



*“NSAA activities...the other half of education.”*

# ACTIVITY BOOK

2019-2020

**Nebraska School Activities Association**  
500 Charleston St., Suite 1  
Lincoln, NE 68508

402-489-0386

<https://nsaahome.org/>

@nsaahome



# NSAA DID YOU KNOW...

- The NSAA has been in existence and serving the youth of Nebraska since 1910.
- The Association has had nine Executive Directors in its history. Dr. Jim Tenopir is the only Executive Director to have served two different stints.
- The NSAA is a member of the National Federation of State High School Associations.
- The NSAA is broken down into six legislative districts. Each legislative district has one Board of Director except for District 1 and District 2, which each have two Board of Directors.
- Changes in NSAA regulations (bylaws and approved rulings) must go through the NSAA legislative process.
- The NSAA sanctions 21 sports and five activities.

## Fall

Girls Golf  
Softball  
Boys Tennis  
Girls Cross Country  
Boys Cross Country  
Volleyball  
Football  
Unified Bowling  
Play Production

## Winter

Wrestling  
Girls Swimming & Diving  
Boys Swimming & Diving  
Girls Basketball  
Boys Basketball  
Speech  
Debate

## Spring

Music  
Journalism  
Girls Soccer  
Boys Soccer  
Baseball  
Girls Tennis  
Girls Track & Field  
Boys Track & Field  
Unified Track & Field  
Boys Golf

- During the 2019-2020 school year, the NSAA had 305 member schools.
- The NSAA registers officials in nine different sports – softball, volleyball, football, wrestling, swimming & diving, basketball, soccer, baseball and track & field. Judges are registered in two different activities including play production and speech.



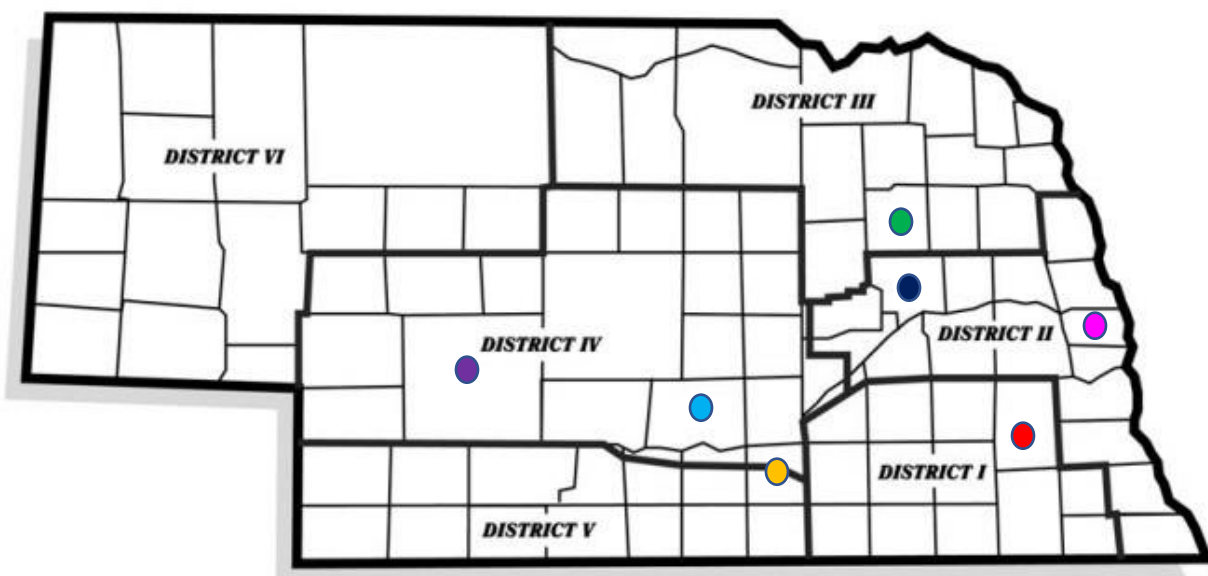
# NSAA CHAMPIONSHIP GEOGRAPHY

Identify which NSAA Championships were scheduled for the towns below during the 2019-2020 season. HINT: The answers can be found on the NSAA website at <https://nsaa-static.s3.amazonaws.com/about/futuresites.pdf>.

