2020 NSAA Boys Tennis COVID-19 Modifications

NFHS / NSAA MATCH MODIFICATIONS

• Face coverings are permissible for coaches, spectators, and athletes (when not playing a match)
• Pre-Match and post-match handshakes are prohibited
• Use new balls for each match when possible.
• Players should use opposite sides of the court to change sides or Stay on your side of court
• For flip score cards
  o In a dual, the home team participant will handle the scoring on the flip cards. Choose one person from a doubles team to handle the flip cards
  o In a tournament, the player with the black score to start should handle the flip score cards
  o Sanitize score cards after each match
• Remain apart from other players when taking a break
• Individuals should use the same bench for every break
• Leave the court as soon as reasonably possible.

PRE & POST MATCH PROTOCOLS

• Wash your hands with a disinfectant soap and water (for 20 seconds or longer) or use a hand sanitizer if soap and water are not readily available, before going to the court.
• Consider having each player carry their own hand sanitizer in their bag
• Clean and wipe down your equipment, including racquets and water bottles. Do not share racquets or any other equipment such as wristbands, grips, hats, and towels.
• Use your racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
• If a ball from another court comes to you, send it back with a kick or with your racquet.
• Bring a full water bottle to avoid touching a tap or water fountain handle.
• Try to stay at least six feet apart from other players not on your team.
• Avoid touching court gates, fences, benches, etc. if you can.
• Each respective team should have a designated area for teammates not playing that allows for social distancing from other teams
• Do not use the locker room or changing area. Shower at home.