max Ye (12)

Norfolk Catholic

Coach: Jon Krings
817 Jonah Ash (10)
818 Alec Foecking (12)
819 Nathan Kalous (11)
820 Dominic Liess (12)
821 Yair Santiago (11)

North Central

Coach: Jane Klemesrud
822 Mason Hagan (12)

North Platte St. Patrick's

Coach: Tim O'Neill
823 Porter Connick (11)
824 Colton Ham (9)
825 Jarrett Miles (12)
826 Dimitri Pettit (10)
827 William Tolstedt (12)

Oakland-Craig

Coach: Megan Unwin
828 Dawson Meyer (11)

Osmond

Coach: Joe Ortmeier
829 Caleb Miller (12)

Pender

Coach: Dustin Krusemark
830 Gannon Walsh (12)

Perkins County

Coach: Seth Burge
831 Elijah Goodell (9)
832 Jacob Hatcher (11)
833 Colton Ingold (9)
834 Mason McGreer (11)
835 Brock Tines (11)

Ponca

Coach: Kory Pfister
836 Broderick Hogan (9)
837 Brody Taylor (12)

Riverside

Coach: Rita VanDeWalle
838 Myles Moseman (10)

Santee

Coach: Jody Archambeau
839 Kellen Medina (11)

South Loup (Callaway/Arnold)

Coach: Nicole Recoy
840 Josiah Coleman (10)
841 Logan Recoy (12)

Southern Valley

Coach: Kristi Bose
842 Isaac Hamilton (10)

Stanton

Coach: David Ernesti
843 William Bryant (9)
844 Sonny Reyes-Salazar (12)

Stuart

Coach: Stacy Ludwig
845 Luke Ludwig (11)

Thayer Central

Coach: Louie Keim
846 Adam Lukert (11)

Tri County

Coach: Denise Grell
847 Samuel Holsing (9)
848 Lucas Lewandowski (12)

Valentine

Coach: Tammy Gass
849 Isaac Cronin (10)
850 Will Sprenger (12)
851 Grant Springer (12)
852 Deklin Titus (9)
853 Isaac Utecht (9)

West Holt

Coach: Jeff Kraus
854 Andrew Martin (11)

Wilcox-Hildreth

Coach: Dustin Johnson
855 Grant Henery (11)
856 Micah Johnson (11)

Wood River

Coach: Matt Cantrell
857 Hector Bonilla Betancourt (10)
858 Preston Kuskie (11)



Special Olympics
**Unified Champion
Schools**

LET'S NOT WAIT FOR HALFTIME TO MAKE A CHANGE.

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Championship Bests

FOUR-TIME INDIVIDUAL CHAMPIONS

BOYS

Carson Noecker, Hartington
(C/2022, C/2021, C/2020, C/2019)

GIRLS

Shona Jones, Hastings
(A/1982, A/1983, A/1984, A/1985)

Amber Fairbanks, Geneva
(C/1993, D/1994, D/1995, D/1996)

Jeralyn Poe, Lincoln North Star,
(A/2011, A/2012, A/2013, A/2014)

THREE-TIME INDIVIDUAL CHAMPIONS

BOYS

Aaron Carrizales, Morrill (C/1992, B/1993, C/1994)

Nate Nielsen, Lincoln Southeast
(A/1984, A/1986, A/1987)

Colby Wissel, Kearney (A/2001, A/2002, A/2003)

Matthew Barraza, Scottsbluff
(B/2012, B/2013, B/2014)

Aidan Wheelock, Minden (C/2016, C/2017, C/2018)

Liem Chot, Lincoln North Star
(A/2018, A/2019, A/2020)

GIRLS

Jill Noel, Lincoln Pius X (B/1980, B/1981, B/1982)

Nora Shepherd, York (B/1990, B/1992, B/1993)

Kelly Lindsey, Millard North
(A/1993, A/1994, A/1995)

Kathryn Handrup, Aurora
(B/1995, B/1996, B/1997)

Anne Shadle, South Sioux City,
(B/1998, B/1999, B/2000)

Katelyn White, Broken Bow,
(C/2005, C/2006, C/2007)

Aubree Worden, Scottsbluff,
(B/2008, B/2009, B/2010)

Andrea Weeder, Lindsay Holy
Family/Newman Grove,
(D/2008, D/2009, D/2010)

Mazie Larsen, Gretna (B/2015, B/2016, B/2017)

Taya Skelton, Fort Calhoun
(C/2015, C/2016, C/2017)

Rylee Rice, Ainsworth (D/2016, D/2017, D/2018)

Jordyn Arens, Crofton (D/2022, D/2021, D/2020)

Madison Seiler, Gering (B/2022, B/2021, B/2020)

MOST TEAM CHAMPIONSHIPS

BOYS

14, Scottsbluff

11, Fremont

10, Lincoln Pius X

10, Lincoln Southeast

10, Malcolm

9, Mt. Michael Benedictine

8, Crofton

6, Kearney

6, Lexington

6, Norfolk Catholic

6, Omaha Burke

5, Milford

5, Ogallala

4, Bayard

4, Holdrege

4, Millard West

4, Morrill

4, Omaha Skutt Catholic

4, York

3, Aquinas Catholic

3, Creighton Preparatory

3, Hebron

3, Lincoln High

3, Mitchell

3, Nebraska Christian

3, Plattsmouth

2, Ainsworth

2, Alliance

2, Aurora

2, Bishop Neumann

2, Centura

2, Elkhorn

2, Gibbon

2, Kearney Catholic

2, Millard South

2, Omaha Benson

2, Pierce

2, Syracuse

GIRLS

20, Crofton

13, Lincoln Southeast

11, Lincoln Pius X

7, Omaha Marian

6, Columbus Scotus

6, Lincoln East

5, Aurora

5, Fort Calhoun

4, Ainsworth

4, Bishop Neumann

4, Boone Central/Newman Grove

4, Geneva

4, Seward

3, East Butler

3, Gering

3, Lincoln High

3, Millard West

3, North Platte

3, Papillion-La Vista South

3, Plattsmouth

3, Scottsbluff

3, Wayne

3, York

2, Elkhorn

2, Gothenburg

2, Holdrege

2, Lexington

2, Minden

2, Morrill

2, Norfolk

2, Oakland-Craig

CONSECUTIVE TEAM CHAMPIONSHIPS

BOYS

4, Milford (C/2015, C/2014, C/2013, C/2012)