Girls Golf  
Cross Country  
8 & 11-Man Football  
Dual Wrestling  
Girls Basketball  
Journalism  
Girls Tennis

Softball  
Volleyball  
Unified Sports, Bowling  
Wrestling  
Boys Basketball  
Soccer  
Track & Field

Boys Tennis  
6-Man Football  
Play Production  
Swimming & Diving  
Speech  
Baseball (2 locations)  
Boys Golf



● Columbus

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● Hastings

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● **Kearney**

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● **Lincoln**

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● **Norfolk**

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● **North Platte**

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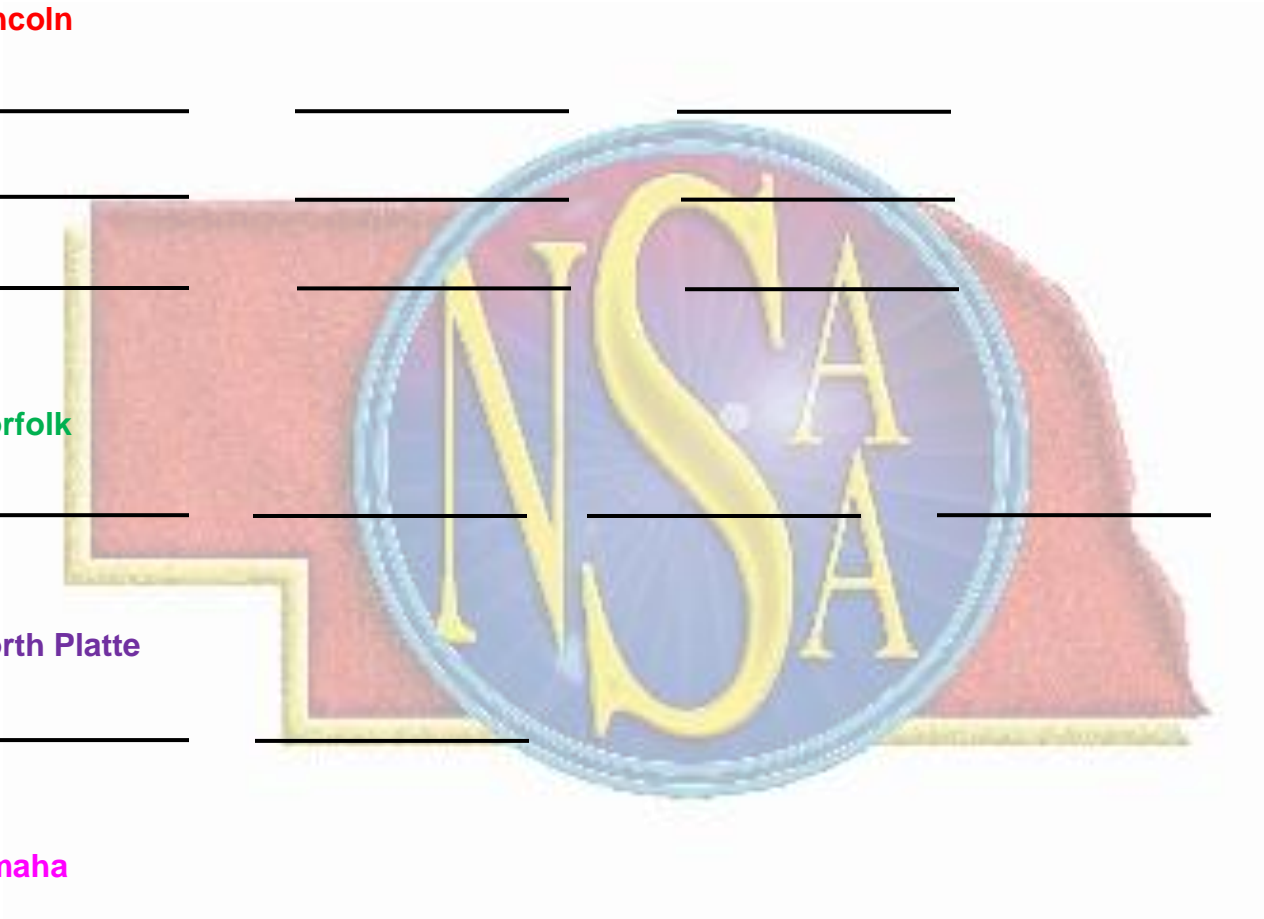
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● **Omaha**

