



2020 NSAA Boys Tennis COVID-19 Modifications

NFHS / NSAA MATCH MODIFICATIONS

- Face coverings are permissible for coaches, spectators, and athletes (when not playing a match)
- Pre-Match and post-match handshakes are prohibited
- Use new balls for each match when possible.
- Players should use opposite sides of the court to change sides or Stay on your side of court
- For flip score cards
 - In a dual, the home team participant will handle the scoring on the flip cards. Choose one person from a doubles team to handle the flip cards
 - In a tournament, the player with the black score to start should handle the flip score cards
 - Sanitize score cards after each match
- Remain apart from other players when taking a break
- Individuals should use the same bench for every break
- Leave the court as soon as reasonably possible.

PRE & POST MATCH PROTOCOLS

- Wash your hands with a disinfectant soap and water (for 20 seconds or longer) or use a hand sanitizer if soap and water are not readily available, before going to the court.
- Consider having each player carry their own hand sanitizer in their bag
- Clean and wipe down your equipment, including racquets and water bottles. Do not share racquets or any other equipment such as wristbands, grips, hats, and towels.
- Use your racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
- If a ball from another court comes to you, send it back with a kick or with your racquet.
- Bring a full water bottle to avoid touching a tap or water fountain handle.
- Try to stay at least six feet apart from other players not on your team.
- Avoid touching court gates, fences, benches, etc. if you can.
- Each respective team should have a designated area for teammates not playing that allows for social distancing from other teams
- Do not use the locker room or changing area. Shower at home.