4, Morrill (C/1982, C/1981, C/1980, C/1979)

4, Norfolk Catholic (C/2009, C/2008, C/2007, C/2006)

4, Omaha Skutt Catholic (B/2020, B/2019, B/2018, B/2017)

4, York (B/1995, B/1994, B/1993, B/1992)

3, Bayard (C/1965, C/1964, C/1963)

3, Lincoln Pius X (B/1983, B/1982, B/1981)

3, Lincoln Southeast (A/1986, A/1985, A/1984)

3, Lincoln Southeast (A/1999, A/1998, A/1997)

3, Mitchell (C/1974, C/1973, C/1972)

3, Plattsmouth (B/1975, B/1974, B/1973)

3, Malcolm (D/2006, D/2005, D/2004)

3, Mt. Michael Benedictine
(C/1997, C/1996, C/1995)

3, Scottsbluff (B/1998, B/1997, B/1996)

3, Scottsbluff (B/2005, B/2004, B/2003)

GIRLS

10, Crofton (D/2015, D/2014, D/2013, D/2012, D/2011, D/2010, D/2009, D/2008, D/2007, D/2006)

9, Lincoln Southeast (A/1997, A/1996, A/1995, A/1994, A/1993, A/1992, A/1991, A/1990, A/1989)

8, Crofton (C/1988, C/1987, C/1986, C/1985, C/1984, C/1983, C/1982, C/1981)

5, Omaha Marian (A/2007, A/2006, A/2005, A/2004, A/2003)

4, Lincoln East (A/2018, A/2019, A/2020, A/2021)

3, Ainsworth (D/2019, D/2018, D/2017)

3, Columbus Scotus (C/2002, C/2001, C/2000)

3, Fort Calhoun (C/2011, C/2010, C/2009)

3, Lincoln High (A/1987, A/1986, A/1985)

3, North Platte (A/1982, A/1981, A/1980)

NSAA Cross Country

Past Champions

CLASS A BOYS

Year-Individual Champion, School, Time
2022-Juan Gonzalez, Fremont, 15:36.1
2021-Gabriel Hinrichs, Elkhorn South, 15:18.2
2020-Liem Chot, Lincoln North Star, 15:37.84
2019-Liem Chot, Lincoln North Star, 15:50.3
2018-Liem Chot, Lincoln North Star, 16:08.77
2017-Jacob Ralston, Papillion La Vista South, 15:55.42
2016-Seth Hirsch, Millard West, 15:04.9
2015-Seth Hirsch, Millard West, 15:29.3
2014-John Nownes, Creighton Preparatory School, 15:46.8
2013-Wyatt McGuire, North Platte, 15:26.6
2012-Joseph Harter, Millard West, 15:22.9
2011-Isaac Allen, Lincoln East, 15:51.2
2010-Jacob Olson, Kearney, 16:04.3
2009-Brady McGuire, North Platte, 16:14.5
2008-Parker Schoen, Lincoln Southwest, 16:30.9
2007-Jon Ronhovde, Fremont, 16:11.22
2006-Todd Gulizia, Millard South, 15:28.19
2005-Matthew Conahan, Millard North, 15:57.10
2004-Brian Parr, Fremont, 16:03.75
2003-Colby Wissel, Kearney, 15:37.11
2002-Colby Wissel, Kearney, 16:12.64
2001-Colby Wissel, Kearney, 15:50.1
2000-Luke Garringer, Kearney, 16:21.8
1999-Brian Turner, Millard North, 15:51.0
1998-Brian Turner, Millard North, 15:44.3
1997-Dana Carne, Omaha North, 16:42
1996-Brandon Jessop, Kearney, 15:56
1995-Brandon Jessop, Kearney, 16:12
1994-Courtney Lamb, Lincoln Southeast, 16:20
1993-Dan Hoarty, Creighton Preparatory School, 16:20
1992-Banti Iteffa, Lincoln Southeast, 15:48
1991-George Sefzik, Millard South, 16:00
1990-Jeff Novotny, Bellevue East, 16:19
1989-David Iteffa, Fremont, 16:04
1988-Dave Symonsbergen, Millard South, 16:14
1987-Nate Nielsen, Lincoln Southeast, 15:15
1986-Nate Nielsen, Lincoln Southeast, 16:08
1985-Bart Wilkins, Grand Island, 16:11
1984-Nate Nielsen, Lincoln Southeast, 17:08
1983-Scott Hollestelle, Lincoln East, 16:48
1982-Kraig Vanderbeek, Lincoln East, 15:42
1981-Tim Wakeland, Bellevue West, 15:50
1980-Scott Eary, Fremont, 16:10 (5,000 Meters)
1979-Steve Sanduski, Omaha Burke, 12:54
1978-Lance Richards, Bellevue East, 13:10
1977-Brad Sable, North Platte, 13:07
1976-Paul Schultz, Omaha Burke, 12:52
1975-Paul Schultz, Omaha Burke, 13:02
1974-Pat Colburn, Creighton Preparatory School, 12:35
1973-Jon Martens, North Platte, 12:45 (2.5 Miles)
1972-Barney Hill, Boys Town, 9:45
1971-Barney Hill, Boys Town, 10:03
1970-Ron Greeno, Lincoln Northeast, 9:30
1969-Dan Speck, North Platte, 9:23
1968-Jim Hawkins, Omaha North, 9:33
1967-Dave Bradley, Omaha Benson, 9:44 (1.9 Miles)
1966-Pat Rinn, Omaha North, 9:37 (1.8 Miles)
1965-Mark Wilson, Omaha Central, 9:50 (1.8 Miles)
1964-Elliott Evans, Omaha Bryan, 10:34
1963-Tim Hendricks, Omaha South, 9:52 (2 Miles)
1962-Dave McMahill, Omaha South, 8:59
1961-Allen Russell, Scottsbluff, 9:45
1960-Joe Perez, Scottsbluff, 9:45 (1.9 Miles)