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# NSAA BINGO

Attended an NSAA Championship event	Played on the same team as a sibling	Thanked your coach	Interviewed by a local media outlet	Won a rivalry game
School has won the NSAA Cup	Follow the NSAA on social media	Participated in School Spirit Day/Week	Miss sports & activities	Qualified for State
Competed with your best friend	NCPA Academic All-State recipient	 FREE SPACE	Medaled at an NSAA Championship	Multi-Activity Student
Thanked your Athletic Director	Visited the Nebraska High School Sports HOF	Appeared in an NSAA Championship Program	Won a conference title	Lost to a rival
Won an NSAA State Championship	U.S. Bank® Believer & Achiever	Team captain	Thanked an official	Have read the NSAA newsletter



# NSAA WORD SEARCH

A C T I V I T I E S H Z B  
W P E L F Y X H L J C P A  
F B N K O F G A I Q E U S  
O C N Y E K I H L J E G K  
O B I D P C G L I N P W E  
T H S D I R A H R J S L T  
B C C F E B O E I C K A B  
A A F D E F C D I X K V A  
L O C S E C M U S I C F L  
L C A V O L L E Y B A L L  
V B C S O F T B A L L O M  
A W C W R E S T L I N G T  
J O U R N A L I S M Q L R  
Z P C K R F X H Y G D O A  
S W I M M I N G A J N H C  
A J U D G E S H L W P L K  
U N I F I E D S P O R T S

Activities

Coach

Volleyball

Tennis

Journalism

Music

NSAA

Speech

Football

Baseball

Soccer

Officials

Basketball

Wrestling

Track

Softball

Judges

Unified Sports

Golf

Swimming

Plays



# NSAA AWARDS PODIUM

Draw yourself on the NSAA State Track fan awards podium with your State Championship medal and/or trophy.



Need an example of what the NSAA State Track trophy looks like?