Class A Boys Team Champions & Score

2022-Fremont, 72
2021-Fremont, 66
2020-Fremont, 58
2019-Lincoln Southwest, 67
2018-Fremont, 84
2017-Papillion-La Vista South, 72
2016-Millard West, 78
2015-Millard West, 48
2014- Creighton Preparatory School, 53
2013-Millard South, 50
2012-Fremont, 64
2011-Kearney, 41
2010-Fremont, 43
2009-Millard West, 76
2008-Millard West, 62
2007-Omaha Benson, 88
2006-Millard South, 78
2005-Fremont, 87
2004-Fremont, 52
2003-Kearney, 54
2002-Fremont, 58
2001-Omaha Benson, 37
2000-Kearney, 35
1999-Lincoln Southeast, 41
1998-Lincoln Southeast, 37
1997-Lincoln Southeast, 37

1996-Kearney, 31
1995-Kearney, 75
1994-Lincoln Southeast, 48
1993-Fremont, 72
1992-Lincoln Southeast, 26
1991-Lincoln Southeast, 46
1990-Lincoln High, 65
1989-Lincoln High, 50
1988-Lincoln Southeast, 58
1987-Lincoln High, 65
1986-Lincoln Southeast, 78
1985-Lincoln Southeast, 52
1984-Lincoln Southeast, 73
1983-Omaha Burke, 70
1982-Lincoln East, 57
1981-Omaha Burke, 60
1980-Fremont, 56
1979-Omaha Burke, 30
1978-Omaha Burke, 92
1977-Kearney, 95
1976-Omaha Burke, 49
1975-Omaha Burke, 71
1974- Creighton Preparatory School, 32
1973- Creighton Preparatory School, 29
1972-Omaha Central, 53
1971-Bellevue, 35
1970-Lincoln Northeast, 24
1969-Grand Island, 26
1968-Omaha Bryan, 39
1967-Scottsbluff, 34
1966-Omaha North, 24
1965-Omaha Central, 24
1964-Omaha North, 33
1963-Omaha South, 53
1962-Alliance, 38
1961-Scottsbluff, 20
1960-Scottsbluff, 14

CLASS A GIRLS

Year-Individual Champion, School, Time
2022-Mia Murray, Lincoln East, 18:23.4
2021-Elli Dahl, Fremont, 17:57.93
2020-Stella Miner, Omaha Marian, 18:10.91
2019-Elli Dahl, Fremont, 18:35.6
2018-Kaylie Crews, Papillion-La Vista South, 18:42.42
2017-Gabrielle McGinn, Millard West, 18:49.60
2016-Taylor Somers, Millard South, 18:54.5
2015-Taylor Somers, Millard South, 18:34.9
2014-Jeralyn Poe, Lincoln North Star, 18:15.2
2013-Jeralyn Poe, Lincoln North Star, 18:14.9 (1st year of 5,000 Meters)
2012-Jeralyn Poe, Lincoln North Star, 14:42.6
2011-Jeralyn Poe, Lincoln North Star, 14:38.5
2010-Melissa Parks, Norfolk, 14:52.0
2009-Emilee Aschoff, Norfolk, 15:34.0
2008-Kelli Budd, Omaha Marian, 14:57.7
2007-Emily Sisson, Millard North, 14:25.18
2006-Emily Sisson, Omaha Marian, 14:35.94
2005-Brittany Poole, Millard West, 15:04.49
2004-Jill Stahlecker, Omaha Burke, 15:56.14
2003-Joslyn Dalton, Fremont, 15:10.61
2002-Merideth Snow, Millard West, 15:20.72
2001-Kym Bennett, Bellevue West, 15:08.2
2000-Laura Spanheimer, Omaha Marian, 15:19.9
1999-Anna Jones, Omaha Marian, 15:19.0
1998-Monica Erickson, Kearney, 14:59.8
1997-Annika Carlson, Omaha Central, 15:18
1996-Paige Brown, Omaha North, 15:40
1995-Kelly Lindsey, Millard North, 15:57
1994-Kelly Lindsey, Millard North, 15:04
1993-Kelly Lindsey, Millard North, 15:04
1992-Emily Anderson, Lincoln Southeast, 14:59
1991-Carla Sudbeck, Millard South, 14:43
1990-Denise Mendendez, Papillion-La Vista, 15:21
1989-Amy Marx, Lincoln Southeast, 15:08
1988-Kris Winbinger, Omaha Gross Catholic, 15:37
1987-Cindy Andrew, Omaha Burke, 14:58
1986-Christie Heimes, Scottsbluff, 15:37
1985-Shona Jones, Hastings, 15:21
1984-Shona Jones, Hastings, 14:55
1983-Shona Jones, Hastings, 15:02
1982-Shona Jones, Hastings, 14:56
1981-Mary Amen, Lincoln East, 15:50
1980-Ann Edmunds, Lincoln East, 15:56 (4,000 Meters)

Class A Girls Team Champions & Score

2022-Lincoln East, 64
2021-Lincoln East, 54
2020-Lincoln East, 65
2019-Lincoln East, 39
2018-Lincoln East, 65
2017-Millard West, 45
2016-Millard West, 53
2015-Papillion-La Vista South, 78
2014-Papillion-La Vista South, 86
2013-Lincoln Southwest, 60
2012-Lincoln East, 62
2011-Millard West, 64

2010-Papillion-La Vista South, 45
2009-Norfolk, 67
2008-Norfolk, 84
2007-Omaha Marian, 76
2006-Omaha Marian, 50
2005-Omaha Marian, 58
2004-Omaha Marian, 51
2003-Omaha Marian, 87
2002-Fremont, 79
2001-Lincoln Southeast, 76
2000-Lincoln Southeast, 35
1999-Omaha Marian, 54
1998-Omaha Marian, 84
1997-Lincoln Southeast, 65
1996-Lincoln Southeast, 91
1995-Lincoln Southeast, 55
1994-Lincoln Southeast, 32
1993-Lincoln Southeast, 35
1992-Lincoln Southeast, 28
1991-Lincoln Southeast, 47
1990-Lincoln Southeast, 73
1989-Lincoln Southeast, 29
1988-Ralston, 76
1987-Lincoln High, 48
1986-Lincoln High, 41
1985-Lincoln High, 36
1984-Lincoln Southeast, 31
1983-Lincoln Southeast, 57
1982-North Platte, 84
1981-North Platte, 47
1980-North Platte, 37