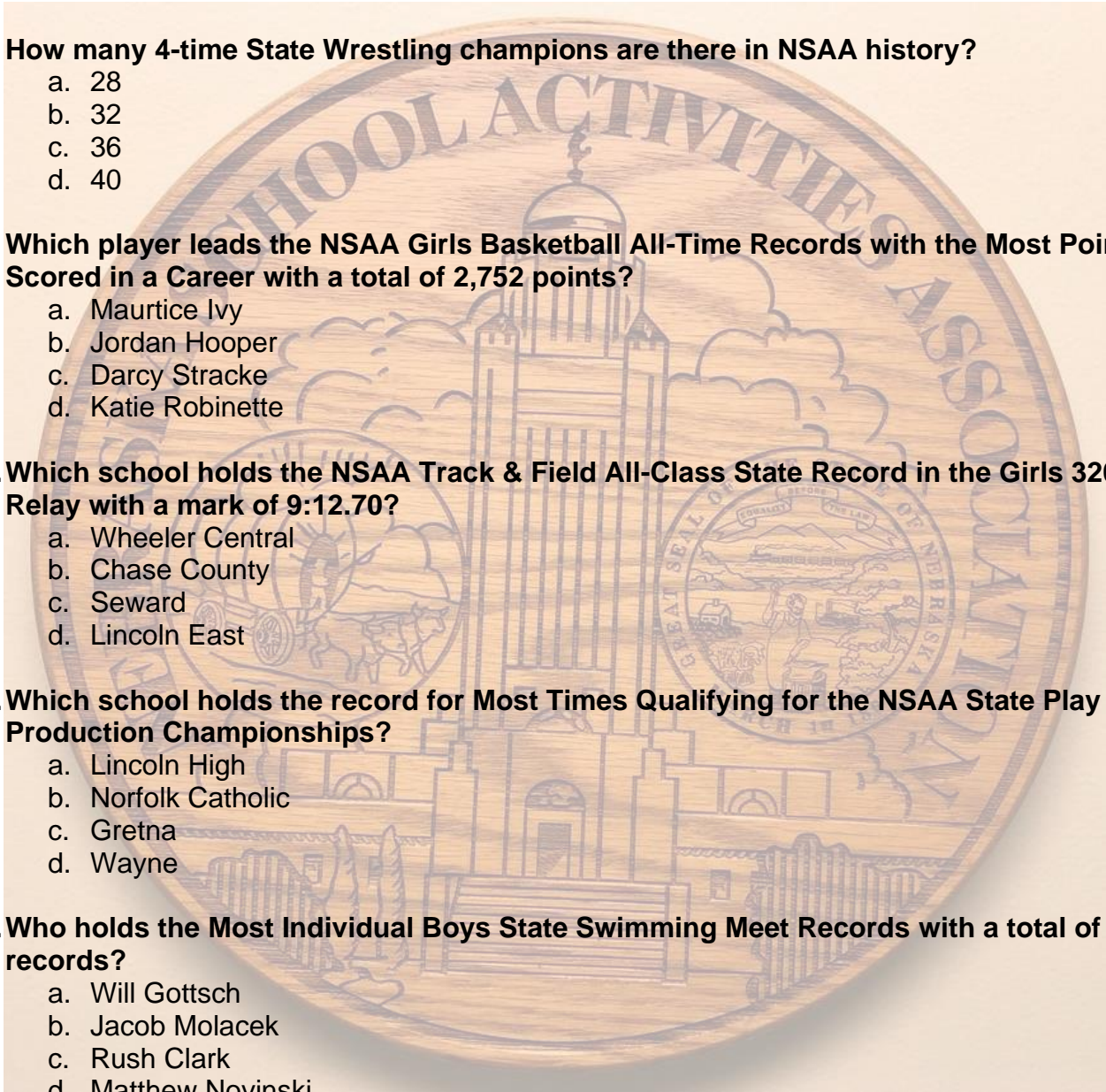


# NSAA MULTIPLE CHOICE

**HINT:** The answers can be found throughout the NSAA website at <https://nsaahome.org/>.

- 1. The NSAA is on the following social media platforms...**
  - a. Twitter
  - b. Facebook
  - c. Instagram
  - d. All of the above + YouTube
- 2. The NSAA sanctioned Unified Sports, Bowling in 2016. Which high school won the inaugural NSAA State Unified Sports, Bowling Championships?**
  - a. Northwest
  - b. Millard North
  - c. Alliance
  - d. North Bend Central
- 3. The NSAA Student Advisory Committee is comprised of how many students from across the state?**
  - a. 12
  - b. 16
  - c. 20
  - d. 22
- 4. Columbus Scotus currently holds the record for the Most Volleyball State Championships. How many Championships has the school won?**
  - a. 10
  - b. 13
  - c. 15
  - d. 18
- 5. What year did the NSAA Cup program begin?**
  - a. 2004-2005
  - b. 2005-2006
  - c. 2006-2007
  - d. 2007-2008
- 6. The NSAA Media Advisory Committee is comprised of how many members from across the state?**
  - a. 10
  - b. 12
  - c. 14
  - d. 16



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7. **6-Man Football** came back under the NSAA umbrella in 2018. Which school beat Hay Springs by 12 points to win the NSAA Class D6 State Football Championship?
- Wilcox-Hildreth
  - Minatare
  - Harvard
  - Hyannis
8. How many 4-time State Wrestling champions are there in NSAA history?
- 28
  - 32
  - 36
  - 40
9. Which player leads the NSAA Girls Basketball All-Time Records with the Most Points Scored in a Career with a total of 2,752 points?
- Maurtice Ivy
  - Jordan Hooper
  - Darcy Stracke
  - Katie Robinette
10. Which school holds the NSAA Track & Field All-Class State Record in the Girls 3200m Relay with a mark of 9:12.70?
- Wheeler Central
  - Chase County
  - Seward
  - Lincoln East
11. Which school holds the record for Most Times Qualifying for the NSAA State Play Production Championships?
- Lincoln High
  - Norfolk Catholic
  - Gretna
  - Wayne
12. Who holds the Most Individual Boys State Swimming Meet Records with a total of 5 records?
- Will Gottsch
  - Jacob Molacek
  - Rush Clark
  - Matthew Novinski
13. Which student-athlete(s) have won the Most Individual Girls State Golf Championships?
- Susan Roll
  - Angie Wilson
  - Danielle Lemek
  - Both B and C