CLASS B BOYS

Year-Individual Champion, School, Time
2022-Riley Boonstra, Norris, 16:14.8
2021-Mesuidi Ejerso, South Sioux City, 16:28.7
2020-Isaac Richards, Omaha Skutt Catholic, 16:21.93
2019-Zachary Vanbrocklin, Norris, 15:58.3
2018-Ryan Zavadi, Omaha Skutt Catholic, 16:27.94
2017-Luke Stuckey, York, 16:25.20
2016-Abdulkadir Mohamed, South Sioux City/Ponca, 16:15.7
2015-Jackson Larsen, Omaha Gross Catholic, 16:16.2
2014-Matthew Barraza, Scottsbluff, 16:10.4
2013-Matthew Barraza, Scottsbluff, 15:57.1
2012-Matthew Barraza, Scottsbluff, 16:22.1
2011-Thomas Feichtinger, Mt. Michael Benedictine
2010-Franklin Ibarra, Lexington, 16:11.5
2009-Connor Gibson, Blair, 16:30.2
2008-Joshua Harsin, Blair, 16:24.6
2007-Adam Mitteis, Plattsmouth, 16:17.13
2006-David Adams, York, 15:47.79
2005-David Adams, York, 15:55.18
2004-Adam Mitteis, Plattsmouth, 16:46.63
2003-Chris Dunker, Beatrice, 16:22.42
2002-Chris Dunker, Beatrice, 16:37.77
2001-Jason Relph, McCook, 16:50.3
2000-Matt Haden, Aurora, 16:43.9
1999-Jeff Gorman, Plattsmouth, 16:21.0
1998-Jack Girard, Alliance, 16:22.8
1997-Jeremy Collins, York, 16:32
1996-Anthony Alt, Waverly, 16:13
1995-Seth Stewart, Plattsmouth, 16:19
1994-Anthony Alt, Waverly, 16:44
1993-Aaron Carrizales, Morrill, 16:54
1992-Mike Mason, Ogallala, 16:38
1991-Paul Hallett, York, 16:27
1990-Nathan Ewert, McCook, 16:26
1989-Tom Magnuson, O'Neill, 16:43
1988-Dean Bowling, Northwest, 16:37
1987-Greg Kahnk, Elkhorn, 15:25
1986-Tom Banks, Elkhorn, 15:59
1985-Tom Banks, Elkhorn, 16:23
1984-Dave Keil, Northwest, 17:23
1983-Dave Keil, Northwest, 16:55
1982-Bryan Clark, Auburn, 15:45
1981-Scott Pachunka, Omaha Roncalli Catholic, 15:51
1980-Save Doran, Grand Island Central Catholic, 16:35 (5,000 Meters)
1979-Jerry Lorkovic, Omaha Paul VI, 13:52
1978-Mark Gokie, Chase County, 13:33
1977-Terry Schuman, Chase County, 13:27
1976-Jim Hall, Omaha Paul VI, 13:52
1975-Pat Griggs, Plattsmouth, 13:13
1974-Dick Graham, Minden, 13:15
1973-Neal Hermismeyer, Ainsworth, 13:01 (2.5 Miles)
1972-Ron Galaviz, Ogallala, 9:41
1971-Dan Jones, Holdrege, 10:15
1970-Dan Wilder, Gering, 9:35
1969-Lee Newcomer, York, 9:42
1968-Lee Newcomer, York, 9:49
1967-Dave Biehl, Lexington, 10:12 (1.9 Miles)
1966-Tom Housel, Lexington, 9:56
1965-Melvin Campbell, Ainsworth, 10:09 (1.8 Miles)
1964-Bruce Jorgensen, Bloomfield, 11:09
1963-Joel Douglass, Crete, 10:22 (2 Miles)
1962-Frank Turja, Bayard, 8:28
1961-Bill Kroupa, Pierce, 10:08
1960-Darold Dent, Burwell, 9:31.3 (1.9 Miles)

Class B Boys Team Champions & Score

2022-Lexington, 23
2021-Lexington, 34
2020-Omaha Skutt Catholic, 27
2019-Omaha Skutt Catholic, 27
2018-Omaha Skutt Catholic, 42
2017-Omaha Skutt Catholic, 37
2016-South Sioux City/Ponca, 33
2015-Mt. Michael Benedictine, 50
2014-Scottsbluff, 26
2013-Scottsbluff, 29
2012-Mt. Michael Benedictine, 25
2011-Scottsbluff, 27
2010-Scottsbluff, 56
2009-Lexington, 61
2008-Ogallala, 44
2007-Lincoln Pius X, 37
2006-Ogallala, 35
2005-Scottsbluff, 35
2004-Scottsbluff, 27
2003-Scottsbluff, 56
2002-Beatrice, 45
2001-Lexington, 47
2000-Scottsbluff, 31
1999-Aurora, 37
1998-Scottsbluff, 41
1997-Scottsbluff, 17
1996-Scottsbluff, 45
1995-York, 47
1994-York, 21
1993-York, 44
1992-York, 31
1991-Lincoln Pius X, 82
1990-Ogallala, 58
1989-Lincoln Pius X, 55
1988-Elkhorn, 79
1987-Northwest, 47
1986-Mt. Michael Benedictine, 74
1985-Lincoln Pius X, 40
1984-Elkhorn, 47
1983-Lincoln Pius X, 51
1982-Lincoln Pius X, 53
1981-Lincoln Pius X, 38
1980-Auburn, 55
1979-Lincoln Pius X, 58
1978-Lincoln Pius X, 48
1977-McCook, 36
1976-Lincoln Pius X, 30
1975-Plattsmouth, 37
1974-Plattsmouth, 34
1973-Plattsmouth, 38
1972-Ogallala, 36
1971-Alliance, 28
1970-Broken Bow, 42
1969-Holdrege, 37
1968-Holdrege, 41
1967-Lexington, 19
1966-Lexington, 19
1965-Ainsworth, 29
1964-Ainsworth, 43
1963-Gering, 35
1962-Pierce, 55
1961-Pierce, 46
1960-Crofton, 30

CLASS B GIRLS

Year-Individual Champion, School, Time

2022-Madison Seiler, Gering, 19:13.1
2021-Madison Seiler, Gering, 19:29.5
2020-Madison Seiler, Gering, 18:55.71
2019-Chelsey Espinosa, Hastings, 19:33.3
2018-Samantha Palermo, Norris, 19:57.63
2017-Mazie Larsen, Gretna, 19:20.10
2016-Mazie Larsen, Gretna, 18:32.5
2015-Mazie Larsen, Gretna, 18:44.3
2014-Willa Koenig, Lincoln Pius X, 18:37.0
2013-Erin Lee, York, 18:55.5 (1st year of 5,000 Meters)
2012-Erin Lee, York, 14:55.1
2011-Odaliz Santoyo-Garcia, Lexington, 15:07.2
2010-Aubree Worden, Scottsbluff, 14:22.2
2009-Aubree Worden, Scottsbluff, 14:45.4
2008-Aubree Worden, Scottsbluff, 15:00.4
2007-Kaitlyn Wells, Sidney, 15:42.01
2006-Elizabeth Ediger, Gering, 15:25.97
2005-Ashlynn Bader, Boone Central, 15:29.26
2004-Ashlynn Bader, Boone Central, 15:29.37
2003-Sara Ensrud, Gering, 15:22.50
2002-Elizabeth Lange, Lincoln Pius X, 15:29.99
2001-Elizabeth Lange, Lincoln Pius X, 14:58.4
2000-Anne Shadle, South Sioux City, 15:08.6
1999-Anne Shadle, South Sioux City, 15:20.0
1998-Anne Shadle, South Sioux City, 14:54.7
1997-Kathryn Handrup, Aurora, 14:58
1996-Kathryn Handrup, Aurora, 15:31
1995-Kathryn Handrup, Aurora, 16:18
1994-Nichole Reynolds, Ogallala, 15:51

1993-Nora Shepherd, York, 14:49
1992-Nora Shepherd, York, 15:17
1991-Angie Peglow, Chase County, 15:19
1990-Nora Shepherd, York, 15:05
1989-Theresa Stelling, Auburn, 15:12
1988-Barb Keefover, Norris, 15:25
1987-Barb Keefover, Norris, 14:56
1986-Dodie Kocsis, Omaha Roncalli Catholic, 15:28
1985-Dodie Kocsis, Omaha Roncalli Catholic, 15:40
1984-Maryann Ziegler, Syracuse, 16:09
1983-Sonja Reis, Gering, 16:19
1982-Jill Noel, Lincoln Pius X, 15:08
1981-Jill Noel, Lincoln Pius X, 15:21
1980-Jill Noel, Lincoln Pius X, 15:21 (4,000 Meters)

Class B Girls Team Champions & Score

2022-Norris, 50
2021-Norris, 24
2020-Seward, 55
2019-Gering, 45
2018-Lincoln Pius X, 44
2017-Aurora, 47
2016-Aurora, 36
2015-Elkhorn South, 55
2014-Lincoln Pius X, 34
2013-Lincoln Pius X, 25
2012-Seward, 41
2011-Lincoln Pius X, 28
2010-Seward, 44
2009-Seward, 30
2008-Scottsbluff, 36
2007-Lincoln Pius X, 33
2006-Gering, 19
2005-Lincoln Pius X, 24
2004-Lincoln Pius X, 21
2003-York, 30
2002-Aurora, 41
2001-York, 38
2000-Plattsmouth, 40
1999-South Sioux City, 26
1998-Scottsbluff, 35
1997-Scottsbluff, 44
1996-Aurora, 41
1995-Aurora, 29
1994-Plattsmouth, 44
1993-Plattsmouth, 40
1992-York, 31
1991-Lincoln Pius X, 25
1990-Lincoln Pius X, 37
1989-Lexington, 39
1988-Northwest, 44
1987-Lincoln Pius X, 56
1986-Lincoln Pius X, 43
1985-Auburn, 56
1984-Gering, 55
1983-Elkhorn, 52
1982-Elkhorn, 52
1981-Lexington, 50
1980-McCook, 18

CLASS C BOYS

Year-Individual Champion, School, Time

2022-Carson Noecker, Hartington, 14:58.3
2021-Carson Noecker, Hartington, 15:19.6
2020-Carson Noecker, Hartington, 15:22.1
2019-Carson Noecker, Hartington, 16:03.0
2018-Aidan Wheelock, Minden, 16:31.8
2017-Aidan Wheelock, Minden, 16:44.0
2016-Aidan Wheelock, Minden, 16:41.5
2015-Tylin Masco, Milford, 16:39.4
2014-Tylin Masco, Milford, 16:43.9
2013-Levi Avila, Mitchell, 17:04.5
2012-James McKeag, Ogallala, 16:53.2
2011-Cole Wellnitz, Gordon-Rushville, 16:24.3
2010-Cole Wellnitz, Gordon-Rushville, 16:38.5
2009-Jarren Heng, Norfolk Catholic, 16:05.5
2008-Jarren Heng, Norfolk Catholic, 16:09.9
2007-Al Sanabria, Minden, 16:41.26
2006-Al Sanabria, Minden, 16:39.96
2005-Scott Ohlson, Chase County, 16:56.75
2004-Bryan Fink, Wayne, 17:01.87
2003-Josh Peavy, Wahoo, 16:51.76
2002-Blayne Tanner, Centennial, 17:17.43
2001-Jon Morrison, Arlington, 16:49.9
2000-Devin Bethune, Wayne, 17:00.1
1999-Kyle Wyatt, Albion/Cedar Rapids/Petersburg, 16:57.0
1998-Kyle Wyatt, Albion, 16:28.9
1997-Felice Nuncio, Grand Island Central Catholic, 16:49
1996-Steve Einspahr, Gothenburg, 16:41
1995-John Grebe, Gretna, 16:51
1994-Aaron Carrizales, Morrill, 17:15
1993-Jason Long, Republican Valley, 16:48
1992-Aaron Carrizales, Morrill, 16:59
1991-Deen Johnson, Hay Springs, 16:16
1990-Brady Bonsall, Burwell, 16:36
1989-Brady Bonsall, Burwell, 16:47
1988-Ken Beister, Albion, 17:06