**14. Who holds the Boys Soccer State Record for Goals Scored in a Career?**

- a. Nolan Dillon
- b. Diego Gutierrez
- c. Jeff Herdzina
- d. Keith Sawarynski

**15. Which school holds the record for the Most Class C1 State Speech Championships with a total of 8 Championships?**

- a. Raymond Central
- b. Malcolm
- c. David City
- d. Fillmore Central

**16. Who holds the Baseball State Record for the Highest Batting Average in a Career with a .471 average?**

- a. Sean Munger
- b. Michael Helman
- c. Jakson Reetz
- d. Al Smith

**17. Who holds the Softball State Record for the Most Strikeouts in a Career with 1,548 strikeouts?**

- a. Ashley Hagemann
- b. Tammy Nielsen
- c. Molly Hill
- d. Tara Oltman

**18. Which school has the Most Boys Cross Country Team Championships with a total of 14 Championships?**

- a. Lincoln Southeast
- b. Scottsbluff
- c. Malcolm
- d. Crofton

**19. Which NSAA activity does not culminate in a State Championship?**

- a. Journalism
- b. Speech
- c. Play Production
- d. Music

**20. Oliva Calegan of Lincoln Southwest holds the Most Individual Girls State Swimming Meet Records. How many records does she hold?**

- a. 3
- b. 4
- c. 5
- d. 6

**21. Lincoln Pius X currently has the Most Class B Boys State Tennis Team Championships. How many Class B Championships has the school won?**

- a. 8
- b. 10
- c. 12
- d. 13

**22. Who holds the Girls Soccer State Record for Assists in a Career?**

- a. Cassie Legband
- b. Temple Arnold
- c. Courtney Wallingford
- d. Kristie Korth

**23. Which player leads the NSAA Boys Basketball All-Time Records with the Most Consecutive Free Throws Made with a total of 58 free throws?**

- a. Jalen Bradley
- b. Nick Bahe
- c. Brady Lollman
- d. Trey Bardsley

**24. Which school has the Most Girls Cross Country Individual Champions with a total of 6 champions?**

- a. Geneva
- b. York
- c. Lincoln Pius X
- d. Crofton

**25. Oakland-Craig has won the Most Consecutive Boys Golf Team Championships. How many consecutive Championships has the school won?**

- a. 8
- b. 9
- c. 10
- d. 11

**26. Which school has won the Most Class A Girls State Tennis Team Championships with a total of 17 Championships?**

- a. Omaha Marian
- b. Millard North
- c. Lincoln East
- d. Omaha Westside

**27. Which school holds the NSAA Track & Field All-Class State Record in the Boys 400m Relay with a mark of 41.40?**

- a. Boys Town
- b. Papillion-La Vista
- c. Twin Loup
- d. Hastings St. Cecilia

**28. Which school won the 2019 NSAA Class C State Journalism Sweepstakes?**

- a. Scribner-Snyder
- b. Doniphan-Trumbull
- c. Yutan
- d. Southern Valley

**29. The NSAA Sports Medicine Advisory Committee is comprised of how many members from across the state?**

- a. 10
- b. 12
- c. 15
- d. 18

**30. How many delegates comprised the 2020 NSAA Representative Assembly?**

- a. 50
- b. 51
- c. 52
- d. 53

**31. The NSAA sanctioned Unified Sports, Track & Field in 2019. How many schools signed up to participate during the 2019-2020 school year?**

- a. 40
- b. 50
- c. 60
- d. 70

**32. Which NSAA corporate partner awards program celebrated its 23<sup>rd</sup> year during the 2019-2020 season?**

- a. NSAA Cup
- b. Farmers Mutual Game Ball
- c. NCPA Academic All-State Award
- d. U.S. Bank® Believers & Achievers

**33. The NSAA has been honoring individuals for the Distinguished and the Outstanding Service Awards since what year?**

- a. 1975
- b. 1979
- c. 1985
- d. 1990

**34. Which two requirements are registered NSAA officials required to complete in order to be classified as an Approved official for the season?**

- a. Take the Part 1 and the Part 2 tests
- b. Take the Part 1 test and attend a clinic
- c. Take the Part 1 test and watch the online rules meeting
- d. Watch the online rules meeting and attend a clinic