NSAA Cross Country

Past Champions

1987-Chris Peacock, West Holt, 15:58
1986-Joe Schumm, Sandy Creek, 16:50
1985-Steve Hefferman, Kearney Catholic, 16:32
1984-Steve Hefferman, Kearney Catholic, 17:58
1983-Tim Hoffman, Exeter, 16:53
1982-Juha Joutsenlahti, Orleans, 16:04
1981-Mike Marchek, Ft. Calhoun, 16:29
1980-Tom Hoffman, Exeter, 16:29 (5,000 Meters)
1979-Mark Gokie, Chase County, 13:04
1978-Dan Denson, Aquinas, 13:36
1977-Delwyn Hennings, Crofton, 13:37
1976-Delwyn Hennings, Crofton, 13:39
1975-Doug Mach, Burwell, 13:16
1974-Tom Long, Hebron, 13:19
1973-Ray Schlegel, Cambridge, 13:18 (2.5 Miles)
1972-Juan Carrizales, Morrill, 10:14
1971-Jack Schroer, Hastings St. Cecilia, 10:22
1970-Fred Carnahan, Genoa, 9:46
1969-Jerome Sandman, Hebron, 9:48
1968-Raleigh Nott, Elwood, 10:04
1967-Gary Williams, Morrill, 10:12 (1.9 Miles)
1966-Jack Weyers, Sterling, 9:49
1965-Cliff Colglazier, Grant, 10:09 (1.8 Miles)
1964-Jack Weyers, Sterling, 10:49
1963-Frank Turja, Bayard, 10:32 (2 Miles)
1962-Alan Gatzemeyer, Bancroft, 9:21
1961-Richard Gatch, Melbeta, 10:03 (1.9 Miles)

Class C Boys Team Champions & Score

2022-Gothenburg, 45
2021-Fort Calhoun, 46
2020-Milford, 87
2019-Aurora, 43
2018-Sidney, 53
2017-Holdrege, 35
2016-Holdrege, 46
2015-Milford, 61
2014-Milford, 47
2013-Milford, 45
2012-Milford, 50
2011-Columbus Scotus, 55
2010-Ogallala, 42
2009-Norfolk Catholic, 27
2008-Norfolk Catholic, 18
2007-Norfolk Catholic, 23
2006-Norfolk Catholic, 43
2005-Syracuse, 58
2004-Syracuse, 44
2003-Wahoo, 66
2002-Centennial, 38
2001-Wayne, 53
2000-Mt. Michael Benedictine, 46
1999-Fairbury, 34
1998-Bishop Neumann, 43
1997-Mt. Michael Benedictine, 41
1996-Mt. Michael Benedictine, 35
1995-Mt. Michael Benedictine, 45
1994-Minden, 62
1993-Lyons-Decatur Northeast, 52
1992-Republican Valley, 54
1991-Crofton, 44
1990-Crofton, 47
1989-Malcolm, 33
1988-Malcolm, 30
1987-Gibbon, 56
1986-Centura, 61
1985-Crofton, 33
1984-Gibbon, 25
1983-Crofton, 29
1982-Morrill, 57
1981-Morrill, 32
1980-Morrill, 46
1979-Morrill, 35
1978-Crofton, 32
1977-Crofton, 20
1976-Centura, 49
1975-Bayard, 64
1974-Mitchell, 71
1973-Mitchell, 60
1972-Mitchell, 55
1971-Hebron, 42
1970-Raymond Central, 68
1969-Plainview, 16
1968-Elkhorn St. John, 35
1967-Elkhorn St. John, 22
1966-Hebron, 23
1965-Bayard, 47
1964-Bayard, 31
1963-Bayard, 28
1962-Avoca, 54
1961-Pender, 39

NSAA Cross Country

Past Champions

CLASS C GIRLS

Year-Individual Champion, School, Time

2022-Keelianne Green, Arlington, 19:15.5
2021-Keelianne Green, Arlington, 18:50.1
2020-Alexus Sindelar, Pierce, 19:18.07
2019-Danie Parriott, Conestoga, 19:40.5
2018-Lucia McKeag, Ogallala, 19:49.91
2017-Taya Skelton, Fort Calhoun, 19:33.18
2016-Taya Skelton, Fort Calhoun, 19:34.0
2015-Taya Skelton, Fort Calhoun, 19:55.4
2014-Celeste Cardona, Mitchell, 20:17.8
2013-Celeste Cardona, Mitchell, 20:18.4
(1st year of 5,000 Meters)
2012-Gabriella Gracia, Holdrege, 14:48.2
2011-Shannen Ramey, Fort Calhoun, 15:23.4
2010-Briana Adams, Pierce, 15:02.9
2009-Michaela Curran, Wahoo, 15:46.7
2008-Erin Curran, Wahoo, 15:16.0
2007-Katelyn White, Broken Bow, 15:26.39
2006-Katelyn White, Broken Bow, 14:45.60
2005-Katelyn White, Broken Bow, 14:59.08
2004-Jacey Benal, Bishop Neumann 16:04.81
2003-Mallory Pinger, Grand Island Central Catholic, 15:51.2
2002-Kayla Engel, Columbus Scotus, 16:11.55
2001-Angela Fisher, Columbus Scotus, 15:29.6
2000-Molly Engel, Columbus Scotus, 15:39.1
1999-Stacie Koehler, Pierce, 15:34.0
1998-Kelly Throener, Minden, 15:39.1
1997-Sara Kinney, Wayne, 15:34
1996-Monica Barger, Chase County, 16:01
1995-Sara Kinney, Wayne, 16:29
1994-Jaimie Kruger, Pierce, 15:20
1993-Amber Fairbanks, Geneva, 15:55
1992-Carrie Ryan, Hemingford, 16:07
1991-Christa Brandstetter, Geneva, 16:01
1990-Angie Peglow, Chase County, 16:24
1989-Renee Birkel, Aquinas, 16:21
1988-Kari Shields, Conestoga, 16:13
1987-Shelly Luther, St. Mary's, 15:57
1986-Jane Fraser, Hebron, 16:24
1985-Karla Kube, Crofton, 16:40
1984-Tamela Resh, Shelton, 15:32
1983-Karla Kube, Crofton, 15:59
1982-Karla Christensen, Wahoo, 15:33
1981-Deeny Boucher, Burwell, 16:13
1980-Terri John, Burwell, 17:15 (4,000 Meters)

Class C Girls Team Champions & Score

2022-Wayne, 74
2021-Sidney, 64
2020-Boone Central, 74
2019-Boone Central/Newman Grove, 44
2018-Holdrege, 50
2017-Holdrege, 48
2016-Columbus Scotus, 58
2015-Boone Central/Newman Grove, 39
2014-Boone Central/Newman Grove, 43
2013-Columbus Scotus, 45
2012-Columbus Scotus, 43
2011-Fort Calhoun, 49
2010-Fort Calhoun, 46
2009-Fort Calhoun, 46
2008-Pierce, 50
2007-Fort Calhoun, 32
2006-Fort Calhoun, 37
2005-Bishop Neumann, 38
2004-Ainsworth, 60
2003-Central City, 41
2002-Columbus Scotus, 36
2001-Columbus Scotus, 44
2000-Columbus Scotus, 34
1999-Gothenburg, 47
1998-Minden, 42
1997-Minden, 26
1996-Wayne, 55
1995-Wayne, 50
1994-Gothenburg, 48
1993-Bishop Neumann, 23
1992-Crofton, 49
1991-Geneva, 19
1990-Geneva, 35
1989-Hebron, 57
1988-Crofton, 28
1987-Crofton, 34
1986-Crofton, 40
1985-Crofton, 45
1984-Crofton, 21
1983-Crofton, 18
1982-Crofton, 46
1981-Crofton, 31
1980-North Bend, 56

CLASS D BOYS

Year-Individual Champion, School, Time

2022-Trey Robertson, Wallace, 16:38.7
2021-Tylan Schlueter, Ainsworth, 16:40.2
2020-Payton Davis, Aquinas Catholic, 16:41.04
2019-Payton Davis, Aquinas Catholic, 16:54.0
2018-Benjamin Arens, Ainsworth, 16:02.31
2017-Elijah Frasher, Aquinas Catholic, 16:33.38
2016-Jonah Heng, Norfolk Catholic, 16:55.1
2015-Elijah Frasher, Aquinas Catholic, 16:54.0
2014-Zachary Welch, Ainsworth 16:29.2
2013-Hans Epp, Nebraska Christian, 16:26.6
2012-Cody Franklin, Bridgeport, 16:33.9
2011-Austin Hamm, Bloomfield, 16:27.3
2010-Michael Schumacher, Ainsworth, 16:33.9
2009-Dillon Eckel, Gibbon, 16:55.9
2008-Kevin Weeder, Lindsay Holy Family, 17:21.0
2007-Jens Scholl, Deshler, 17:03.26
2006-Jeffrey Holka, Malcolm, 16:53.81
2005-Anthony Aerts, East Butler, 16:30.94
2004-Kyle Custer, Cambridge, 17:00.28
2003-Enrique Rodriguez, Morrill, 16:16.98
2002-Adam Lippold, Dawson-Verdon, 17:01.86
2001-Aaron Dye, Thayer Central, 16:54.0
2000-Matthew Wolfe, Republican Valley, 16:53.2
1999-Michael Nikkila, Kearney Catholic, 16:46.0
1998-Zachary Reeves, Gordon, 17:01
1997-Zachary Reeves, Gordon, 17:01
1996-Aaron Hraban, Bishop Neumann, 17:29
1995-Bryan Williams, Arcadia, 17:05
1994-Bryan Williams, Arcadia, 16:56

Class D Boys Team Champions & Score

2022-Cornerstone Christian, 16
2021-Norfolk Catholic, 20
2020-Aquinas Catholic, 14
2019-Axtell, 69
2018-Malcolm, 46
2017-Malcolm, 36
2016-Norfolk Catholic, 61
2015-Malcolm, 81
2014-Nebraska Christian, 29
2013-Crofton, 69
2012-Nebraska Christian, 46
2011-Ord, 73
2010-Nebraska Christian, 37
2009-Hastings St. Cecilia, 50
2008-Lindsay Holy Family, 49
2007-Perkins County, 48
2006-Malcolm, 42
2005-Malcolm, 23
2004-Malcolm, 66
2003-Aquinas, 56
2002-Aquinas, 41
2001-Bertrand, 48
2000-Hebron, 58
1999-Kearney Catholic, 30
1998-Kearney Catholic, 23
1997-Bishop Neumann, 28
1996-Geneva, 41
1995-Malcolm, 35
1994-Malcolm, 41

CLASS D GIRLS

Year-Individual Champion, School, Time

2022-Jordyn Arens, Crofton, 19:29.8
2021-Jordyn Arens, Crofton, 19:11.5
2020-Jordyn Arens, Crofton, 19:06.53
2019-Alayna Vargas, Hastings St. Cecilia, 19:15.6
2018-Rylee Rice, Ainsworth, 19:25.57
2017-Rylee Rice, Ainsworth, 18:44.62
2016-Rylee Rice, Ainsworth, 18:34.3
2015-Haley Arens, Crofton, 19:29.4
2014-Sheridan Wellnitz, Gordon-Rushville, 19:37.9
2013-Katherine Lansman, Ord, 19:56.0
(1st year of 5,000 Meters)
2012-Marissa Dewispelare, Aquinas Catholic, 15:08.8
2011-Marissa Dewispelare, Aquinas Catholic, 15:23.8
2010-Andrea Weeder, Lindsay Holy Family/Newman Grove, 15:10.0
2009-Andrea Weeder, Lindsay Holy Family/Newman Grove, 15:18.1
2008-Andrea Weeder, Lindsay Holy Family, 15:33.2
2007-Amy Long, Bayard, 15:27.07
2006-Kristin Steffen, Crofton, 15:59.35
2005-Amy Long, Bayard, 16:01.75
2004-Rachel Carrizales, Morrill, 15:47.92
2003-Erika DeBoer, Morrill, 16:15.53
2002-Heather Hernandez, Morrill, 16:15.08
2001-Kacie Beachler, Oakland-Craig, 15:46.42
2000-Martha Keen, Hastings St. Cecilia, 15:51.6
1999-Jennifer Nikkila, Kearney Catholic, 15:53.0
1998-Karen Hollis, Geneva, 15:33.42
1997-Darcy Preston, Lyons-Decatur NE, 16:14
1996-Amber Fairbanks, Geneva, 15:59
1995-Amber Fairbanks, Geneva, 16:13
1994-Amber Fairbanks, Geneva, 15:32

Class D Girls Team Champions & Score

2022-Hemingford, 38
2021-Crofton, 46
2020-McCool Junction, 41
2019-Ainsworth, 63
2018-Ainsworth, 63
2017-Ainsworth, 60
2016-Aquinas Catholic, 71
2015-Crofton, 34
2014-Crofton, 23
2013-Crofton, 32
2012-Crofton, 23
2011-Crofton, 36
2010-Crofton, 48
2009-Crofton, 30
2008-Crofton, 30
2007-Crofton, 54
2006-Crofton, 54
2005-East Butler, 53
2004-East Butler, 41
2003-Morrill, 48
2002-Morrill, 19
2001-Oakland-Craig, 26
2000-Oakland-Craig, 36
1999-Bertrand, 41
1998-Geneva, 43
1997-Bishop Neumann, 27
1996-East Butler, 53
1995-Geneva, 38
1994-Bishop Neumann, 17

GOLD MEDAL WINNERS

Boys

2022-Carson Noecker, Hartington, 14:58.3
2021-Gabriel Hinrichs, Elkhorn South, 15:18.2
2020-Carson Noecker, Hartington-Newcastle, 15:22.10
2019-Liem Chot, Lincoln North Star, 15:50.3
2018-Benjamin Arens, Ainsworth, 16:02.31
2017-Jacob Ralston, Paillion La Vista South, 15:55.42
2016-Seth Hirsch, Millard West, 15:04.9
2015-Seth Hirsch, Millard West, 15:29.3
2014-John Nowes, Creighton Preparatory, 15:46.2
2013-Wyatt McGuire, North Platte, 15:26.6
2012-Joseph Harter, Millard West, 15:22.9
2011-Isaac Allen, Lincoln East, 15:51.2
2010-Jacob Olson, Kearney, 16:04.3
2009-Jarren Heng, Norfolk Catholic, 16:05.5
2008-Jarren Heng, Norfolk Catholic, 16:09.9
2007-Jon Ronhovde, Fremont, 16:11.22
2006-Todd Gulizia, Millard South, 15:28.19
2005-David Adams, York, 15:55.18
2004-Brian Parr, Fremont, 16:03.75
2003-Colby Wissel, Kearney, 15:37.11
2002-Colby Wissel, Kearney, 16:12.64
2001-Colby Wissel, Kearney, 15:50.1
2000-Luke Garringer, Kearney, 16:21.8
1999-Brian Turner, Millard North, 15:51.0
1998-Brian Turner, Millard North, 15:44.3
1997-Jeremy Collins, York, 16:32
1996-Brandon Jessop, Kearney, 15:32
1995-Brandon Jessop, Kearney, 16:12
1994-Courtney Lamb, Lincoln Southeast, 16:20
1993-Dan Hoarty, Creighton Preparatory, 16:20

Girls

2022-Mia Murray, Lincoln East, 18:23.4
2021-Elli Dahl, Fremont, 17:57.93
2020-Stella Miner, Omaha Marian, 18:10.91
2019-Elli Dahl, Fremont, 18:35.6
2018-Kaylie Crews, Papillion-La Vista South, 18:42.42
2017-Rylee Rice, Ainsworth, 18:44.62
2016-Mazie Larsen, Gretna, 18:32.5
2015-Taylor Somers, Millard South, 18:34.9
2014-Jeralyn Poe, Lincoln North Star, 18:15.2
2013-Jeralyn Poe, Lincoln North Star, 18:14.9 (1st year of 5,000 Meters)
2012-Jeralyn Poe, Lincoln North Star, 14:42.6
2011-Jeralyn Poe, Lincoln North Star, 14:38.5
2010-Aubree Worden, Scottsbluff, 14:22.2
2009-Aubree Worden, Scottsbluff, 14:45.4
2008-Kelli Budd, Omaha Marian, 14:57.7
2007-Emily Sisson, Millard North, 14:25.18
2006-Emily Sisson, Omaha Marian, 14:35.94
2005-Katelyn White, Broken Bow, 14:59.08
2004-Ashlynn Bader, Boone Central, 15:29.37
2003-Joslyn Dalton, Fremont, 15:10.61
2002-Merideth Snow, Millard West, 15:20.72
2001-Elizabeth Lange, Lincoln Pius X, 14:58.4
2000-Anne Shadle, South Sioux City, 15:08.6
1999-Anna Jones, Omaha Marian, 15:19.0
1998-Anne Shadle, South Sioux City, 14:54.7
1997-Kathryn Handrup, Aurora, 14:58
1996-Kathryn Handrup, Aurora, 15:32
1995-Kelly Lindsey, Millard North, 15:57
1994-Kelly Lindsey, Millard North, 15:04
1993-Nora Shepherd, York, 14:49